

Cumming Recreation & Parks Department

PROGRAM GUIDE

SUMMER 2024

REGISTRATION STARTS APRIL 15th



CUMMING RECREATION AND PARKS DEPARTMENT



Office Hours: Monday - Friday 8:30 am - 4:30 pm

Physical Address: 437 Pilgrim Mill Road, Cumming, 30040

Mailing Address: P.O. Box 34, Cumming, 30028

Phone: (770) 781-2030 email: crpdinfo@cityofcumming.net

Website: www.crpdonline.com

Cumming Recreation and Parks Dept.

437 Pilgrim Mill Rd.

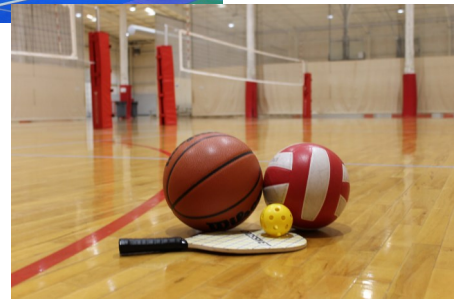
The Cumming Recreation Department is home to the Recreation office and also to all Fitness, Art, and Dance classes. It also hosts day camps during the summer.



Dobbs Creek Recreation Center

1115 Dahlonega Hwy.

The Dobbs Creek Recreation Center is home to many of our programs, including youth basketball, volleyball, pickleball, hapkido, and gymnastics. It is also the home of the Cumming Gymnastics, the competitive gymnastics team representing the City of Cumming.



Cumming Event Center

437 Pilgrim Mill Rd.

Cumming Recreation and Parks Department offers 4,900 sq. ft. of meeting space perfect for your next business or social function. The facility can seat up to a maximum of 180 persons for a banquet-type event, depending on set-up requirements.

The facility is equipped with: banquet style round tables and rectangular tables; padded chairs; catering style kitchen equipped with full size refrigerator, sink, microwave and icemaker; as well as audio/visual equipment and wi-fi accessibility. For rental information and a full description of our rental space, please visit our website at: www.crpdonline.com or contact Dee Gravitt at 770-781-2030 or dgravitt@cityofcumming.net for availability and to assist you with your next special event.



Playground / Pavilion

437 Pilgrim Mill Rd.

Hours of Availability

Monday – Sunday, 8:00 am – dusk

Pavilion Rentals are not available at this time.

Groups using the pavilion and playground are asked to limit their use of tables to two, and to respect others while enjoying the facility.



Cumming Recreation & Parks Department Memberships

ALL IN PASS

The All In Pass includes all Fitness Classes at Cumming Recreation & Parks Department and Open Gym at Dobbs Creek Recreation Center (Basketball, Pickleball, Volleyball and Indoor Walking.)
This pass is for Adults only.

All In Pass 30 days \$60
All In Pass 3 Month \$140
All In Pass 6 Month \$230
All in Pass Year Pass \$295

\$8 drop in fitness class (no membership required for fitness classes only)



DOBBS CREEK RECREATION CENTER OPEN GYM PASS

Basketball, Pickleball, Volleyball, Indoor Walking

Membership are for ages 14 years of age and up.

Under age 14 can be added to an adult membership for \$5 per youth.



\$20=1 Month Membership
\$50=3 Month Membership
\$75=6 Month Membership
\$100= 1 Year Membership
\$4 Drop In (no membership required)



For current schedule
visit our website www.crpdonline.com or call 770-781-2030

Open Gym Will Be Shared With Other Programs such as Pickleball,
Basketball, Volleyball, & Gymnastics.

* Schedule is Subject To Change Without Notice.



Passes can be purchased at the CRPD Office 437 Pilgrim Mill Rd. Cumming GA 30040
or Dobbs Creek Recreation Center 1115 Dahlonega Hwy Cumming, GA 30040

Adult Fitness Classes

437 Pilgrim Mill Rd.

Cumming Recreation and Parks Department Fitness Program

\$8.00 per drop-in class or purchase an All In Pass.

Summer schedule June 3-July 30

See current schedule at www.crpdonline.com Classes are subject to change.

HIIT (High Intensity Interval Training)- Multiple variations of workouts that incorporate a mix of cardiovascular and strength training to maximize the ultimate calorie burn. This class offers a challenging, total body workout to help you build strength and endurance.

Tuesday & Thursday 5:15-6:00 am & 9:30-10:30 am

Strength & Cardio Pump- A total body workout to improve cardio stamina and build muscle. Break past your personal boundaries in a positive, supportive environment set to music to motivate. No class is ever the same! **Saturday 8:30-9:30 am**

Yoga for Strength- Runners, athletes, and yoga students alike will all benefit from this vinyasa-based practice. Our focus will be building strength, flexibility, and balance in both body and mind. **Monday 10:15 am**

Yoga Mix It Up & Flow- Yoga Mix incorporates body weight and light aerobic exercises linked with yoga in a flowing series of poses that create strength, flexibility, endurance and balance. Suitable for all levels. **Wednesday 9:45-10:45 am**

StepSculpt- This class uses a fitness step to create a great cardio workout paired with weight training for a total body workout. **Wednesday 8:30-9:30 am**

Zumba- Zumba is a combination of Latin rhythms and fun international dance steps. You will learn to love working out through dance with this upbeat class also known as a "workout in disguise!" **Monday 9:15 -10:05 am & Friday 8:30 -9:30 am**

Barre-This fun and effective class is a low impact, intense, full body strengthening and toning workout. A fusion of core and strength that improves coordination and flexibility in a fun, total body workout. All levels welcome! **Monday 8:15 -9:05 am**

Yoga- This class gives you an opportunity to slow down by using slow steady breathing, holding postures and transitioning smoothly. Each class focuses on strength, balance and flexibility for a well-rounded class. **Friday 9:45-10:45 am**

Total Body Workout - Burn fat and tone your body with this blend of low impact cardio and strength training using a variety of equipment like steps, resistance bands and lightweights. A great place to start! **Thursday 5:30-6:30 pm**

30/30 Functional Strength & Flexibility-This class combines strength and control to help improve body awareness, balance, flexibility, and movement patterns. 30 minutes of strength using dumbbells, bands and body weight, 30 minutes of balance, stability and flexibility training. A complete whole body workout that is tailored to where you are on your fitness journey. **Tuesday & Thursday 8:15-9:15 am**



Drop in class \$8
 All In Pass 30 days \$60 All In Pass 3 Month \$140
 All In Pass 6 Month \$230 All in Year Pass \$295



The All In Pass includes all fitness classes at Cumming Recreation & Parks Department and open gym at Dobbs Creek (Basketball, Pickleball, Volleyball and Indoor Walking.)

ADULT ART CLASSES

For the 33rd year, Rick Rennick will serve as the Adult Art Instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our Adult Art classes. Portraits of animals and landscapes are his specialties and his portrait of *Secretariat* was commissioned by and hangs at the Kentucky Derby Museum in Louisville, Kentucky. He also has served as graphics artist and set designer on CBS television with such programs as *Search for Tomorrow & As the World Turns*.

Rick is focusing on only adult classes this summer and has turned over the youth art camps to his assistant teacher Clara Rippe who has been teaching with him for the last 4 summers. All classes are held at the Recreation Building at 437 Pilgrim Mill Road. Please take advantage of Rick's love and enthusiasm for teaching art by signing up for his classes.

