

Cumming Recreation & Parks Department

2022-23



CUMMING RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:30 am - 4:30 pm

Physical Address: 437 Pilgrim Mill Road, Cumming, 30040

Mailing Address: P.O. Box 34, Cumming, 30028

Phone: (770) 781-2030 Fax: (770) 781-3485

Websites: www.crpdonline.com / www.cityofcumming.net

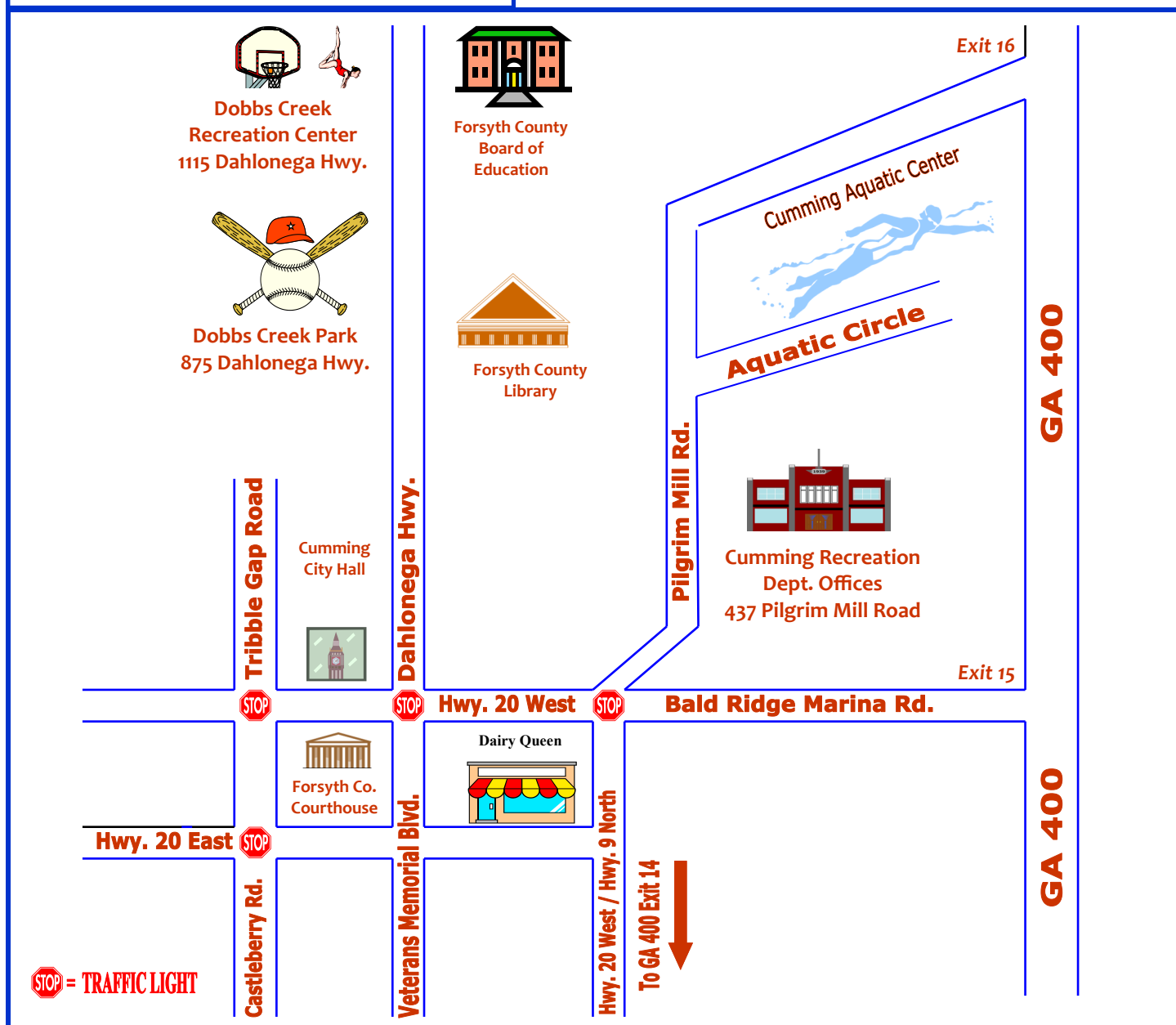
Cumming Recreation Dept. Facilities

Facilities utilized by the Cumming Recreation & Parks Department include:

- * Cumming Recreation Dept.
Pavilions / Playground
437 Pilgrim Mill Road
- * Dobbs Creek
Recreation Center
1115 Dahlonega Hwy.
- * Dobbs Creek Ballfields
875 Dahlonega Hwy.
- * Cumming Aquatic Center
201 Aquatic Circle

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Multi-Purpose Room Rental

Cumming Recreation and Parks Department offers 4,900 sq. ft. of meeting space perfect for your next business or social function.

