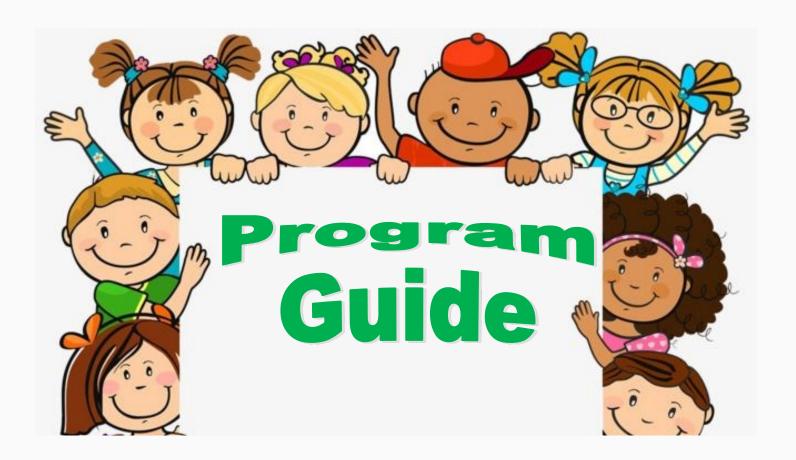
Cumming Recreation & Parks Department 2021-22



CUMMING RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:30 am - 4:30 pm

Physical Address: 437 Pilgrim Mill Road, Cumming, 30040

Mailing Address: P.O. Box 34, Cumming, 30028
Phone: (770) 781-2030 Fax: (770) 781-3485

Websites: www.crpdonline.com / www.cityofcumming.net

Cumming Recreation Dept. Facilities

Facilities utilized by the Cumming Recreation & Parks Department include:

- * Cumming Recreation Dept. Pavilions / Playground 437 Pilgrim Mill Road
- * Dobbs Creek Recreation Center 1115 Dahlonega Hwy.
- * Dobbs Creek Ballfields 875 Dahlonega Hwy.
- * Cumming Aquatic Center 201 Aquatic Circle

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Multi-Purpose Room Rental

Cumming Recreation and Parks Department offers 4,900 sq. ft. of meeting space perfect for your next business or social function.

Covid-related guidelines presently limit banquet rentals to a maximum of 180 persons to account for social distancing requirements.

Our facility is equipped with: banquet style round tables and rectangular tables; padded chairs; catering style kitchen equipped with full size refrigerator, sink, microwave and icemaker; as well as audio/visual equipment and wi-fi accessibility.





Playground / Pavilions

Pavilion Rentals are not available at this time.

Groups using the pavilion and playground are asked to limit their use of tables to two, and to respect others while enjoying the facility.



For rental information and a full description of our rental space, please visit out website at: www.crpdonline.com or contact Dee Gravitt at 770-781-2030 or dgravitt@cityofcumming.net for availability to see if we can assist you with your next special event.

Fitness Program

Good health does matter!

Cumming Recreation and Parks Department Fitness Program is proud to offer:

Zumba

Bootcamp

H.I.I.T (High Intensity Intervals Training)

Yoga

Barre

StepSculpt

Circuit Interval

Cardio & Strength

And More!



| <u>Prices</u> | |
|---------------------------|-------|
| Drop-Ins | \$ 8 |
| 5-Visit Pass | \$ 35 |
| 12-Visit Pass | \$ 72 |
| 24-Visit Pass | \$120 |
| 30-Day (Unlimited Visits) | \$ 60 |
| | |

Become a FitPass holder, which includes full access to all our fitness classes, and enjoy the flexibility of paying as you go without a contract!

FitPasses can be purchased Monday-Friday, 8:30am-4:30pm at our CRPD front office, located at 437 Pilgrim Mill Road. A current class schedule and class descriptions are posted online at www.crpdonline.com or can be seen on our Facebook page at: CRPD Fitness.







For the 30th year, Rick Rennick will serve as the art instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our camps and classes. Portraits of animals and landscapes are his specialties and his portrait of Secretariat was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as Search for Tomorrow and As the World Turns. All classes are held at the Recreation Building at 437 Pilgrim Mill Road.

Please take advantage of Rick's love and enthusiasm for teaching art by signing up for his classes.

TUESDAY

Aug 17—Sept 21 Oct 5—Nov 9 Nov 30—Jan 18 (no class Dec 21 or Dec 28) Feb 1—March 8 March 22—Apr 26

WEDNESDAY

Aug 18—Sept 22 Oct 6—Nov 10 Dec 1—Jan 19 (no class Dec 22 or Dec 29) Feb 2—March 9 March 23—Apr 27

FRIDAY

Aug 20—Sept 24 Oct 8—Nov 12 Dec 3—Jan 21 (no class Dec 24 or Dec 31) Feb 4—March 11 March 25—Apr 29



The Wonderful World of Art

Ages 7—11

An adventure in the arts. Students will learn to draw well in pencil and charcoal. We will sculpt in clay and learn to paint with tempera paint. This will be a varied and changing program so students can continue for many sessions.