ADULT PAINTING

Ages-18 and older
(6 week sessions)

This class offers study in oil, acrylics, and alkyds painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME TUESDAY 1:00—4:00 pm
COST:\$132 (There is a materials list.)

DAY / TIME WEDNESDAY 1:00—4:00 pm
COST:\$132 (There is a materials list.)

DAY / TIME FRIDAY 1:00—4:00 pm
COST:\$132 (There is a materials list.)

DROP IN FEE \$25 PER CLASS



<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>FRIDAY</u>
April 30—June 4	May 1—June 5	May 3—June 7
June 18—July 30 (No class July 1)	June 19—July 31 (No class July 3)	June 21—August 2 (No class July 5)



ART CAMPS

Ages 7 & up



Art instructor Clara Rippe' is now taking the lead role with the CRPD Art Camps. Clara studied drawing, painting, print-making and ceramics at Georgia Southern University. Clara has worked with CRPD Art camp for 4 summers under the Art Instructor Rick Rennick's tutorage. Mr. Rennick gives Clara his highest recommendation. She is very excited for Summer Art Camps 2024.

CAMPS FOR AGES 7 & UP

Pokemon

Ages 7 and up
June 3—7

Gotta catch 'em all! Kids will capture them in drawings and sculptures!



Animals

Ages 7 and up
June 17—21

Capture your favorite animals in sculpture, drawing, mask making and posters. A week of fun art excitement for animal lovers.



OCEANS

Age 7 & up

July 15—19 Camper will focus on making ocean related art, including clay creature making and ocean related crafting projects.



CAMPS FOR AGES 8 & UP

Drawing & Painting

Ages 8 and up

Session 1
June 10—14

Session 2
July 8—12



Campers will draw and learn composition and shading, then apply the lessons and paint. We will paint on real canvas panels. (Wear old clothes or a smock.)

ART EXPLORATION

Ages 8 and up

Session 1
June 24—28

Session 2
July 22—26

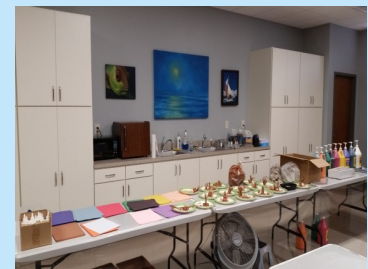
Campers will work with clay, paint, pencil, charcoal and watercolor pencils. This camp will introduce students to what these mediums can do through composition, shading, color mixing and more! (Wear old clothes or a smock.)



ANY CHILD NOT PICKED UP WITHIN 10 MINUTES AFTER CAMP IS OVER WILL BE ASSESSED A LATE FEE OF \$2 PER MINUTE. FEE IS TO BE PAID TO INSTRUCTOR AT THE TIME OF PICK UP.

Bring small snack and drink each day

DAYS: Monday—Friday
TIMES: 8:30 am—12:00 pm
COST: \$141 (supplies included)
LOCATION: Cumming Recreation Dept. Building
INSTRUCTOR: Clara Rippe'





KIDS KAMPS

AGES 4-7



Pirates, Mermaids

June 10-14 *Ages 4 & 5

Ahoy all ye Pirates and Mermaids! Hidden treasure, shooting cannons, walking the plank and much more, will make the Kamp a fun place! Captain Hook and Ariel are eager to help!



SUMMER CELEBRATION

July 15-19 *Ages 4-5

Let's celebrate by getting out in the fresh air. Playing games and swimming are only a couple of things we have planned. Throw in the playground and water balloons and let's have some fun.



Messy Mania

June 24-June 28

Ages 6 & 7

Want to have some good clean fun? Then don't come to this camp!

Shaving cream, jello, cheetos, crackers, marsh mellow, eggs, whipped cream, flour, etc. Need I say more? Best camp ever!!



Summer Celebration

July 22-26

Ages 6 & 7

No more school, no more homework! Let's celebrate by getting out in the fresh air. Playing games and swimming are only a couple of things we have planned. Let's have some fun!



EACH KIDS KAMP

Bring sack lunch and drink each day

DAYS: Monday-Friday
TIME: 9:00 am-1:00 pm
 (Children may not be dropped off earlier than 8:45 am)
COST: \$136 includes camp t-shirt, bag, craft supplies
LOCATION: Cumming Rec Dept.

The Cumming Recreation and Parks Department would like to welcome back all of our staff that consist of school teacher, and college and high school counselors. Their years of experience combined with their passion and desire to work with children is what makes summer day camps a popular program for kids and parents like.

Give your child a summer to remember! This summer, let your child's imagination come alive with an exciting fun-filled adventure at Cumming Rec. Dept! Children four to seven years old will love these camps! Give your child a wonderful summer adventure that will last a lifetime!

The Kids Kamp Program always encourages outdoor fun and to JUST BE KIDS! Campers at Kids Kamp will laugh, run, play, swim, and make friends in a safe, supervised environment.

The weekly theme provides a focus for arts & crafts, group activities, games and more. Our 6-7 year old's will be transported to the Cumming Aquatic's Outdoor Leisure Pool daily. They will also receive their own bag suitable for carrying their bathing suit, towel, and lunch.

***Please note that the 4 & 5 year olds will only swim in kiddie pools that will be set up for wading, splashing, and having fun outside at the Cumming Recreation Department.**

Kids Kamp Information

Campers:

- Must bring a sack lunch and drink.
- Must wear bathing suit under clothing. (Do not bring extra clothes.)
- Must wear tennis shoes. No sandals, flip-flops or jellies are allowed. Water shoes are recommended.
- Must bring a towel.
- Put on sunscreen—We recommend 30SPF 6-hour waterproof. (This is what our life-guards use.) Put on before you leave home—That's all they need.
- Must label all items.
- Must have a note in order to leave with anyone other than parent.
- May have an occasion to watch recorded movies. If you have any objections to movies with a PG rating, please let us know.

FOR ALL CRPD CAMPS.....

ANY CHILD NOT PICKED UP WITHIN 10 MINUTES AFTER CAMP IS OVER WILL BE ASSESSED A LATE FEE OF \$2 PER MINUTE. FEE IS TO BE PAID TO INSTRUCTOR AT THE TIME OF PICK UP.

ALL COUNSELORS / INSTRUCTORS ARE CERTIFIED IN CPR AND TRAINED IN FIRST AID.
 ANY TIME LIGHTNING IS SEEN OR THUNDER IS HEARD, ALL OUTDOOR PROGRAMS SPONSORED BY THE CUMMING RECREATION AND PARKS DEPARTMENT WILL SUSPEND OPERATIONS.
 WHEN 30 MINUTES HAS ELAPSED SINCE THE LAST LIGHTNING OR THUNDER WILL THE CUMMING RECREATION AND PARKS DEPARTMENT PROGRAMS CONTINUE.
 THE DECISION OF THE COUNSELOR IN CHARGE WILL BE FINAL.



DAY CAMPS

AGES 8-11



Summer Day Camp at the Cumming Recreation & Parks Department offers your child a great wholesome outdoor environment. Children enjoy being outdoors in the sunshine, swimming everyday, & doing cool activities!

The Day Camp Program always encourages outdoor fun and to JUST BE KIDS! Campers at Day Camp will laugh, run, play & swim in a safe, supervised environment.

Summer Day Camp is an opportunity for kids to learn, to make new friends, and to share new adventures. The weekly theme provides a focus for arts & crafts, group activities, games, & more.