Covid-related guidelines presently limit banquet rentals to a maximum of 180 persons to account for social distancing requirements.

Our facility is equipped with: banquet style round tables and rectangular tables; padded chairs; catering style kitchen equipped with full size refrigerator, sink, microwave and icemaker; as well as audio/visual equipment and wi-fi accessibility.



Playground / Pavilions

Pavilion Rentals are not available at this time.

Groups using the pavilion and playground are asked to limit their use of tables to two, and to respect others while enjoying the facility.



For rental information and a full description of our rental space, please visit our website at: www.crpdonline.com or contact Dee Gravitt at 770-781-2030 or dgravitt@cityofcumming.net for availability to see if we can assist you with your next special event.

Fitness Program

Good health does matter!

Cumming Recreation and Parks Department Fitness Program is proud to offer:

Zumba
 Bootcamp
 H.I.I.T (High Intensity Intervals Training)
 Yoga
 Barre
 StepSculpt
 Circuit Interval
 Cardio & Strength
 And More!



<u>Prices</u>	
Drop-Ins	\$ 8
5-Visit Pass	\$ 35
12-Visit Pass	\$ 72
24-Visit Pass	\$120
30-Day (Unlimited Visits)	\$ 60

Become a FitPass holder, which includes full access to all our fitness classes, and enjoy the flexibility of paying as you go without a contract!

FitPasses can be purchased Monday-Friday, 8:30am-4:30pm at our CRPD front office, located at 437 Pilgrim Mill Road. A current class schedule and class descriptions are posted online at www.crpdonline.com or can be seen on our Facebook page at: CRPD Fitness.

ART



For the 31st year, Rick Rennick will serve as the art instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our camps and classes. Portraits of animals and landscapes are his specialties and his portrait of *Secretariat* was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as *Search for Tomorrow* and *As the World Turns*. All classes are held at the Recreation Building at 093 Pilgrim Mill Road.

Please take advantage of Rick's love and enthusiasm for teaching art by signing up

TUESDAY

Aug 16—Sept 20
Oct 4—Nov 8
Nov 22—Jan 3
(no class Dec 27)
Jan 17—Feb 21
March 7—Apr 11
Apr 25—May 30

WEDNESDAY

Aug 17—Sept 21
Oct 5—Nov 9
Nov 23—Jan 4
(no class Dec 28)
Jan 18—Feb 22
March 8—Apr 12
Apr 26—May 31

FRIDAY

Aug 19—Sept 23
Oct 7—Nov 11
Nov 25—Jan 6
(no class Dec 30)
Jan 20—Feb 24
March 10—Apr 14
Apr 28—June 2



The Wonderful World of Art

Ages 7—11

An adventure in the arts. Students will learn to draw well in pencil and charcoal. We will sculpt in clay and learn to paint with tempera paint. This will be a varied and changing program so students can continue for many sessions.

DAY / TIME: TUESDAY 4:30—6:00 pm
COST: \$99 (Supplies Included)

ART EXCEL

Ages 12—18

Visual Arts mentoring! Students may choose the area they wish to focus on (drawing, painting, or pastels). Development & advancement through a one-on-one approach. All levels from just-interested to the advanced student. This will be a progressive class.

DAY / TIME: TUESDAY 6:30—8:30 pm
COST: \$99 (Bring materials to class for the medium you will be using.)

ADULT PAINTING

Ages-18 and older

This class offers study in oil, acrylics, and alkyds painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME TUESDAY 1:00—4:00 pm
COST: \$114 (There is a materials list.)
DAY / TIME WEDNESDAY 1:00—4:00 pm
COST: \$114 (There is a materials list.)

Adult Beginner Oil Painting

Ages-18 and older

This class offers a weekly demonstration about color mixing & types of brushes, as well as what they do. Rick will demonstrate painting different subjects. The first 6 weeks will concentrate on Landscape painting. After the demonstration, students will paint a landscape from a photograph of their own choosing.

DAY / TIME WEDNESDAY 10:00 am—12:30 pm
COST: \$104 (There is a materials list.)

Adult Open Studio

DAY/TIME: FRIDAYS 11:00 am—5:00 pm
COST: \$181 (6-week sessions)
AGES: 18 yrs. and up
(There is a materials list)





DANCE



Instructor Sandy Griffin has been a dance educator for over 40 years and is beginning her 20th year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginning-professional levels at the Royal Ballet School in London, England and the United States.

Instructor Andrea Walker began dancing at the age of three with the CRPD dance program. While in the program as a student she discovered her love for teaching while assisting with various classes. Andrea attended many master classes and intensives at Brenau University, Kennesaw State, and Bandan Koro. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production.