DAY / TIME: TUESDAY 4:30—6:00 pm COST: \$99 (Supplies Included)

ART EXCEL

Ages 12-18

Visual Arts mentoring! Students may choose the area they wish to focus on (drawing, painting, or pastels). Development & advancement through a one-on-one approach. All levels from just-interested to the advanced student. This will be a progressive class.

DAY / TIME: TUESDAY 6:30—8:30 pm

COST: \$99 (Bring materials to class for the

medium you will be using.)

ADULT PAINTING

Ages-18 and older

This class offers study in oil, acrylics, and alkyds painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME TUESDAY 1:00—4:00 pm
COST: \$114 (There is a materials list.)
DAY / TIME WEDNESDAY 1:00—4:00 pm
COST: \$114 (There is a materials list.)

Adult Beginner Oil Painting

Ages-18 and older

This class offers a weekly demonstration about color mixing & types of brushes, as well as what they do. Rick will demonstrate painting different subjects. The first 6 weeks will concentrate on Landscape painting. After the demonstration, students will paint a landscape from a photograph of their own choosing.

DAY / TIME WEDNESDAY 10:00 am—12:30 pm COST: \$104 (There is a materials list.)

<u>Adult Open Studio</u>

DAY/TIME: FRIDAYS 11:00 am—5:00 pm COST: \$181 (6-week sessions)

AGES: 18 yrs. and up

(There is a materials list)





DANCE



Instructor Sandy Griffin has been a dance educator for over 40 years and is beginning her 19th year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginningprofessional levels at the Royal Ballet School in London, England and the United States.

Instructor Andrea Walker began dancing at the age of three with the CRPD dance program. While in the program as a student she discovered her love for teaching while assisting with various classes. Andrea attended many master classes and intensives at Brenau University, Kennesaw State, and Bandan Koro. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production.

Instructor Lizzie Baker started dance at the age of 3 with Dalton School of Ballet. During the course of her training there, she studied Ballet, Modern Jazz, Pointe and Hip Hop. In addition to her degree from Shenandoah University, Lizzie participated in and choreographed numerous community theater productions as well as choreographing for show choirs in Dalton, Ga Durham, NC and Winchester, VA. She graduated from Shenandoah University with a BFA in Dance Performance.

Class Descriptions

FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and lots of imagination.

BALLET—Includes beginning and classical ballet techniques & skills. Develops coordination and balance. Our classes are based on the Cecchetti techniques.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

BALLET / TAP / TUMBLE COMBO—Emphasis will be on primary Ballet technique and promoting musicality, grace, poise & posture. Tap helps develop rhythmic and locomotor skills. Basic tumbling exercises will help with core strength, flexibility & balance.

HIP-HOP—Classes designed to include clean and acceptable hip-hop movement. Improves strength, stamina, & coordination.

JAZZ & JAZZ/TAP—Includes using feet, arms, hand po-strengthening technique, core, balance, extensions, sitions & isolations to popular music with emphasis on turns, leaps, etc.

timing and shape. Jazz and Tap are cousins. Tap is a percussive dance form that involves striking the floor with metal taps on the shoes. Class involves learning jazz & tap techniques and learning dance combinations.

SHOW BIZ JAZZY TAP—Fun class combining Tap and Jazz steps together using popular, jazzy, upbeat tunes (clean lyrics) from pop rock to Broadway. Show Biz Jazzy Tap dances bring all the smiles!

<u>LYRICAL BALLET</u>—Combines elements of ballet, jazz & modern dance inspiring emotional expression using lilting, controlled movements. Contemporary skills and movements included.

MODERN/CONTEMPORARY DANCE — Provides an alternative to classical ballet. Classes will include classic modern technique mixed with contemporary movements.

COMPANY BALLET—These are more focused & accelerated ballet classes with a goal of emphasis on technique and enhance performance skills. Dancer must be evaluated by instructor to participate in Company