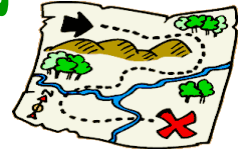
Campers will be transported to the Cumming Aquatic Center's Leisure Pool daily. A summer full of fun and memories has been planned for our campers this year. Don't hesitate, give your child a gift that they won't forget and will cherish for the rest of their lives.

They will also receive their own backpack suitable for carrying their bathing suit, towel, and lunch.

Scavenger Surprises

June 3—7

Ages 8 & 9



A week of team-building exercises and thrills of a hunt are in store this week. Come join us for a week of exciting scavenger hunts with each providing fun and friendly competition!. Plus, a day at Stars & Strikes or Freedom Mill Fun Zone, and a field trip to Sawnee Mountain for a scavenger hunt.

Messy Mania

June 17—21

Ages 10 & 11



Want to have some good clean fun?

Then don't come to this camp!

Shaving cream, jello, cheetos, crackers, marsh mel-lows, whipped cream, flour, etc. Need I say more? Plus a field trip to Stars & Strikes Or Freedom Mill Fun Zone! Best camp ever!!

Day Camp Information

Campers:

- Must bring a sack lunch and drink.
- Must wear bathing suit under clothing. (Do not bring extra clothes.)
- Must wear tennis shoes. No sandals, flip-flops or jellies are allowed. Water shoes are recommended.
- Must bring a towel.
- Must bring sunscreen each day. We recommend 30SPF 6-hour waterproof. (This is what our lifeguards use.) Put on before you leave home.
- Must label all items.
- Must have a note in order to leave with anyone other than parent.
- May have an occasion to watch recorded movies. If you have any objections to movies with a PG rating, please let us know.
- May bring money for the pool concession stand.

MESSY MANIA

July 8—12

Ages 8 & 9



Want to have some good clean fun?

Then don't come to this camp!

Shaving cream, jello, cheetos, crackers, marsh mel-lows, whipped cream, flour, etc. Need I say more? Plus a field trip to Stars & Strikes or Freedom Mill Fun Zone! Best camp ever!!

EACH DAY CAMP

Bring sack lunch and drink each day

DAYS:

Monday—Friday

TIMES:

9:00 am—5:00 pm

(Children may not be dropped off earlier than 8:45 am.)

COST:

\$160

(Includes a camp T-shirt, arts & craft supplies, and a camp bag.)

LOCATION:

Cumming Rec. Dept.

ANY CHILD NOT PICKED UP WITHIN 10 MINUTES AFTER CAMP IS OVER WILL BE ASSESSED A LATE FEE OF \$2 PER MINUTE. FEE IS TO BE PAID TO INSTRUCTOR AT THE TIME OF PICK UP.



Camp Cool Kids & Teens

Camps for Children with Special Needs



Once again we are pleased to offer Camp Cool Kids & Camp Cool Teens. These camps are designed for the individuals with mental, physical, emotional and/ or social deficits that might prevent them from participating in other camps. Camp Cool Kids is for children 3-11 years old and Camp Cool Teens is for teens 12-19. Activities for the campers including swimming at the Cumming Aquatic Center, arts and crafts, and indoor and outdoor games. Camp Cool Teens will also take trips in the community for recreational activities if possible. This

years camps promise to provide fun activities in a safe environment. Most of our counselors have been with Camp Cool Kids and Teens for many years and are in college or have graduated.

All counselors are CPR trained and First-Aid certified. Camp Cool Kids & Teens are proudly sponsored by Cumming Recreation & Parks Department. Each camper will receive his or her own backpack suitable for carrying their bathing suit, towel and lunch.

MUST COME IN THE OFFICE TO REGISTER

437 Pilgrim Mill Rd. Cumming, GA 30040



CAMP COOL KIDS SESSIONS

Age 3-11



Session 1: June 3-6 9:00am-1:00pm

Session 2: June 10-13 1:00pm-5:00pm

Session 3: June 17-20 9:00am-1:00pm

Session 4: July 8-11 9:00am-1:00pm

Session 5: July 15-18 1:00pm-5:00pm

CAMP COOL TEENS SESSIONS

Age 12-19

Session 1: June 3-6 1:00pm-5:00pm

Session 2: June 10-13 9:00am-1:00pm

Session 3: June 17-20 1:00pm-5:00pm

Session 4: July 8-11 1:00pm-5:00pm

Session 5: July 15-18 9:00am-1:00pm



Camp Cool Kids Information

- Wear bathing suit under clothing, if possible. (Do not bring extra clothes.) Life jackets and water wings are recommended but not provided.
- Must wear tennis shoes. No sandals, flip-flops or jellies are allowed. Water shoes are recommended.
- Must bring a sack lunch and drink.
- Must bring a towel.
- Put on sunscreen—We recommend 30SPF 6-hour waterproof. (This is what our lifeguards use.) Put on before you leave home—that's all they need.
- Must label all items.
- Must have a note in order to leave with anyone other than parents.
- May have an occasion to watch recorded movies. If you have any objections to movies with a PG rating, please let us know.



EACH COOL KIDS & TEENS CAMP

Bring lunch and drink each day

DAYS

Monday—Thursday

Morning Drop off no earlier than 8:45am
Afternoon Drop off no earlier than 12:45pm

COST:

\$136 (4 Days)

AGES:

**3-11 (Camp Cool Kids)
12-19 (Camp Cool Teens)**

LOCATION:

**Cumming Recreation
Department Building**



Dance Camps



3 DAY PRINCESS CAMPS

Ages 4-8 \$140

A magical three-day camp where dancers learn ballet basics in a fun environment! Play in our big princess castle while enjoying dress-up and princess-themed games. Dancers also get to participate in arts and crafts! Please remember to bring a sack lunch and drink.

Belle, Rapunzel & Cinderella

Tuesday, Wednesday, Thursday
10:00am-1:00 pm
With Instructor Sandy

Session
June 4, 5, & 6



Ariel, Mermaids and Elsa

Tuesday, Wednesday, Thursday
10:00 am-1:00 pm
With Instructor Sandy

Session
June 11, 12, & 13



Belle, Rapunzel & Cinderella

Monday, Wednesday, Friday
10:00 am-1:00 pm
With Instructor Andrea

Session
June, 24, 26 & 28



Magical Fairies, Unicorns & Sleeping Beauty

Tuesday, Wednesday, Thursday
10:00am-1:00pm
With Instructor: Sandy

Session
July 9, 10 & 11



Sleeping Beauty, Jasmine and Elsa

Monday, Wednesday, Friday
10:00am-1:00pm
With Instructor Andrea

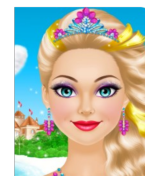
Session
July 15, 17 & 19



Moana & Ariel Tropical Princesses

Monday, Wednesday, Friday
10:00 am-1:00 pm
With Instructor Andrea

Session
July 22, 24 & 26



PRINCESS/ DANCE BIRTHDAY PARTIES



Parties are held in the Dance Room on available Saturdays for ages 3+. You provide party refreshments, table decorations and supplies. We provide dress up costumes, props galore, and a unique Princess castle, dance teacher and more. A Dance Instructor will personally call you to discuss other details and information. Such a fun, memorable event. Cost is \$215.00 for 1 1/2 hours for up to 8 children (\$10.00 per additional child.)



Call 770-781-2030 to book your child's party.