Instructor Jennifer Spencer graduated from the University of Alabama at Tuscaloosa with a bachelor's degree (1995) and master's degree (1997) in Social Science Secondary Education. While at Alabama, she studied dance under Cornelius Carter, who was a former Alvin Ailey Company member. She currently teaches at Denmark High School and lives in Forsyth County with her husband, daughter, and two sons.

Class Descriptions

FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and imagination.

BALLET—Includes beginning and classical ballet techniques & skills. Develops coordination and balance. Our classes are based on the Cecchetti techniques.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

BALLET / TAP / TUMBLE COMBO—Emphasis will be on primary Ballet technique and promoting musicality, grace, poise & posture. Tap helps develop rhythmic and locomotor skills. Basic tumbling exercises will help with core strength, flexibility & balance.

HIP-HOP—Classes designed to include clean and acceptable hip-hop movement. Improves strength, stamina, & coordination.

JAZZ & JAZZ/TAP—Includes using feet, arms, hand positions & isolations to popular music with emphasis on timing & shape. Jazz and Tap are cousins. Tap is a percussive dance form that involves striking the floor with metal taps on the shoes. Class involves learning

jazz & tap techniques & learning dance combinations.

SHOW BIZ JAZZY TAP—Fun class combining Tap and Jazz steps together using popular, jazzy, upbeat tunes (clean lyrics) from pop rock to Broadway. Show Biz Jazzy Tap dances bring all the smiles!

LYRICAL BALLET—Combines elements of ballet, jazz & modern dance inspiring emotional expression using lilting, controlled movements. Contemporary skills and movements included.

MODERN/CONTEMPORARY DANCE— Provides an alternative to classical ballet. Classes will include classic modern technique mixed with contemporary movements.

COMPANY BALLET—These are more focused & accelerated ballet classes with a goal of emphasis on technique and enhance performance skills. Dancer must be evaluated by instructor to participate in Company Ballet.

TECHNIQUE - This class will intensify concentration on strengthening technique, core, balance, extensions, turns, leaps, etc.

BEGINNING BALLET / LYRICAL COMBO - A new class for adults! Basic ballet techniques with lyrical dance steps & combinations. This is a great way to stretch, improve posture, and feel good moving to current inspiring music. Come join the fun!



DANCE

Dance Classes

CLASS	AGE	INSTRUCTOR	DAYS	TIME	PRICE
TWINKLE TOTS	3	Andrea	Wednesday	3:00—3:30 pm	\$61
FAIRY PRINCESS BALLET	4—6 6—7 4—7	Andrea Andrea Sandy	Wednesday Wednesday Saturday	3:30—4:15 pm 4:15—5:00 pm 9:00—9:45 am	\$67
BALLET / TAP	4—6 4—6 6—8	Andrea Andrea Andrea	Monday Thursday Monday	3:30—4:15 pm 3:45—4:30 pm 4:15—5:00 pm	\$67
BALLET / TAP / TUMBLE COMBO	3 1/2—4 4—6 5—7 6—9 6 1/2—9 7—9	Sandy Sandy Sandy Sandy Sandy Sandy	Tuesday Tuesday Thursday Saturday Tuesday Thursday	3:00—3:45 pm 3:45—4:30 pm 3:45—4:30 pm 9:45—10:30 am 4:30—5:15 pm 4:30—5:15 pm	\$67
SHOW BIZ / JAZZY TAP TAP / HIP HOP JAZZ LYRICAL / CONTEMPORARY BEG BALLET / LYRICAL	10—13 8—10 8—12 10—15 18-&-Up	Sandy Jennifer Andrea Sandy Sandy	Thursday Tuesday Thursday Thursday Thursday	5:30—6:15 pm 4:15—5:15 pm 4:30—5:15 pm 6:15—7:00 pm 8:00—8:45 pm	\$67 \$72 \$67 \$67 \$67



<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>
Sept 12—Oct 17 Oct 31—Dec 12 Jan 2—Feb 6 Feb 20—Mar 27 Apr 10—May 15	Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16	Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 Apr 12—May 17	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18	Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—Apr 1 Apr 15—May 20