TECHNIQUE - This class will intensify concentration on



DANCE



Dance Classes

| CLASS | AGE | INSTRUCTOR | DAYS | TIME | PRICE |
|----------------------------------------------------------------------|-------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------|
| TWINKLE TOTS | Young 3's | Andrea | Friday | 10:00—10:30 am | \$61 |
| FAIRY PRINCESS BALLET | 3—4 4—7 4 1/2—7 5—7 | Andrea Sandy Sandy Andrea | FRIDAY THURSDAY SATURDAY FRIDAY | 10:30—11:15 am 3:45—4:30 pm 9:00—9:45 am 11:15 am—12:00 pm | \$67 |
| BALLET / TAP | 3—4 3—4 4—6 4—6 5—7 6—8 | Lizzie Lizzie Andrea Andrea Lizzie Andrea | TUESDAY TUESDAY MONDAY THURSDAY TUESDAY MONDAY | 1:00—1:45 pm 1:45—2:30 pm 3:30—4:15 pm 3:45—4:30 pm 3:00—3:45 pm 4:15—5:00 pm | \$67 |
| BALLET / TAP / TUMBLE COMBO | 4—5 5—7 6—7 8—10 (Level 3) 9—11 | Sandy | TUESDAY SATURDAY TUESDAY TUESDAY THURSDAY | 3:00—3:45 pm 9:45—10:30 am 3:45–4:30 pm 4:30—5:30 pm 5:15—6:15 pm | \$67 \$67 \$67 \$67 \$72 \$72 |
| HIP HOP TAP / HIP HOP SHOW BIZ / JAZZY TAP JAZZ LYRICAL CONTEMPORARY | 7—11 5—7 9—13 8—11 10—15 11 & up | Lizzie Lizzie Sandy Andrea Sandy Andrea | TUESDAY TUESDAY TUESDAY THURSDAY THURSDAY MONDAY | 4:30—5:15 pm 3:45—4:30 pm 6:30—7:15 pm 4:30—5:15 pm 6:15—7:00 pm 7:00—8:00 pm | \$67 \$67 \$67 \$67 \$67 \$67 \$72 |



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Six-Week **Sessions**

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|----------------------------------------|
| Sept 13—Oct 18 |
| Nov 1—Dec 13 |
| Jan 3—Feb 7 |
| Feb 21—Mar 28 |
| Apr 11—May 16 |

Mondays

| <u>Tuesdays</u> |
|-----------------|
| Sept 14—Oct 19 |
| Nov 2—Dec 14 |
| Jan 4—Feb 8 |
| Feb 22-Mar 29 |
| Δnr 12May 17 |

| <u>Thursdays</u> |
|------------------|
| Sept 16—Oct 21 |
| Nov 4—Dec 16 |
| Jan 6—Feb 10 |
| Feb 24—Mar 31 |
| Apr 14—May 19 |

| <u>Fridays</u> | | | |
|----------------|--|--|--|
| Sept 17—Oct 22 | | | |
| Nov 5—Dec 17 | | | |
| Jan 7—Feb 11 | | | |
| Feb 25—Apr 1 | | | |

Saturdays Sept 18—Oct 23 Nov 6—Dec 18 Jan 8—Feb 12 Feb 26—Apr 2 Apr 15—May 20 | Apr 16—May 21



Company Dance Classes



SESSIONS

Six-Week Sessions

Mondays Sept 13—Oct 18 Nov 1—Dec 13

Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16

<u>Tuesdays</u>

Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 Apr 12—May 17

Thursdays

Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 31 Apr 14—May 19

<u>Saturdays</u>

Sept 18—Oct 23 Nov 6—Dec 18 Jan 8—Feb 12 Feb 26—Apr 2 Apr 16—May 21

| CLASS | LEVEL | INSTRUCTOR | DAY | TIME | PRICE |
|----------------------|----------------------|------------------|---------------------|------------------------------|----------------------------|
| | Apprentice | Andrea | MONDAY | 5:00—6:00 pm | \$72 |
| | Company 5 | Andrea | MONDAY | 6:00—7:00 pm | \$72 |
| | Company 4 | Sandy Andrea | TUESDAY THURSDAY | 5:30—6:30 pm 5:15—6:15 pm | \$72 1 Day \$130 2 Days |
| COMPANY | Company 3 | Lizzie Sandy | TUESDAY THURSDAY | 5:15—6:15 pm 7:00—8:00 pm | \$72 1 Day \$130 2 Days |
| BALLET (Invite only) | Company 2 | Lizzie Andrea | TUESDAY THURSDAY | 6:15—7:30 pm 6:15—7:30 pm | \$82 1 Day \$150 2 Days |
| | Company 1 | Lizzie Andrea | TUESDAY THURSDAY | 7:30—9:00 pm 7:30—9:00 pm | \$88 1 Day \$162 2 Days |
| | Company Technique | Sandy | SATURDAY | 10:30 am—12:00 pm | \$88 |
| | Company Teen Tap | Sandy | SATURDAY | 12:00—12:45 pm | \$67 |

Company Ballet

All Company classes must have permission from the instructor in order to participate.

These are more focused accelerated ballet classes with a goal of emphasis on technique and enhanced performance skills. Dancer must be evaluated by the instructor to participate in Company Ballet. Ages 7 & Up.







FAIRY PRINCESS BIRTHDAY PARTIES!

Come and enjoy your Special Princess Birthday party here! We provide dress-up costumes, props galore, games and a 45 minute Princess Ballet class centered around our exclusive Royal Castle. Make-believe tea parties, acting out princess stories, going to the Royal Ball are all part of this special event! Ages: 3 & up.

Cost is \$195.00 for 1 1/2 hours for up to 8 children \$5.00 per additional child.

Call the main office to leave a message for a Dance Instructor to RSVP.