Dance Instructors

Instructor Sandy Griffin has been a dance educator for over 40 years and is beginning her 21st year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginning-professional levels at the Royal Ballet School in London, England and the United States. Sandy has also had 20 years of extensive training and performing in the French, Italian, Russian and Cecchetti style of ballet.

Instructor Andrea Mosher began dancing at the age of three with the CRPD dance program. While in the program as a student she discovered her love for teaching while assisting with various classes. Andrea attended many master classes and intensives at Brenau University, Kennesaw State, and Bandan Koro. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production.

Instructor Jennifer Spencer danced for 14 years under the direction of Joanne Plimpton, who implemented the Al Gilbert school of technique in tap, jazz & ballet. During that time, Jennifer taught under Ms. Plimpton as well. She attended the University of Alabama, where she danced under the instruction of Cornelius Carter, a former member of the Alvin Ailey Dance Theatre. Also, the respected Edie Barnes (who was a transforming factor in the dance program at Alabama) was a mentor and teacher. Jennifer is currently a teacher & coach at Denmark High School in Forsyth County.

Instructor Virginia Harrington began dancing with the CRPD dance program at the age of 3, where she quickly learned the love or the art of dance. Over the years she has assisted with Ms. Andrea's classes and is passionate about providing younger students a strong foundation of beginning ballet technique in fun age appropriate environment.

Instructor Lily Pittman discovered her passion for dance when she dropped into a Lyrical class in 2013. In 2014 she enrolled in the Sawnee School of ballet. In 2018 she began teaching Jazz, Lyrical, Creative Movement, Ballet, Pointe, Tap, Acro Dance and her favorite Irish. Lily also enjoys performing and choreographing dance for community theatres musicals.



Class Descriptions



FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement & music, using simplified ballet steps and lots of imagination.

BALLET—Classical ballet classes will sharpen dancers' skills, build strength, and help them progress during the summer.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

CREATIVE MOVEMENT—A creative movement class is one of the few activities that offers children a non-competitive environment providing experiences that strengthen every area of learning. Combine this with beginning ballet and you have the perfect pairing as ballet is the foundation of all dance.

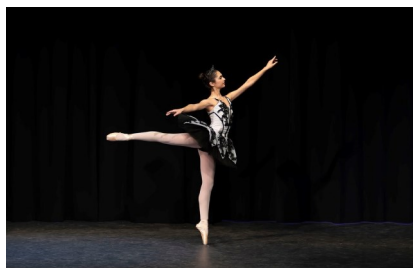
LYRICAL BALLET—Combines elements of ballet, jazz & modern dance inspiring emotional expression using liting, controlled movements. Contemporary skills and movements included.

HIP-HOP—Classes designed to include clean and acceptable hip-hop movement. Improves strength, stamina, & coordination.

JAZZ—A class of fun and fast-paced movements in which dancers will learn isolations, conditioning, and across-the-floor movements. Students will enjoy learning new techniques and combos.

POINTE BALLET—This class will continue strengthening pointé techniques plus expand knowledge and appreciation of classical ballet.

POINTE CONDITIONING AND STRETCH—Dancers will pair strength training, flexibility and pointe work. By strengthen the correct muscle and stretching dancers can increase their range of motion and improve overall technique. In the class along with intensive pointe work, students will work on strengthening their core, legs and arms and work on their overall flexibility.



SUMMER DANCE CLASSES

LOOKING FOR OPTIONS THIS SUMMER? WE NOW OFFER 3 DAY A WEEK CLASSES TO FIT EVERY SCHEDULE. SIGN UP FOR JUST 1 WEEK OF CLASSES OR FOR MULTIPLE WEEKS TO DANCE THROUGHOUT THE SUMMER.

All classes held at 437 Pilgrim Mill Rd. Cumming, GA 30040

3 DAY A WEEK CLASSES

Tuesday, Wednesday & Thursday
With Instructor Sandy

FAIRY PRINCESS BALLET

AGE 3-5	JUNE 4, 5 & 6	1:30-2:15 PM	\$38
AGE 4-6	JUNE 11, 12 & 13	1:30-2:15 PM	\$38
AGE 4-6	JULY 9, 10 & 11	1:30-2:15 PM	\$38

BALLET / TAP

AGE 4-6	JUNE 4, 5 & 6	2:15-3:00 PM	\$38
AGE 4-6	JUNE 11, 12 & 13	2:15-3:00 PM	\$38
AGE 4-6	JULY 9, 10 & 11	2:15-3:00 PM	\$38

COMPANY RISING 4 & 3

	JUNE 4, 5 & 6	3:00-4:00 PM	\$50
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BALLET/POINTE COMPANY RISING 2 & 1

	JUNE 11, 12 & 13	3:00-4:15 PM	\$63
	JULY 9, 10 & 11	3:00-4:15 PM	\$63



3 DAY A WEEK CLASSES

Monday, Wednesday & Friday
With Instructor Andrea

TWINKLE TOTS

AGE 3	JULY 15, 17 & 19	1:30-2:00 PM	\$25
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FAIRY PRINCESS BALLET

AGE 3-5	JUNE 24, 26 & 28	1:30-2:15 PM	\$38
AGE 3-5	JULY 22, 24 & 26	1:30-2:15 PM	\$38

BALLET / TAP

AGE 5-7	JUNE 24, 26 & 28	2:15-3:00 PM	\$38
AGE 3-5	JULY 15, 17 & 19	2:00-2:45 PM	\$38
AGE 5-7	JULY 15, 17 & 19	2:45-3:30 PM	\$38
AGE 5-7	JULY 22, 24 & 26	2:15-3:00 PM	\$38

JAZZ

AGE 8-11	JUNE 10, 12 & 14	3:00 PM-3:45 PM	\$38
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COMPANY 5 & 4

	JUNE 24, 26 & 28	3:00 PM-4:00 PM	\$50
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POINTE/CONDITIONING & STRETCH

POINTE PREP For Fall 2024 Company 3 or with permission from the Instructor. JUNE 24, 26 & 28 4:00 -5:00 PM \$50

ADVANCED For Fall 2024 Company 2 & 1 or with permission from the Instructor. JULY 15, 17 & 19 3:30 -4:30 PM \$50

August Mini Session (4 week session)

CLASS	AGE	INSTRUCTOR	DAYS	TIME	PRICE
TWINKLE TOTS	3	Virginia Sandy Andrea Lily	Tuesday	9:30am--10:00 am	\$50
			Tuesday	3:15--3:45 pm	\$50
			Wednesday	3:45--4:15 pm	\$50
			Friday	10:15 am--10:45 am	\$50
FAIRY PRINCESS BALLET	4-5 5-6 4-8	Virginia Lily Sandy	Tuesday	10:00 am--10:45 am	\$56
			Friday	10:45 am--11:30 am	\$56
			Saturday	9:15--10:00 am	\$56
BALLET / TAP	3-4 5-6 5-8 4-6 4-5	Lily Virginia Andrea Andrea Lily	Monday	3:45 pm--4:30 pm	\$56
			Tuesday	11:00 am--11:45 am	\$56
			Wednesday	4:15--5:00 pm	\$56
			Thursday	3:45--4:30 pm	\$56
			Friday	9:30 am--10:15 am	\$56
BALLET / TAP / TUMBLE COMBO	4-6 5-8 7-9 7-9	Sandy Sandy Sandy Sandy	Tuesday	3:45--4:30 pm	\$56
			Thursday	3:45--4:30 pm	\$56
			Saturday	10:00 --10:45 am	\$56
			Thursday	4:30--5:15 pm	\$56
CREATIVE MOVEMENT BALLET	5-8	Jennifer	Tuesday	4:30--5:15 pm	\$56
JAZZ JAZZ JAZZ ADV. LYRICAL / CONTEMPORARY BEG. LYRICAL/CONTEMPORARY ADULT BALLET/LYRICAL ADULT TAP	6-8 7-11 8-12 12-17 9-14 16+ 16+	Lily Sandy Andrea Sandy Sandy Sandy Lily	Monday	4:30--5:15 pm	\$56
			Tuesday	4:30--5:15 pm	\$56
			Thursday	4:30--5:15 pm	\$56
			Thursday	5:30--6:15 pm	\$56
			Thursday	6:15--7:00 pm	\$56
			Thursday	8:00--9:00 pm	\$65
			Monday	5:30--6:15 pm	\$56
MONDAYS AUGUST 5-26	TUESDAYS AUGUST 6-27	WEDNESDAYS AUGUST 7-28	THURSDAYS AUGUST 8-29	FRIDAYS AUGUST 9-30	SATURDAYS AUGUST 10-31