Company Dance Classes



<u>SESSIONS</u> Six-Week Sessions	<u>Mondays</u>		<u>Tuesdays</u>		<u>Thursdays</u>		<u>Saturdays</u>	
	Sept 12—Oct 17 Oct 31—Dec 12 Jan 2—Feb 6 Feb 20—Mar 27 Apr 10—May 15		Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16		Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18		Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—Apr 1 Apr 15—May 20	
CLASS	LEVEL	INSTRUCTOR	DAY	TIME		PRICE		
COMPANY BALLET (Invite only)	Apprentice	Andrea	MONDAY	5:00—6:00 pm		\$72		
	Company 5	Andrea	MONDAY	6:00—7:00 pm		\$72		
	Company 4	Sandy Andrea	TUESDAY THURSDAY	5:15—6:15 pm 5:15—6:15 pm		\$72 1 Day \$130 2 Days		
	Company 3	Jennifer Sandy	TUESDAY THURSDAY	5:15—6:15 pm 7:00—8:00 pm		\$72 1 Day \$130 2 Days		
	Company 2	Sandy Andrea	TUESDAY THURSDAY	6:15—7:30 pm 6:15—7:30 pm		\$82 1 Day \$150 2 Days		
	Company 1	Sandy Andrea	TUESDAY THURSDAY	7:30—9:00 pm 7:30—9:00 pm		\$88 1 Day \$162 2 Days		
	Adv Company Contemporary	Andrea	MONDAY	7:00—8:00 pm		\$72		
	Company Technique	Sandy	SATURDAY	10:30 am—12:00 pm		\$88		
	Company Teen Tap	Sandy	SATURDAY	12:00—12:45 pm		\$67		

Company Ballet

These are more focused accelerated ballet classes with a goal of emphasis on technique and enhanced performance skills. **Dancer must be evaluated by the instructor to participate in Company Ballet. Ages 7 & Up.**

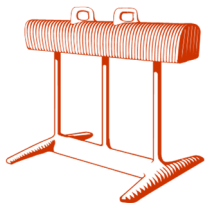


FAIRY PRINCESS BIRTHDAY PARTIES!

Come and enjoy your Special Princess Birthday party here! We provide dress-up costumes, props galore, games and a 45 minute Princess Ballet class centered around our exclusive Royal Castle. Make-believe tea parties, acting out princess stories, going to the Royal Ball are all part of this special event! Ages: 3 & up.

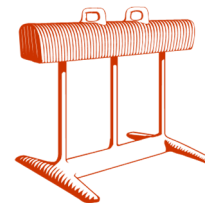
Cost is \$195.00 for 1 1/2 hours for up to 8 children
\$5.00 per additional child.

Call the main office to leave a message for a Dance Instructor to RSVP.



Gymnastics Class Schedule

September—May



CLASS		AGE	INSTRUCTOR	DAY	TIME	PRICE
MOM, POP & TOTS		15 Months— 2 1/2 Years	Janelle	Tuesday Wednesday Wednesday Friday	9:30—10:00 am 10:40—11:10 am 5:30—6:00 pm 9:30—10:00 am	\$59
MINI TOTS		2 1/2—3 1/2	Janelle	Tuesday Tuesday Wednesday Thursday Friday	10:10—10:40 am 4:30—5:00 pm 10:00—10:30 am 5:10—5:40 pm 10:10—10:40 am	\$59
TUMBLE TIGERS 1		3 1/2— 4 1/2	Janelle	Tuesday Tuesday Wednesday Thursday Friday	10:50—11:30 am 1:30—2:10 pm 3:30—4:10 pm 4:20—5:00 pm 10:50—11:30 am	\$65
TUMBLE TIGERS 2		4 1/2— 5 1/2	Janelle	Tuesday Tuesday Tuesday Thursday Friday	11:40 am—12:20 pm 1:30—2:10 pm 5:10—5:50 pm 3:30—4:10 pm 11:40 am—12:20 pm	\$65
TUMBLE TIGERS 3		5 1/2—6 1/2	Janelle	Tuesday Wednesday	3:30—4:20 pm 6:10—7:00 pm	\$71
MUST BE EVALUATED	TUMBLE TIGERS 4	5—7	Janelle	Tuesday Wednesday	6:00—7:00 pm 4:20—5:20 pm	\$78
	MINI TEAM	4—5 1/2	Janelle	Wednesday Thursday	1:30—2:30 pm 5:50—6:50 pm	\$78

Janelle Tencza is the lead instructor of our early childhood gymnastics program. She grew up in Milton, GA and has been involved in the sport of gymnastics for over 40 years as a gymnast and coach. She has taught classes and teams for Miss Trish and Coach Deven for over 15 years here at the Cumming Recreation and Parks Department. She graduated from Brigham Young University with a degree in Athletic Training & Sports Medicine and is currently a member of USA Gymnastics and AAU Gymnastics.