Gymnastics Class Schedule



| September—May |
|---------------|
|---------------|

| CLASS | | AGE | INSTRUCTOR | DAY | TIME | PRICE |
|----------------------|-----------------|---------------------------|------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------|
| 1 | MOM, POP & TOTS | 15 Months— 2 1/2 Years | Janelle | Tuesday Tuesday Wednesday Wednesday Friday | 9:30—10:00 am 5:20—5:50 pm 11:00—11:30 am 5:30—6:00 pm 9:30—10:00 am | \$59 |
| | MINI TOTS | 2 1/2—3 1/2 | Janelle | Tuesday Tuesday Wednesday Thursday Friday | 10:10—10:40 am 4:40—5:10 pm 10:20—10:50 am 4:10—4:40 pm 10:10—10:40 am | \$59 |
| | TUMBLE TIGERS 1 | 3 1/2— 4 1/2 | Janelle | Tuesday Tuesday Wednesday Wednesday Wednesday Thursday Friday | 10:50—11:30 am 1:30—2:10 pm 9:30—10:10 am 3:30—4:10 pm 5:30—6:10 pm 4:50—5:30 pm 10:50—11:30 am | \$65 |
| TUMBLE TIGERS 2 | | 4 1/2— 5 1/2 | Janelle | Tuesday Tuesday Tuesday Wednesday Wednesday Thursday Friday | 11:40 am—12:20 pm 1:30—2:10 pm 6:00—6:40 pm 11:40 am—12:20 pm 3:30—4:10 pm 3:20—4:00 pm 11:40 am—12:20 pm | \$65 |
| | TUMBLE TIGERS 3 | 5 1/2—6 1/2 | Janelle | Tuesday Wednesday | 3:40—4:30 pm 6:10—7:00 pm | \$71 |
| T BE | TUMBLE TIGERS 4 | 5—7 | Janelle | Wednesday Thursday | 4:20—5:20 pm 5:40—6:40 pm | \$78 |
| MUST BE EVALUATED | MINI TEAM | 4—5 1/2 | Janelle | Wednesday Thursday | 1:30—2:30 pm 5:40—6:40 pm | \$78 |

Janelle Tencza is the lead instructor of our early childhood gymnastics program. She grew up in Milton, GA and has been involved in the sport of gymnastics for over 40 years as a gymnast and coach. She has taught classes and teams for Miss Trish and Coach Deven for over 15 years here at the Cumming Recreation and Parks Department. She graduated from Brigham Young University with a degree in Athletic Training & Sports Medicine and is currently a member of USA Gymnastics and AAU Gymnastics.

| | 6-Week So | | | | | | |
|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--|--|--|--|
| TUESDAY | WEDNESDAY | <u>THURSDAY</u> | <u>FRIDAY</u> | | | | |
| Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 Apr 12—May 17 | Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18 | Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 31 Apr 14—May 19 | Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—Apr 1 Apr 15—May 20 | | | | |
| All Classes I | All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway | | | | | | |



Gymnastics Class Schedule



GYMNASTICS SCHEDULE September—May

| CLASS | AGE | DAY | TIME | PRICE |
|---------------------------------------|------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------|
| GIRLS GYM 1 | 5 1/2 & Up | MONDAY MONDAY MONDAY WEDNESDAY THURSDAY THURSDAY | 4:10—5:00 pm 5:00—5:50 pm 6:50—7:40 pm 5:20—6:10 pm 4:45 –5:35 pm 6:45—7:35 pm | \$71 |
| GIRLS GYM 2 | 5 1/2 & Up | MONDAY WEDNESDAY THURSDAY | 5:50—6:50 pm 4:20—5:20 pm 3:45—4:45 pm | \$78 |
| GIRLS GYM 3 * (must be evaluated) | 5 1/2 & Up | TUESDAY THURSDAY | 3:30—4:30 pm 5:45—6:45 pm | \$78 |
| GIRLS GYM 4 / 5 * (must be evaluated) | 5 1/2 & Up | TUESDAY | 4:30—5:40 pm | \$84 |
| TUMBLING | 7 & Up | FRIDAY | 3:30—4:30 pm | \$78 |
| BOYS GYM | 5 1/2 & Up | MONDAY MONDAY TUESDAY THURSDAY | 5:00—6:00 pm 6:00—7:00 pm 4:30—5:30 pm 4:30—5:30 pm | \$78 |
| BOYS JUNIOR TEAM | 5 1/2 & Up | WEDNESDAY | 3:00—4:30 pm | \$90 |

Deven Pressley is the lead instructor of our older gymnasts and has been with the CRPD gymnastics program for 29 years. She is a member of USA Gymnastics and Amateur Athletic Union. Through USAG, she is Safety Certified, has completed the USAG University's School of Recreational gymnastics, and is a certified meet director. She has also completed the Positive Coaching Alliance course. She attended Gainesville College, majoring in Physical Education.