Company Dance Classes



SESSION (Four-Week Session)	Tuesdays August 6—27	Wednesday August 7—28	Thursdays August 8—29	Saturdays August 10 31
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CLASS	LEVEL	INSTRUCTOR	DAY	TIME	PRICE
COMPANY BALLET (Invite only)	APPRENTICE	ANDREA	WEDNESDAY	5:00—6:00 pm	\$62
	COMPANY 5	ANDREA	WEDNESDAY	6:00—7:00 pm	\$62
	COMPANY 4	SANDY ANDREA	TUESDAY THURSDAY	5:15—6:15 pm 5:15—6:15 pm	\$62 1 Day \$102 2 Days
	COMPANY 3	Jennifer SANDY	TUESDAY THURSDAY	5:30—6:30 pm 7:00—8:00 pm	\$64 1 Day \$106 2 Days
	COMPANY 2	SANDY ANDREA	TUESDAY THURSDAY	6:15—7:30 pm 6:15—7:30 pm	\$66 1 Day \$110 2 Days
	COMPANY 1	SANDY ANDREA	TUESDAY THURSDAY	7:30—9:00 pm 7:30—9:00 pm	\$73 1 Day \$124 2 Days
	ADV COMPANY CONTEMPORARY	ANDREA	WEDNESDAY	7:00 —8:00 pm	\$62
	COMPANY TECHNIQUE	SANDY	SATURDAY	10:45 am-12:15 pm	\$73

Must have permission from the instructor in order to participate in Company Ballet. Ages 7 & Up

These are more focused accelerated ballet classes with a goal of emphasis on technique and enhanced performance skills. Dancer must be evaluated by the instructor to participate in Company Ballet.



SUMMER INTENSIVE WORKSHOPS



COMPANY 2 & 1 INTENSIVE (includes rising Company 2 dancers)

This intensive will sharpen students' technique, build essential skills & widen their experience in other genres. Each day of the intensive will include a classical ballet class with a complete barre, modern/contemporary class, and jazz class. We will also cover conditioning and healthy habits for dancers. This is a great way to prepare students for future college intensives and programs. Also, it is an opportunity for dancers to maintain & grow their dance skills during their summer break. On the last day of camp we will do a performance for the parents. Students will need to bring water and a sack lunch daily.

JUNE 17, 18, 19 & 20

Monday-Thursday 10:00 am—3:00 pm

Ages: 13 to 18 Instructor: Andrea

Cost: \$280

Mini Intensive Company 4 & 3 (includes rising Company 4 dancers)

This Intensive workshop is a wonderful opportunity for dancers to study Ballet Technique, Jazz, and Lyrical/contemporary genres. Strengthening technique and exposing dancers to other genres will help them to become well rounded dancers, which is essential. We will have a daily Ballet & Conditioning class and also learn a "dance" for each genre. There will be special performance on Thursday, July 18th at 1:45 pm for parents and guests. Students need to bring water and a sack lunch daily

JULY 16, 17 & 18

Tuesday-Thursday 10:00 am-2:00 pm

Ages: 9 to 13 Instructor: Sandy

COST: \$168



PICKLEBALL CAMP

AGE 8-14

Register at www.crpdonline.com

The sport of Pickleball increased in players by 14% in 2023 making it the fastest growing sport in the United States. Get your children involved in this amazing game with a one-week camp that is filled with exercise and excitement. We will teach everyone the game, but most importantly we will have fun. In addition to Pickleball court activities, we'll play other games indoors and outdoors. All equipment will be provided. **Please bring a water bottle and a light snack.** The class is run by Coach Chris Harris from Paddle Pros Pickleball Academy. Chris holds certifications from the Professional Pickleball Registry as well as the U.S. Center for SafeSport allowing him to train and protect youth athletes.

Questions? chris@paddlepros.net www.PaddlePros.net 404-259-6624

SESSIONS

June 3rd-7th	9:00 am-12:00 pm	\$175
June 10th-14th	9:00 am-12:00 pm	\$175
June 10th-14th	1:00 pm-4:00 pm	\$175



PICKLEBALL CLASSES

INTRODUCTION TO PICKLEBALL

This 5 week course will introduce you to the game of Pickleball. You'll be hitting the ball by the end of class #1 and you'll be ready for recreational play by the end of class #5. No experience necessary. Come ready for fun, light exercise and a chance to make new friends while you learn to play. All equipment provided during lessons.

WEDNESDAYS, APRIL 17—MAY 15

10:00 AM—11:00 AM

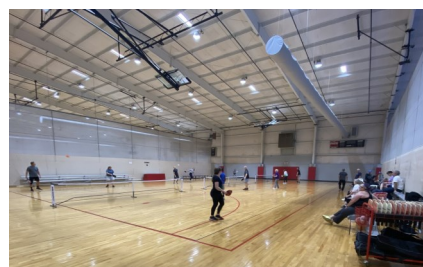
Cost: \$100 Age 18+

PRIVATE LESSONS

Available for all ages.

Contact Chris Harris for details.

404-259-6624





Bulldog Basketball Camps

(Ages 7—14)

Forsyth Central's head basketball coaches will again lead Basketball Camps sponsored by the Cumming Recreation & Parks Department for boys & girls ages 7 to 14 this summer.

Camp sessions will stress fundamental skills, and will feature team play, one-on-one competition, and other skill contests.

Forsyth Central HS Varsity Coaches will lead the camps.



GIRLS CAMP: June 24th-27th

DAYS: Monday-Thursday

TIME: 9:00 am—12:00 pm

COST: \$145

INSTRUCTOR: Antonio Wade

BOYS CAMP: July 8th-11th

DAYS: Monday-Thursday

TIME: 9:00 am—12:00 pm

COST: \$145

INSTRUCTOR: Brandon Hutchins

LOCATION: Dobbs Creek Recreation Center

FUNDAMENTALS CAMPS

CRPD is pleased once again to offer FUNDamentals athletics camps. These camps are designed to offer basic introduction to a different sport each day of the week. Campers will get to try their hands at a variety of different sports over the course of the week. Campers will be dropped off at the Dobbs Recreation Center each morning. Campers will engage in sports in the mornings, have lunch at the Recreation Center and then will be transported to the Cumming Aquatic Center for swimming and fun. They will also take a trip to Sawnee Mountain Preserve (weather permitting,)

Parents will pick up their campers at the Cumming Aquatic Center each day.