6-Week Sessions

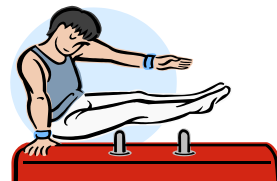
<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Sept 13—Oct 25 (No class Sept 27) Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16	Sept 14—Oct 26 (No class Sept 28) Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 Apr 12—May 17	Sept 15—Oct 27 (No class Sept 29) Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18	Sept 16—Oct 28 (No class Sept 30) Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 31 Apr 14—May 19
All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway			



Gymnastics Class Schedule

GYMNASTICS SCHEDULE

September—May



CLASS	AGE	DAY	TIME	PRICE
GIRLS GYM 1	5 1/2 & Up	MONDAY MONDAY TUESDAY THURSDAY	4:45—5:35 pm 6:40—7:30 pm 7:10—8:00 pm 5:45—6:35 pm	\$71
GIRLS GYM 2	5 1/2 & Up	MONDAY TUESDAY THURSDAY	5:40—6:40 pm 3:00—4:00 pm 6:35—7:35 pm	\$78
GIRLS GYM 3 * (must be evaluated)	5 1/2 & Up	TUESDAY THURSDAY	6:10—7:10 pm 3:00—4:00 pm	\$78
TUMBLING	7 & Up	MONDAY	7:40—8:40 pm	\$78
BOYS GYM	5 1/2 & Up	MONDAY MONDAY TUESDAY THURSDAY	5:00—6:00 pm 6:00—7:00 pm 5:30—6:30 pm 4:30—5:30 pm	\$78

Deven Pressley is the lead instructor of our older gymnasts and has been with the CRPD gymnastics program for 29 years. She is a member of USA Gymnastics and Amateur Athletic Union. Through US-AG, she is Safety Certified, has completed the USAG University's School of Recreational gymnastics, and is a certified meet director. She has also completed the Positive Coaching Alliance course. She attended Gainesville College, majoring in Physical Education.

Gymnastics Classes are 6-Week Sessions

<u>MONDAY</u>	<u>TUESDAY</u>	<u>THURSDAY</u>
Sept 12—Oct 24 (No class Sept 26) Nov 7—Dec 19 (No class Nov 21) Jan 2—Feb 6 Feb 13—Mar 27 (No class Feb 20) Apr 10—May 15	Sept 13—Oct 25 (No class Sept 27) Nov 1—Dec 13 (No class Nov 22) Jan 3—Feb 7 Feb 21—Mar 28 Apr 11—May 16	Sept 15—Oct 27 (No class Sept 29) Nov 3—Dec 15 (No class Nov 24) Jan 5—Feb 9 Feb 23—Mar 30 Apr 13—May 18
<u>All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway</u>		

Gymnastics Class Descriptions

MOM/POP AND TOT—A fun time for parents to interact with their toddler as they're introduced to gymnastics & motor skills on their level. All apparatus used are kid friendly for age and size. Ages 15 mos—2 1/2 years.

MINI TOTS—This class is just for toddlers, helping them develop gymnastics and motor skills on their level. This class would also help children enhance their listening and social skills in a structured and fun atmosphere. All apparatus used are kid friendly for age and size. Ages 2 1/2—3 1/2 years.

TT1/TT2/TT3—Gymnastic classes that use all gymnastics equipment and introduces basic skills and progressions appropriate for the ages and abilities. TT1 Ages 3 1/2—4 1/2 years; TT2 Ages 4 1/2—5 1/2 years; TT3 Ages 5 1/2—6 1/2 years. (When your child reaches the maximum age for Tumble Tigers, consult with instructor before signing up for next level of Tumble Tigers.)

MINI TEAM—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 4—5 1/2 years. *Must be evaluated.*

TUMBLE TIGERS 4—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 5—7 years. *Gymnast must be evaluated.*

GIRLS GYMNASTICS 1—5 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnast begin with Girls Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

BOYS GYMNASTICS 1—2 (Progressive) - A set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Gymnast begin with Boys Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

TEAM BOYS/GIRLS (Groups/Levels) - These classes are for the Competitive Teams, which travel to local gyms to compete against other teams. Gymnasts must be evaluated by the instructor to participate on team.

TUMBLING—Students will learn strength and flexibility to accomplish the basic tumbling skills. Ages 7 & Up.

GYMNASTIC BIRTHDAY PARTIES

Did you know we offer Gymnastic Birthday parties? It's the best kept secret around. If you are interested in having a birthday party for your child please contact Janelle Tencza at our main office . Parties are held on Saturdays or Sundays and last 1 1/2 hours. Cost is \$175 for 13 kids and \$5 each for any additional kids. Parties must be booked through Janelle .