Gymnastics Classes are 6-Week Sessions

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | <u>FRIDAY</u> |
|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16 | Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 Apr 12—May 17 | Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18 | Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 31 Apr 14—May 19 | Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—Apr 1 Apr 15—May 20 |
| | | | | |

All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway

Gymnastics Class Descriptions

MOM/POP AND TOT—A fun time for parents to interact with their toddler as they're introduced to gymnastics & motor skills on their level. All apparatus used are kid friendly for age and size. Ages 15 mos—2 1/2 years.

MINI TOTS—This class is just for toddlers, helping them develop gymnastics and motor skills on their level. This class would also help children enhance their listening and social skills in a structured and fun atmosphere. All apparatus used are kid friendly for age and size. Ages 2 1/2—3 1/2 years.

TT1/TT2/TT3—Gymnastic classes that use all gymnastics equipment and introduces basic skills and progressions appropriate for the ages and abilities. TTI Ages 3 1/2—4 1/2 years; TT2 Ages 4 1/2—5 1/2 years; TT3 Ages 5 1/2—6 1/2 years. (When your child reaches the maximum age for Tumble Tigers, consult with instructor before signing up for next level of Tumble Tigers.)

MINI TEAM—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 4—5 1/2 years. Must be evaluated.

<u>TUMBLE TIGERS 4</u>—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 5—7 years. *Gymnast must be evaluated*.

<u>GIRLS GYMNASTICS 1—5 (Progressive)</u> - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnast begin with Girls Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

<u>BOYS GYMNASTICS 1—2 (Progressive)</u> - A set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Gymnast begin with Boys Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

<u>TEAM BOYS/GIRLS (Groups/Levels)</u> - These classes are for the Competitive Teams, which travel to local gyms to compete against other teams. Gymnasts must be evaluated by the instructor to participate on team.

TUMBLING—Students will learn strength and flexibility to accomplish the basic tumbling skills. Ages 7 & Up.

GYMNASTIC BIRTHDAY PARTIES

Did you know we offer Gymnastic Birthday parties? It's the best kept secret around. If you are interested in having a birthday party for your child please contact Janelle Tencza at our main office. Parties are held on Saturdays or Sundays and last 1 1/2 hours. Cost is \$175 for 13 kids and \$5 each for any additional kids. Parties must be booked through Janelle.







Kids Night Out

Kids Night Out (or Parents Night Out?) will be offered once a month for parents to have a night to themselves while the kids have a fun-filled gymnastics experience. For ages 5—12, Kids Night Out will be held on Fridays 6:30—10:30 pm for a cost of \$20.

DATES

Aug 20 (Crazy Hair Day)

Sept 24

Sept 29 (Halloween)

Nov 19 (Thanksgiving)

Dec 17 (Christmas)

Jan 21

Feb 18 (Valentines)

March 25

April 22

Open Gymnastics

Open Gymnastics provides additional gym time for gymnasts to work on specific skills or events. Available for gymnasts in other CRPD classes, Open Gymnastics sessions are held on Saturdays 9:00—11:00 am and cost \$15.

SESSION DATES

| Aug 7 | Nov 6 | Feb 19 |
|-----------------|--------|----------|
| Aug 7 Aug 21 | Nov 20 | March 5 |
| Sept 11 | Dec 11 | March 26 |
| Sept 25 | Jan 8 | Apr 23 |
| Oct 9 | Jan 29 | May 7 |
| Oct 23 | _ | |



TEAM GYMNASTICS August—May



| | | 7 (9) | | | |
|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| Aug 9—Aug 30 | Aug 10—Aug 31 | Aug 11—Sept 1 | Aug 12—Sept 2 | Aug 13—Sept 3 | Aug 14—Sept 4 |
| Sept 6—Sept 27 | Sept 7—Sept 28 | Sept 8—Sept 29 | Sept 9—Sept 30 | Sept 10—Oct 1 | Sept 11—Oct 2 |
| Oct 4—Oct 25 | Oct 5—Oct 26 | Oct 6—Oct 27 | Oct 7—Oct 28 | Oct 8—Oct 29 | Oct 9—Oct 30 |
| Nov 1—Nov 29 | Nov 2—Nov 30 | Nov 3—Dec 1 | Nov 4—Dec 2 | Nov 5—Dec 3 | Nov 6—Dec 4 |
| (No class Nov 22) | (No class Nov 23) | (No class Nov 24) | (No class Nov 25) | (No class Nov 26) | (No class Nov 27) |
| Dec 6—Dec 27 | Dec 7—Dec 28 | Dec 8—Dec 29 | Dec 7—Dec 30 | Dec 8—Dec 31 | Dec 9—Jan 1 |
| Jan 3—Jan 24 | Jan 4—Jan 25 | Jan 5—Jan 26 | Jan 6—Jan 27 | Jan 7—Jan 28 | Jan 8—Jan 29 |
| Jan 31—Feb 21 | Feb 1—Feb 22 | Feb 2—Feb 23 | Feb 3—Feb 24 | Feb 4—Feb 25 | Feb 5—Feb 26 |
| Feb 28—Mar 21 | Mar 1—Mar 22 | Mar 2—Mar 23 | Mar 3—Mar 24 | Mar 4—Mar 25 | Mar 5—Mar 26 |
| Mar 28—Apr 25 | Mar 29—Apr 26 | Mar 30—Apr 27 | Mar 31—Apr 28 | Apr 1—Apr 29 | Apr 2—Apr 30 |
| (No class Apr 4) | (No class Apr 5) | (No class Apr 6) | (No class Apr 7) | (No class Apr 8) | (No class Apr 9) |
| May 2—May 23 | May 3—May 24 | May 4—May 25 | May 5—May 26 | May 6—May 27 | May 7—May 28 |
| ACE | CROUR LOLACO | DAY | | TIME | DDICE |