Session 1: June 24—27

DAYS: Monday — Thursday

TIME: 8:30 am—4:30pm

AGES: 7—12 yrs.

COST: \$190 per week

INSTRUCTOR: Kristen Barinowski

DROP OFF: 8:30 am @ Dobbs Creek Recreation Center

PICK UP: 4:30 pm @ Cumming Aquatic Center

Session 2: July 15—18



ANY CHILD NOT PICKED UP WITHIN 10 MINUTES AFTER CAMP IS OVER WILL BE ASSESSED A LATE FEE OF \$2 PER MINUTE. FEE IS TO BE PAID TO INSTRUCTOR AT THE TIME OF PICK UP.



Gymnastics Class Descriptions



MOM/POP AND TOT—A fun time for parents to interact with their toddler as they're introduced to gymnastics & motor skills on their level. All apparatus used are kid friendly for age and size. Ages 15 mos—2 1/2 years.

MINI TOTS—This class is just for toddlers, helping them develop gymnastics and motor skills on their level. This class would also help children enhance their listening and social skills in a structured and fun atmosphere. All apparatus used are kid friendly for age and size. Ages 2 1/2—3 1/2 years.

TT1/TT2/TT3—Gymnastic classes that use all gymnastics equipment and introduces basic skills and progressions appropriate for the ages and abilities. TT1 Ages 3 1/2—4 1/2 years; TT2 Ages 4 1/2—5 1/2 years; TT3 Ages 5 1/2—6 1/2 years. (When your child reaches the maximum age for Tumble Tigers, consult with instructor before signing up for next level of Tumble Tigers.)

MINI TEAM—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 4—5 1/2 years. *Must be evaluated.*

TUMBLE TIGERS 4—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 5—7 years. *Gymnast must be evaluated.*

GIRLS GYMNASTICS 1—5 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnast begin with Girls Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

BOYS GYMNASTICS 1—2 (Progressive) - A set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Gymnast begin with Boys Gym 1 and must complete an evaluation to progress to the next level. Ages 5 1/2 & Up.

TEAM BOYS/GIRLS (Groups/Levels) - These classes are for the Competitive Teams, which travel to local gyms to compete against other teams. Gymnasts must be evaluated by the instructor to participate on team.

GYMNASTIC BIRTHDAY PARTIES



Did you know we offer Gymnastic Birthday parties?

It's the best kept secret around.

If you are interested in having a birthday party

for your child please contact:

Janelle Tencza at

janelletencza@gmail.com

or call 770-781-2030

Cost is \$200 for 13 children and \$10 each

additional child. Parties must be

booked through Janelle.

Availability varies from season to season.



GYMNASTICS

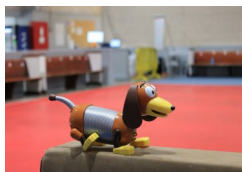
June - August



CLASS	AGE	INSTRUCTOR	DAY	TIME	JUNE/ AUG	JULY
MOM, POP & TOTS	15 Months— 2 1/2 Years	Janelle	Tuesday Wednesday Wednesday Friday*	9:30—10:00 am 10:10---10:40 am 5:30—6:00 pm 9:30—10:00 am*	\$53	\$42
MINI TOTS	2 1/2—3 1/2	Janelle	Tuesday Tuesday Wednesday Wednesday Thursday Friday*	10:10—10:40 am 4:30—5:00 pm 9:30—10:00 am 11:40—12:10 pm 5:10—5:40 pm 10:10—10:40 am*	\$53	\$42
TUMBLE TIGERS 1	3 1/2—4 1/2	Janelle	Tuesday Wednesday Wednesday Thursday Friday*	10:50—11:30 am 10:50—11:30 am 3:30 —4:10 pm 4:20—5:00 pm 10:50—11:30 am*	\$58	\$47
TUMBLE TIGERS 2	4 1/2—5 1/2	Janelle	Tuesday Tuesday Thursday Friday*	11:40 am—12:20 pm 5:10—5:50 pm 3:30—4:10 pm 11:40 am—12:20 pm*	\$58	\$47
TUMBLE TIGERS 3	5 1/2—6 1/2	Janelle	Tuesday Wednesday	3:30—4:20 pm 6:10—7:00 pm	\$62	\$50
TUMBLE TIGERS 4 <small>Must be evaluated.</small>	5—7	Janelle	Tuesday Wednesday	6:00—7:00 pm 4:20—5:20 pm	\$68	\$54
MINI TEAM <small>Must be evaluated</small>	4—5 1/2	Janelle	Wednesday Thursday	1:30—2:30 pm 5:50—6:50 pm	\$68	\$54

*** Denotes August-Only Class**

Janelle Tencza is the lead instructor of our early childhood gymnastics program. She grew up in Milton, GA and has been involved in the sport of gymnastics for over 40 years as a gymnast and coach. She has taught classes and teams for Trish Merck and Coach Deven Pressley for over 15 years here at the Cumming Recreation and Parks Department. She graduated from Brigham Young University with a degree in Athletic Training & Sports Medicine and is currently a member of USA Gymnastics and AAU Gymnastics.



June & August 4 week sessions. July 3 week session.

Summer Gymnastics Class Session Dates



<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
June 4—25 July 9—23 August 6—27	June 5—26 July 10—24 August 7—28	June 6—27 July 11—25 August 8—29	August 9—30

All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway

GYMNASTICS CAMPS

JUNIOR GYM & SWIM

(Ages 5—8)

This camp will include various aspects of gymnastics including bar, balance beam, tumbling, springboard, vault and obstacle course. This class is designed for all skill levels. Gymnasts will do 1 1/2—2 hours of gymnastics each day and will swim and at the Aquatic Center.

They will also receive their own bag suitable for carrying their bathing suit, towel, and lunch.

Campers will be picked up daily at the Cumming Aquatic Center
201 Aquatic Circle
Cumming GA 30040.

Session 1 June 10—14
 Session 2 June 24—28
 Session 3 July 15—19



DAYS: MONDAY—FRIDAY
 TIME: 9:00 am—12:00 pm
 COST: \$150 includes T-shirt & bag.
 AGES: 5—8
 LOCATION: Dobbs Creek Rec Center
 INSTRUCTORS: Misty & Staff

GYM & SWIM

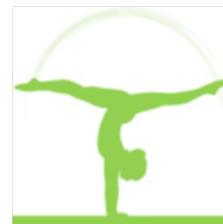
(Ages 7—12)

This camp will include various aspects of gymnastics including bar, balance beam, tumbling, springboard & vault and obstacle course. Gymnasts will be divided according to skill level.

Gymnast will do 3-4 hours of gymnastics daily and will swim at the Aquatic Center. They will also receive their own bag suitable for carrying their bathing suit, towel, and lunch.

Campers will be picked up daily at the Cumming Aquatic Center
201 Aquatic Circle
Cumming GA 30040.