TEAM GYMNASTICS

August—May



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Aug 8—Aug 29 Sept 5—Sept 26 Oct 3—Oct 24 Nov 7—Dec 5 (No class Nov 21) Dec 12—Jan 9 (No class Dec 26) Jan 16—Feb 6 Feb 13—Mar 6 Mar 13—Apr 10 (No class Apr 3) Apr 17—May 8	Aug 9—Aug 30 Sept 6—Oct 4 (No class Sept 27) Oct 11—Nov 1 Nov 8—Dec 6 (No class Nov 22) Dec 13—Jan 10 (No class Dec 27) Jan 17—Feb 7 Feb 14—Mar 7 Mar 14—Apr 11 (No class Apr 4) Apr 18—May 9	Aug 10—Aug 31 Sept 7—Oct 5 (No class Sept 28) Oct 12—Nov 2 Nov 9—Dec 7 (No class Nov 23) Dec 14—Jan 11 (No class Dec 28) Jan 18—Feb 8 Feb 15—Mar 8 Mar 15—Apr 12 (No class Apr 5) Apr 19—May 10	Aug 11—Sept 1 Sept 8—Oct 6 (No class Sept 29) Oct 13—Nov 3 Nov 10—Dec 8 (No class Nov 24) Dec 15—Jan 12 (No class Dec 29) Jan 19—Feb 9 Feb 16—Mar 9 Mar 16—Apr 13 (No class Apr 6) Apr 20—May 11	Aug 12—Sept 2 Sept 9—Oct 7 (No class Sept 30) Oct 14—Nov 4 Nov 11—Dec 9 (No class Nov 25) Dec 16—Jan 13 (No class Dec 30) Jan 20—Feb 10 Feb 17—Mar 10 Mar 17—Apr 14 (No class Apr 7) Apr 21—May 12	Aug 13—Sept 3 Sept 10—Oct 8 (No class Oct 1) Oct 15—Nov 5 Nov 12—Dec 10 (No class Nov 26) Dec 17—Jan 14 (No class Dec 31) Jan 21—Feb 11 Feb 18—Mar 11 Mar 18—Apr 15 (No class Apr 8) Apr 22—May 13

AGE GROUP / CLASS		DAY	TIME	PRICE
GYMNASTS MUST BE EVALUATED BY INSTRUCTOR	GIRLS GROUP 1	Monday Tuesday Thursday	5:00—9:00 pm	\$244
	GIRLS GROUP 2	Monday Tuesday Thursday	5:00—9:00 pm	\$244
	GIRLS GROUP 3	Tuesday Wednesday Friday	5:00—8:45 pm 4:45—8:45 pm 4:45—8:45 pm	\$244
	GIRLS GROUP 4	Monday Tuesday Thursday	5:00—9:00 pm	\$244
	GIRLS GROUP 5	Monday Wednesday Friday	5:00—9:00 pm 4:45—8:45 pm 4:45—8:45 pm	\$244
	GIRLS GROUP 6	Tuesday Thursday Friday	3:40—6:10 pm	\$154
	GIRLS GROUP 7	Monday Wednesday	5:15—7:45 pm	\$126
	GIRLS GROUP 8	Tuesday Thursday	3:40—6:10 pm	\$126
	GIRLS GROUP 9	Monday Wednesday	5:15—7:45 pm	\$126
	GIRLS GROUP 10 (Preteam)	Monday Wednesday	3:40—5:40 pm	\$101
	GIRLS GROUP 11 (Ruby)	Monday Wednesday	4:15—5:15 pm	\$54
	BOYS GROUP 1	Monday Wednesday Friday Saturday	5:00—9:00 pm 4:30—9:00 pm 4:30—9:00 pm 11:30 am—1:30 pm	\$299
	BOYS GROUP 2	Tuesday Thursday Saturday	5:00—9:00 pm 5:30—9:00 pm 8:30 am—12:30 pm	\$228
	BOYS GROUP 3	Monday Tuesday Thursday	3:30—6:00 pm 3:30—6:00 pm 3:30—6:30 pm	\$196
	BOYS JUNIOR TEAM	Wednesday Friday	3:30—4:30 pm 3:30—4:30 pm	\$54

For more information about our Level and Competition teams, please go to Gymsations website at www.gymsations.com

Self Defense / Hapkido

Hapkido is a Korean Martial Arts. It incorporates Judo, Jujitsu, and Tae Kwon Do into its self-defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment.

Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking, and various combinations. Not only will they learn self defense, but they will also learn self respect, self control, self discipline, and the respect of others.

Hapkido instructor Frankie MacDonald has studied Hapkido, the Korean Martial Art of Self Defense since 1997 and is a 5th degree black belt.

The Cumming Recreation and Parks Department is excited to have Frankie working with our youth and adult Hapkido Self Defense programs.