| | AGE GROUP / CLASS | DAY | TIME | PRICE |
|-------------------------|---------------------------------|-------------------------------------------|------------------------------------------------------------------|-------|
| | GIRLS GROUP 1 | Monday Tuesday Thursday | 5:00—9:00 pm | \$244 |
| TOR | GIRLS GROUP 2 | Monday Tuesday Thursday | 5:00—9:00 pm | \$244 |
| RUC | GIRLS GROUP 3 | Monday Wednesday Friday | 5:00—8:45 pm 4:45—8:45 pm 4:45—8:45 pm | \$244 |
| INST | GIRLS GROUP 4 | Tuesday Thursday Friday | 5:00—8:30 pm | \$235 |
| ED BY | GIRLS GROUP 5 | Monday Wednesday Friday | 5:00—8:45 pm 4:45—8:45 pm 4:45—8:45 pm | \$244 |
| EVALUATED BY INSTRUCTOR | GIRLS GROUP 6 | Tuesday Thursday Friday | 3:40—7:10 pm | \$235 |
| EVAL | GIRLS GROUP 7 | Tuesday Thursday Friday | 3:40—6:40 pm | \$202 |
| BE | GIRLS GROUP 8 | Tuesday Thursday | 5:40—8:10 pm | \$124 |
| | GIRLS GROUP 9 | Tuesday Thursday | 3:40—6:10 pm | \$124 |
| M | GIRLS GROUP 10 (Preteam) | Monday Wednesday | 3:40—5:40 pm | \$100 |
| STS | GIRLS GROUP 11 (Junior Team) | Monday Wednesday | 3:40—5:40 pm | \$100 |
| GYMNASTS MUST | BOYS GROUP 1 | Monday Wednesday Friday Saturday | 4:30—9:00 pm 4:30—9:00 pm 4:30—9:00 pm 11:30 am—1:30 pm | \$314 |
| U | BOYS GROUP 2 | Tuesday Thursday Saturday | 5:30—9:00 pm 5:30—9:00 pm 8:00 am—12:00 pm | \$248 |
| | BOYS GROUP 3 | Monday Tuesday Thursday | 3:30—5:30 pm 3:30—6:30 pm 3:30—6:30 pm | \$196 |

For more information about our Level and Competition teams, please go to Gymsations website at <u>www.gymsations.com</u>



Youth Basketball Leagues

The Cumming Recreation Department is excited to offer our

<u>WINTER BASKETBALL LEAGUE</u> for boys & girls ages 7 to 14 years old

(All Leagues have registration limits & registration will end when those limits are reached, regardless of Registration Dates.)



WINTER BASKETBALL REGISTRATION DATES

Ages 7 to 14 Registration dates

Mon-Fri Sept 27-Oct 8

8:30 am-4:30 pm

Extended Registration for Ages 13-14 only

Mon-Fri Oct 8-29 8:30 am-4:30 pm

FALL/WINTER YOUTH BASKETBALL 2021-2022

Age Control Date: Age as of January 1, 2022 COST-\$142

The Cumming Recreation and Parks Department's Youth Basketball League will offer competitive play for boys and girls ages 7 to 14 years old.

Practices will begin early November for ages 7-12 and mid-November for ages 13 & 14. Games for ages 7-12 will be played primarily on Saturdays beginning in December, with weeknight games added toward the end of the season. Games for ages 13 & 14 will play mainly on Sundays beginning in December, with weeknight games added toward the end of the season.

SPRING REGISTRATION DATES

Ages 7 to 14 Registration dates

Mon-Fri Feb 7—18

8:30 am-4:30 pm





SPRING YOUTH BASKETBALL 2022

Age Control Date: Age as of April 1, 2022 COST -\$120

Age divisions offered include 7-&-8, 9-&-10, 11-&-12, 13-&-14 for both boys and girls. Spring league practices will begin in early March. Games will begin early April, and each team will play an 8-game schedule.