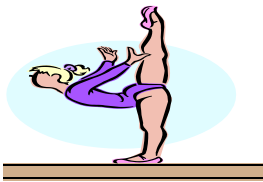
Session 1 June 3—7
 Session 2 June 17—21
 Session 3 July 8—12
 Session 4 July 22—26



DAYS: MONDAY—FRIDAY
 TIME: 9:00 am—2:00 pm
 COST: \$175 includes T-shirt & bag.
 AGES: 7—12
 LOCATION: Dobbs Creek Rec Center
 INSTRUCTORS: Misty & Staff

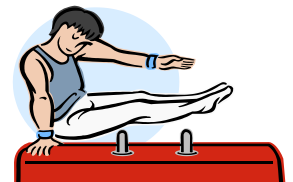


ANY CHILD NOT PICKED UP WITHIN 10 MINUTES AFTER CAMP IS OVER WILL BE ASSESSED A LATE FEE OF \$2 PER MINUTE. FEE IS TO BE PAID TO INSTRUCTOR AT THE TIME OF PICK UP.



Gymnastics Class Schedule

Age 6+



June, July & August

CLASS	DAY	TIME	JUNE	JULY	AUG.
GIRLS GYM 1	MONDAY	*11:30 am—12:20 pm			
	TUESDAY	5:10 pm—6:00 pm	\$62	\$50	\$62
	TUESDAY	7:00 pm—7:50 pm			
	THURSDAY	5:45 pm—6:35 pm			
GIRLS GYM 2 / 3	TUESDAY	6:00 pm—7:00 pm	\$68	\$54	\$68
	WEDNESDAY	*8:30 am—9:30 am			
	THURSDAY	4:45 pm—5:45 pm			
BOYS GYM	TUESDAY	7:00 pm—7:50 pm	\$62	\$50	X
	THURSDAY	3:30 pm—4:20 pm			
TUMBLING 1	MONDAY	5:10 pm—6:10 pm	\$62	\$50	\$62
TUMBLING 2	MONDAY	6:00 pm—7:00 pm	\$62	\$50	\$62

*Denotes June and July Only.

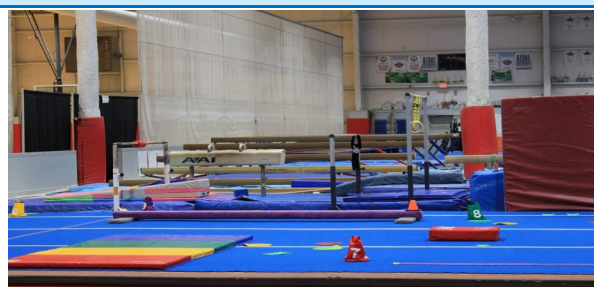
Gymnastics Instructor Deven Pressley

Deven is the lead instructor of our older gymnasts and has been with the CRPD gymnastics program for 30 years. She is a member of USA Gymnastics and Amateur Athletic Union. Through USAG, she is Safety Certified, has completed the USAG University's School of Recreational gymnastics, and is a certified meet director. She has also completed the Positive Coaching Alliance course. She attended Gainesville College, majoring in Physical Education.

June & August classes will be a 4-week Session; July classes will be a 3-week session

<u>DAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
June 3—24 July 8—22 August 5—26	June 4—25 July 9—23 August 6—27	June 5—26 July 10—24 August 7—28	June 6—27 July 11—25 August 8—29

All Classes Held at Dobbs Creek Recreation Center at 1115 Dahlonega Highway





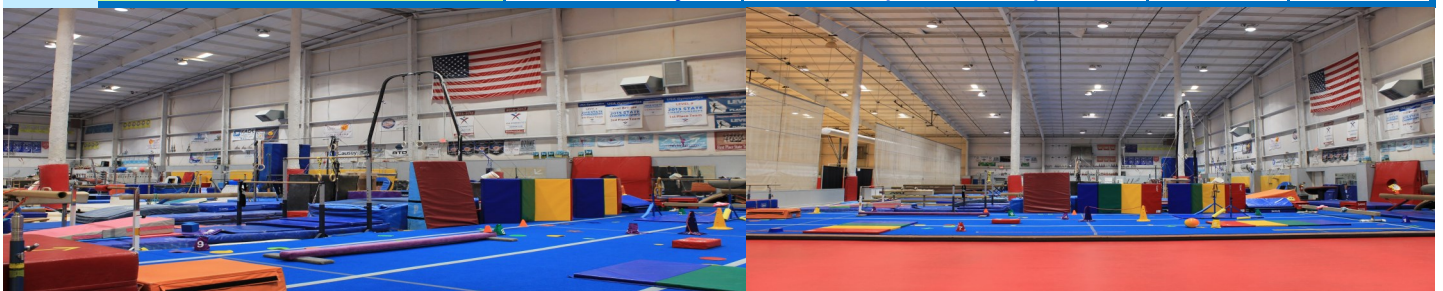
TEAM GYMNASTICS

SUMMER SCHEDULE



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
June 3—24 July 8—22	June 4—25 July 9—23	June 5—26 July 10—24	June 6—27 July 11—25	June 7—28 July 12—26

AGE GROUP / CLASS		DAY	TIME	JUNE 4 WKS.	JULY 3 WKS.
GYMNASTS MUST BE EVALUATED BY INSTRUCTOR	GIRLS BURGUNDY	Monday Tuesday Thursday Friday	9:00 am—1:00 pm 4:00 pm—8:00 pm 8:00 am—12:00 pm 9:00 am—1:00 pm	\$346	\$260
	GIRLS TEAL	Monday Tuesday Thursday	9:00 am—1:00 pm 4:00 pm—8:00 pm 8:00 am—12:00 pm	\$281	\$216
	GIRLS BLUE	Monday Tuesday Thursday	9:00 am—1:00 pm 4:00 pm—8:00 pm 12:00 pm 4:00 pm	\$281	\$216
	GIRLS PINK	Monday Tuesday Thursday	11:30 am—3:00 pm 8:00 am—11:30 pm 2:00 pm—5:30 pm	\$256	\$200
	GIRLS ORANGE	Monday Wednesday Friday	11:30 am—2:30 pm 8:00 am—11:00 am 11:30 am—2:30 pm	\$245	\$190
	GIRLS RED	Monday Wednesday Thursday	8:00 am—11:00 am 10:00 am —1:00 pm 10:30 am—1:30 pm	\$245	\$190
	GIRLS NAVY	Monday Wednesday	8:30 am—11:30 am 12:30pm—3:30 pm	\$180	\$135
	GIRLS WHITE	Tuesday Thursday	12:00 pm—2:30 pm 8:00 am—10:30 am	\$150	\$113
	GIRLS PURPLE	Monday Wednesday	1:00 pm—3:30 pm 9:30 am—12:00 pm	\$150	\$113
	GIRLS LAVENDER	Monday Wednesday	3:00 pm—5:00 pm 8:00 am—10:00 am	\$120	\$90
	BOYS BLACK	Monday Tuesday Thursday	3:00 pm—6:00 pm 4:00 pm—7:00 pm 4:20 pm—7:20 pm	2 day/\$180 3 day/\$245	2 day/\$136 3 day/\$190





Horseback Riding Camps & Lessons



Blue Springs Farm
9533 Old Preserve Trail,
Ballground, GA 30107

Are you looking for a great summer camp for your child? Blue Springs Farm has the answer! Our summer camps will help your child grow, learn responsibility, and most importantly, understand the beauty of owning and taking care of a horse. The camps are for boys and girls with any level of experience, ages 5 & up. They will learn the skills of general safety, horsemanship, and the main responsibilities of caring for a horse.

It's a true day out on the farm. Camps start with lessons in the morning and trail riding in the afternoon. They are exposed to both Western & English style of riding. On the final day of camp, family members are invited to come watch their children and see what they have learned.