 ADULT CLASS SESSIONS (6-week sessions)	YOUTH CLASS SESSIONS (6-week sessions)
Aug 22—Sept 26 Oct 10—Nov 14 Nov 28—Jan 16 (no class Dec 26 or Jan 2) Jan 30—March 6 March 20—May 1 (no class Apr 3) May 15—June 19	Aug 23—Sept 27 Oct 11—Nov 15 Nov 29—Jan 17 (no class Dec 27 or Jan 3) Jan 31—March 7 March 21—May 2 (no class Apr 4) May 16—June 20
DAY: MONDAY TIME: 6:30—8:00 pm AGES: 12 & up COST: \$50 LOCATION: Dobbs Creek Recreation Center INSTRUCTORS: Frankie MacDonald, 5th Degree Masters Asst. Patrick Thurman, 3rd Degree Black Belt	 DAY: TUESDAY TIME: 5:30—6:30 pm 7 & up 6:30—7:30 pm Intermediate COST: \$45 LOCATION: Dobbs Creek Recreation Center INSTRUCTORS: Frankie MacDonald, 5th Degree Masters Asst. Patrick Thurman, 3rd Degree Black Belt

Lil' ROOKIES BASKETBALL CLINIC



AGES 5 & 6

Registration Begins September 26

The Recreation Department will once again offer its Lil' Rookies Basketball Clinic for 5-&6-year-olds. This program will meet for a 5-week session for one hour weekly.

The program will be structured in a clinic-type format, with emphasis on teaching basics and fundamental skills, with a little fun thrown in!

FALL CLINICS October 22—November 19

SATURDAY MORNING

Session 1	9:00 am—10:00 am
Session 2	10:00 am—11:00 am
Session 3	11:00 am—12:00 pm

WINTER CLINICS January 7—February 4

SATURDAY MORNING

Session 1	9:00 am—10:00 am
Session 2	10:00 am—11:00 am
Session 3	11:00 am—12:00 pm

COST—\$104

(Must be 5 years old by beginning of clinic)

INSTRUCTOR: Devon Caze



Youth Basketball Leagues



The Cumming Recreation Department is excited to offer our
WINTER BASKETBALL LEAGUE for boys & girls ages 7 to 14 years old
(All Leagues have registration limits & registration will end when those limits are reached, regardless of Registration Dates.)

WINTER BASKETBALL REGISTRATION DATES

Ages 7 to 14 Registration Dates

Mon-Fri Oct 3-Oct 14 8:30 am-4:30 pm

Extended Registration for Ages 13-14 only

Mon-Fri Oct 17-28 8:30 am-4:30 pm

FALL/WINTER YOUTH BASKETBALL 2022-2023

Age Control Date:
 Age as of January 1, 2023

COST- \$150

The Cumming Recreation and Parks Department's Youth Basketball League will offer competitive play for boys and girls ages 7 to 14 years old.

Practices will begin early November for ages 7-12 and mid-November for ages 13 & 14. Games for ages 7-12 will be played primarily on Saturdays beginning in December, with weeknight games added toward the end of the season. Games for ages 13 & 14 will play mainly on Sundays beginning in December, with weeknight games added toward the end of the season.

BASKETBALL



WINTER TEAM REGISTRATION DATES

For Ages 15 to 18

Mon-Fri Oct 17-28 8:30 am-4:30 pm



FALL/WINTER TEAM BASKETBALL LEAGUE 2022-23

Age Control Date:
 Age as of January 1, 2023

COST—\$900 per Team

The 15-to-18-year-old Team League will offer competitive play in both girls and boys divisions, with entries being registered as teams.

Each coach will register his or her team at the Recreation Department Office at 437 Pilgrim Mill Road & pick up a team packet. Coaches, who must be 21 years old or older, will be responsible for submitting rosters with each player's name, address, date of birth, & signed waivers to complete entry. Rosters should consist of 8-to-10 players. Only players listed on the team's official roster will be eligible to compete in games. Players on school teams are ineligible to play in the league.

Cost of team entry includes jerseys for players. A team's place in the league will be secured with payment of registration fees.

Practices will begin in November, with games beginning in December. Games will be played primarily on Sundays with weeknight games added toward the end of the season.

For information on the league, call (770) 781-2030.

Registration for youth basketball is available online at www.crpdonline.com and WILL be limited due to gym availability and program demand. Registration will be accepted on 1st-come, 1st-serve basis.

HORSEBACK RIDING



Blue Springs Farm, 9533 Old Preserve Trail, Ball Ground

Instructor Marcy Blue has been teaching & showing for over 30 years. She has a farm in Forsyth County, where she hosts the Forsyth Central Equestrian Team. She has taught lessons through Kennesaw College and features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com.

Beginner Riding Classes

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In four weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering. Beginners & Advanced riders are welcome. The barn is large enough for indoor classes, so classes will be held rain or shine!

Blue Springs Farm would like to thank everyone for a wonderful 17 years. We appreciate everyone's support over the years & are so excited to continue our journey at our new barn at 9533 Old Preserve Trail in Ball Ground. We hope you will join us there.