PLEASE NOTE:

Practices/games will be held on Mondays, Tuesdays and/or Thursdays until games begin. Once games begin, games will be played on Mondays, Tuesdays or Thursdays.

Registration for youth basketball is available online at www.crpdonline.com and WILL be limited due to gym availability and program demand. Registration will be accepted on 1st-come, 1st-serve basis.

WINTER TEAM REGISTRATION DATES

For Ages 15 to 18

Mon-Fri Sept 27-Oct 8 8:30 am-4:30 pm





FALL/WINTER TEAM BASKETBALL LEAGUE 2021-22

Age Control Date:
Age as of January 1, 2022
COST -\$840 per Team

The 15-to-18-year-old Team League will offer competitive play in both girls and boys divisions, with entries being registered as teams.

Each coach will register his or her team at the Recreation Department Office at 437 Pilgrim Mill Road and pick up a team packet. Coaches, who must be 21 years old or older, will be responsible for submitting rosters with each player's name, address, date of birth, and signed waivers to complete entry. Rosters should consist of 8-to-10 players. Only players listed on the team's official roster will be eligible to compete in games. Players on school teams are ineligible to play in the league.

Cost of team entry is \$840 and includes jerseys for players. A team's place in the league will be secured with payment of registration fees.

Practices will begin in November, with games beginning in December. An 8-game regular-season schedule will be played as well as a postseason single-elimination tournament. Games will be played primarily on Sundays with weeknight games added toward the end of the season.

For more information on the league, contact Athletic Coordinator Laura Spivey at Ispivey@cityofcumming.net or call (770) 781-2030.

SPRING TEAM REGISTRATION DATES

For Ages 15 to 18

Mon-Fri Feb 7—18

8:30 am-4:30 pm

SPRING TEAM BASKETBALL LEAGUE 2022

Age Control Date: Age as of April 1,2022 COST -\$840 per Team

Additional information on the Spring Team Basketball League will be forthcoming after the first of the year. For information, contact Athletic Coordinator Laura Spivey at Ispivey@cityofcumming.net or call (770) 781-2030.

Self Defense / Hapkido

Hapkido is a Korean Martial Arts. It incorporates Judo, Jujitsu, and Tae Kwon Do into its self-defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment.

Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking, and various combinations. Not only will they learn self defense, but they will also learn self respect, self control, self discipline, and the respect of others.

Hapkido instructor Frankie MacDonald has studied Hapkido, the Korean Martial Art of Self Defense since 1997 and is a 5th degree black belt.

The Cumming Recreation and Parks Department is excited to have Frankie working with our youth and adult Hapkido Self Defense programs.

ADULT CLASS SESSIONS

(6-week sessions)

Aug 23—Sept 27 Oct 11—Nov 15 Nov 29—Jan 17 (no class Dec 20 or Dec 27) Jan 31—March 7 March 21—May 2 (no class Apr 4)

DAY: MONDAY TIME: 6:30—8:0

TIME: 6:30—8:00 pm AGES: 12 & up COST: \$50

LOCATION: Dobbs Creek Recreation Center

INSTRUCTORS: Frankie MacDonald, 5th Degree

Masters

Asst. Patrick Thurman, 3rd Degree

Black Belt

<u>YOUTH CLASS SESSIONS</u>

(6-week sessions)

Aug 24—Sept 28
Oct 12—Nov 16
Nov 30—Jan 18
(no class Dec 21 or 28)
Feb 1—March 8
March 22—May 3
(no class Apr 5)

DAY: TUESDAY

TIME: 5:30—6:30 pm 7 & up 6:30—7:30 pm Intermediate

6:30—7:30 pm COST: \$45

LOCATION: Dobbs Creek Recreation Center

INSTRUCTORS: Frankie MacDonald, 5th Degree Masters

Asst. Patrick Thurman, 3rd Degree Black

Belt

UIL' ROOKIES BASKETBAU CUNIC



<u>Jan 8—Feb 5</u>

SATURDAY MORNING Clinic times will be:

Session 1 9:00 am—10:00 am Session 2 10:00 am—11:00 am Session 3 11:00 am—12:00 pm

Registration will begin September 27 and will end when all sessions are filled COST—\$104

(Must be 5 years old by beginning of clinic)

INSTRUCTOR: Devon Cazee

AGES 5 & 6

The Recreation Department will once again offer its Lil' Rookies Basketball Clinic for 5-&-6-year-olds. This program will meet for a 5-week session for one hour weekly.

The program will be structured in a clinic-type format, with emphasis on teaching basics and fundamental skills, with a little fun thrown in!

HORSEBACK RIDING





Blue Springs Farm, 9533 Old Preserve Trail, Ball Ground

Instructor Marcy Blue has been teaching & showing for over 30 years. She has a farm in Forsyth County, where she hosts the Forsyth Central Equestrian Team. She has taught lessons through Kennesaw College and features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com.

Beginner Riding Classes

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In four weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering. Beginners & Advanced riders are welcome. The barn is large enough for indoor classes, so classes will be held rain or shine!