Instructor Marcy Blue has been teaching and showing horses for over 30 years. She has a farm in Forsyth County where she hosts the Forsyth Central Equestrian Team. She has also taught lessons through Kennesaw College. She features a World Champion among her students and several Top Ten world placements.

REGISTER NOW
FOR APRIL CLASSES AND
SPRING BREAK CAMP

**SPRING BREAK
HORSEBACK RIDING CAMP**
AGE 5+
APRIL 1-5 9AM-3PM
\$425
BRING A LUNCH.

SPRING HORSEBACK RIDING LESSONS
\$227 per session

Youth-Beginners (Ages 6-17 yrs.)

Mondays April 8-29
6:00pm-7:30pm

Tuesdays, April 9-30
3:30pm-5:00pm

Mom's Morning Out
Wednesdays, April 10-1

Saddle Up



Horseback Summer Camps

June 3—June 7	July 1—July 5
June 10—June 14	July 8—July 12
June 17—June 21	July 15—July 19
June 24—June 28	July 22—July 26

DAYS: MONDAY—FRIDAY
TIME: 9:00 am—3:00 pm
COST: \$425 per week
AGES: 5 & up
LOCATION: Blue Springs Farm
9533 Old Preserve Trail
Ball Ground
INSTRUCTOR: Marcy Blue
WEBSITE: www.bluespringsfarm.net





Self Defense / Hapkido

Hapkido is a Korean Martial Arts that incorporates Judo, Jujitsu, and Tae Kwon Do into its self defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment.

Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking, and various combinations. Not only will they learn self defense, but they will also learn self respect, self control, self discipline, and the respect of others.

Hapkido Instructor Frankie MacDonald

Frankie has studied Hapkido, the Korean Martial Art of Self Defense, since 1997 and is a fifth degree Masters. The Cumming Recreation and Parks Department is excited to have Frankie working with our youth and adult Hapkido Self Defense programs.

 <p><u>ADULT CLASS</u> <u>SESSIONS</u> (6-week sessions) Mondays March 18-April 22 April 29-June 10 (No class May 13) June 17-July 29 (No class July 1) August 12-September 16</p> <p>DAY: MONDAY TIME: 6:00—7:30 pm AGES: 12 & up COST: \$68 LOCATION: Dobbs Creek Recreation Center INSTRUCTORS: Frankie MacDonald, 5th Degree Masters Asst. Patrick Thurman, 3rd Degree Black Belt</p>	<p><u>YOUTH CLASS</u> <u>SESSIONS</u> (6-week sessions) Tuesdays March 19-April 23 April 30-June 11 (No class May 14) June 18-July 30 (No class July 2) August 13-September 17</p>  <p>DAY: MONDAY TIME: 4:30—5:30 pm Advanced</p> <p>TUESDAY 5:30—6:30 pm 7 & up 6:30—7:30 pm Intermediate</p> <p>COST: \$62 LOCATION: Dobbs Creek Recreation Center INSTRUCTORS: Frankie MacDonald, 5th Degree Masters Asst. Patrick Thurman, 3rd Degree Black Belt</p>
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MAYOR OF CUMMING

Troy Brumbalow

CITY ADMINISTRATOR

Phil Higgins

CITY COUNCIL

Joey Cochran

Chad Crane

Jason Evans

Susie Charles-Carr

Christopher Light

RECREATION DEPARTMENT STAFF

Jeremy Howell, Director

Angie Maupin, Administrative Assistant

Michelle Honea, Program Coordinator

Dee Gravitt, Event Coordinator

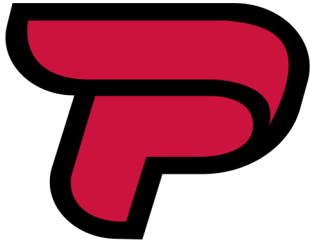
Josh Smith, Athletic Coordinator

Jack Search, Maintenance Coordinator

Mark Campfield, Maintenance Assistant

Clay Cannon, Dobbs Creek Supervisor





Prolink Volleyball

Prolink Volleyball Club is now offering Youth/Adult Volleyball in coordination with C.R.P.D. at the Dobbs Creek Recreation Center. Contact **Prolink Volleyball Club** directly with inquiries, tryouts and registration .

Website: <https://prolinkvbc.com>

Email: info@prolinkvbc.com

Phone: 404-884-8115

Prolink Volleyball Club was started in 2007 by Michael Carter (Coach Mike) and has grown to be one of the premier junior club volleyball organizations in Georgia. They will offer youth and adult volleyball programs that include club teams, leagues, camps, private instruction, and much more.

VOLLEYBALL CAMP

For information and costs associated with volleyball camp go to their website prolinkvbc.com

Register at <https://prolinkvbc.com>

Session 1 June 10th-12th 9:00 am-1:00 pm

Session 2 June 17th-19th 9:00 am-1:00 pm



**DOBBS CREEK
RECREATION CENTER**
1115 Dahlonega Hwy.



Open Gym

Basketball-Volleyball-Pickleball-Walking

\$4 drop in fee.

Passes available for purchase.

For our current OPEN GYM policies and hours please see our website

www.crpdonline.com

COURT RENTALS

Please contact [Josh Smith.j.smith@cityofcumming.net](mailto:j.smith@cityofcumming.net)

770-781-2030 for information.

*Gym availability is determined by
Recreation Programs.*

REGISTRATION INFORMATION

Registration & Refunds

All athletics, programs, and special events are provided for all citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled by CRPD and a full refund will be issued. Registration is complete upon receipt of payment to the Recreation Department.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office: CRPD charges a 8% non-refundable administrative fee for the withdrawal from any Recreation Program/Activity even if adequate notice is provided.

- 5 working days prior to the first day of Camps
- 2 working days prior to the first day for all other programs
(Please allow a minimum of 3 weeks for refund processing of cash/checks.)

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin.

Helpful Hints for Registering Online

The Cumming Recreation and Parks Department Online Registration System provides more flexibility for our customers. Anyone who has not participated in a Recreation Department program will need to create an online account in order to register.

You may go to www.crpdonline.com and click on **REGISTER FOR ACTIVITIES** to be taken to the Online Registration Site. Please bookmark this page for future reference. Once there, simply click on Create Account and follow the instructions.

Registration for Summer Programs will begin **Monday, April 15 at 8:30 am**. At that time, customers may begin registering for programs both online and via walk-in registration at the Cumming Recreation Department's Main Office at 437 Pilgrim Mill Road.

EASY WAYS TO REGISTER

Register Online

Online Registration is available by going to our website

www.crpdonline.com

Click the **REGISTER FOR ACTIVITIES** icon at the top of the page. Create an account and register without leaving your home.

Walk-In

Monday—Friday 8:30 am—4:30 pm
Cumming Recreation & Parks Department
Office

will be closed on the following holidays:
Memorial Day (May 27)
Independence Day (July 4)

**ALL REGISTRATION IS ON A
FIRST-COME, FIRST-SERVE BASIS**

If you plan on utilizing walk-in registration and have not already created an account on-line, please take time to completely fill out a registration form. This will expedite the data input process.

To register for programs online, go to www.crpdonline.com, click on **Activities** and search for the programs you are interested in. Narrowing your Search keywords will limit the number of results. For example, if you Search for "Gymnastics", all Gymnastics classes will be displayed; if you Search "Mini Tots", then only the Mini Tots classes will be returned. Follow the instructions & prompts to complete your registration online from the comfort of your own home.