HORSEBACK RIDING SESSIONS

Youth-Beginners Class (Ages 6-16 years)

Mondays (6:00—7:30 pm)

\$186 per session

Fall Session

Oct 3—Oct 24

SpringSession

March 6—27

Moms-Morning Out Class (Adults)

Wednesdays (10:00—11:30 am)

\$186 per session

Fall Session

October 5—October 26

Registration Information

The Cumming Recreation and Parks Department registration system provides more flexibility for our customers, including Online Registration and Credit Card Payment for activities. Anyone who has not participated in a Recreation Department program will need to create an online account in order to register.

You may go to www.crpdonline.com and click on the Register Online button to be taken directly to the Online Site. Please bookmark this page for future reference. Once there, simply click on Create Account and follow the instructions. An activation link will be sent to your e-mail and **MUST BE CONFIRMED** to finalize the creation of your account.

At that time, customers may begin registering for programs both online and via walk-in registration at the Cumming Rec-

reation Department's Main Office at 437 Pilgrim Mill Road. If you plan on utilizing walk-in registration and have not already created an account on-line, please take time to completely fill out a registration form. This will expedite the data input process.

To register for programs online, go to the same site listed above, click on Activity Registration and Search for the programs you are interested in. Narrowing your Search keywords will limit the number of results. For example, if you Search for "Gymnastics", all Gymnastics classes will be displayed; if you Search "Mini Tots", then only the Mini Tots classes will be returned. Follow the instructions & prompts to complete your registration online from the comfort of your own home.

REGISTRATION INFORMATION

Registration & Refunds

All athletics, programs, and special events are provided for local citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled and any fee paid will be refunded. Registration is complete upon receipt of payment to the Recreation Department office.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office:

- 5 working days prior to the first day of Camps
- 2 working days prior to the first day for all other programs
(Please allow a minimum of 3 weeks for refund processing of cash/ checks.)

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin.

**YOU MUST PRE-REGISTER
FOR ALL PROGRAMS.**

**NO REGISTRATION
ACCEPTED BY INSTRUCTORS.**

DOBBS CREEK RECREATION CENTER

Open Gym / Court Rental

The Cumming Recreation & Parks Department provides the opportunity to use the Basketball courts at the Dobbs Creek Recreation Center for Open Gym as well as for Court Rentals. Open Gym Hours and Court Rentals are not available during the Winter Basketball Season beginning in October.



OPEN GYM HOURS (June—September)

Monday—Thursday 6:00—9:00 pm

COURT RENTAL (March—September)

Please contact the Recreation Office at (770) 781-2030 for information.

Court availability is determined by Recreation Programs.

EASY WAYS
TO REGISTER

Walk-In

OFFICE HOURS

Monday—Friday 8:30 am—4:30 pm

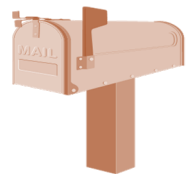
Cumming Recreation & Parks Department Office
will be closed on the following holidays:
Memorial Day (May 31)

**ALL REGISTRATION IS ON A
FIRST-COME, FIRST-SERVE BASIS**

REGISTER ONLINE

Online Registration is available by going to our website (www.crpdonline.com) and clicking on the REGISTER ONLINE icon at the top of the page. Create an account and register without leaving your home.

MAIL



Just fill out and sign the registration form. Print clearly and provide all the information requested. Please make check or money order payable to Cumming Recreation and Parks Department or CRPD and mail registration form and check to:

Cumming Recreation & Parks Department
P.O. Box 34
Cumming, GA 30028

Cumming Recreation & Parks Department

2022-23

Program Guide

CUMMING RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:30 am - 4:30 pm

Physical Address: 437 Pilgrim Mill Road, Cumming, 30040

Mailing Address: P.O. Box 34, Cumming, 30028

Phone: (770) 781-2030 Fax: (770) 781-3485

Websites: www.crpdonline.com / www.cityofcumming.net

MAYOR OF CUMMING

Troy Brumbalow

CITY ADMINISTRATOR

Phil Higgins

CITY COUNCIL

Joey Cochran
Chad Crane
Jason Evans
Linda Ledbetter
Christopher Light

RECREATION DEPARTMENT STAFF

Greg Little, Director
Angie Maupin, Administrative Assistant
Sandra Bennett, Program Coordinator
Michelle Honea, Program Assistant
Dee Gravitt, Event Coordinator
Rip Carroll, Athletic Coordinator
Brandon Bostick, Athletic Assistant
Jack Search, Maintenance Coordinator
Josh Smith, Maintenance Assistant
Mark Campfield, Maintenance Assistant