Blue Springs Farm would like to thank everyone for a wonderful 17 years. We appreciate everyone's support over the years & are so excited to continue our journey at our new barn at 9533 Old Preserve Trail in Ball Ground. We hope you will join us there.

| Youth-Beginners Class (Ages 6-16 years) | Session 1 | Session 2 |
|------------------------------------------------------------------------|-------------------------------|----------------------------------|
| Mondays (6:00—7:30 pm) Tuesdays (3:30—5:00 pm) \$186 per session | Aug 9—Aug 30 Aug 10—Aug 31 | Sept 27—Oct 18 Sept 28—Oct 19 |
| Moms-Morning Out Class (Adults) | <u>Session</u> | |
| Wednesdays (9:30—11:00 am) | October 6—October 27 | |
| \$186 per session | | |

Registration Information

The Cumming Recreation and Parks Department registration system provides more flexibility for our customers, including Online Registration and Credit Card Payment for activities. Anyone who has not participated in a Recreation Department program will need to create an online account in order to register.

You may go to www.crpdonline.com and click on the Register Online button to be taken directly to the Online Site. Please bookmark this page for future reference. Once there, simply click on Create Account and follow the instructions. An activation link will be sent to your e-mail and MUST BE CONFIRMED to finalize the creation of your account.

At that time, customers may begin registering for programs both online and via walk-in registration at the Cumming Rec-

reation Department's Main Office at 437 Pilgrim Mill Road. If you plan on utilizing walk-in registration and have not already created an account on-line, please take time to completely fill out a registration form. This will expedite the data input process.

To register for programs online, go to the same site listed above, click on Activity Registration and Search for the programs you are interested in. Narrowing your Search keywords will limit the number of results. For example, if you Search for "Gymnastics", all Gymnastics classes will be displayed; if you Search "Mini Tots", then only the Mini Tots classes will be returned. Follow the instructions & prompts to complete your registration online from the comfort of your own home.

REGISTRATION INFORMATION

Registration & Refunds

All athletics, programs, and special events are provided for local citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled and any fee paid will be refunded. Registration is complete upon receipt of payment to the Recreation Department office.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office:

- 5 working days prior to the first day of Camps
- 2 working days prior to the first day for all other programs
 (Please allow a minimum of 3 weeks for refund processing of cash/checks.)

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin.

YOU MUST PRE-REGISTER FOR ALL PROGRAMS.

NO REGISTRATION ACCEPTED BY INSTRUCTORS.

DOBBS CREEK RECREATION CENTER Open Gym / Court Rental

The Cumming Recreation & Parks
Department provides the opportunity to use the Basketball courts
at the Dobbs Creek Recreation Center for Open Gym as well as for
Court Rentals. Open Gym Hours
and Court Rentals are not available
during the Winter Basketball Season beginning in October.

OPEN GYM HOURS (June—September)

Monday—Thursday 6:00—9:00 pm

COURT RENTAL (March—September)

Please contact the Recreation Office at (770) 781-2030 for information.

Court availability is determined by Recreation Programs.

EASY WAYS
TO REGISTER

Walk-In

OFFICE HOURS

Monday—Friday 8:30 am—4:30 pm

Cumming Recreation & Parks Department Office will be closed on the following holidays:

Memorial Day (May 31)

ALL REGISTRATION IS ON A FIRST-COME, FIRST-SERVE BASIS

REGISTER ONLINE

Online Registration is available by going to our website (www.crpdonline.com) and clicking on the REGISTER ONLINE icon at the top of the page. Create an account and register without leaving your home.





Just fill out and sign the registration form. Print clearly and provide all the information requested. Please make check or money order payable to Cumming Recreation and Parks Department or CRPD and mail registration form and check to:

Cumming Recreation & Parks Department P.O. Box 34
Cumming, GA 30028

Cumming Recreation & Parks Department 2021-22 Program Guide

CUMMING RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:30 am - 4:30 pm

Physical Address: 437 Pilgrim Mill Road, Cumming, 30040

Mailing Address: P.O. Box 34, Cumming, 30028
Phone: (770) 781-2030 Fax: (770) 781-3485

Websites: www.crpdonline.com / www.cityofcumming.net

MAYOR OF CUMMING

Troy Brumbalow

CITY ADMINISTRATOR

Phil Higgins

CITY COUNCIL

Joey Cochran Chad Crane Jason Evans Linda Ledbetter Christopher Light

RECREATION DEPARTMENT STAFF

Greg Little, Director
Nell Bryson, Administrative Assistant
Sandra Bennett, Program Coordinator
Michelle Honea, Program Assistant
Dee Gravitt, Event Coordinator
Laura Spivey, Athletic Coordinator
Matt Pirkle, Athletic Assistant
Jack Search, Maintenance Coordinator
Josh Smith, Maintenance Assistant
Mark Campfield, Maintenance Assistant

