

Cumming Recreation and Parks Department



*Find
Your
Passion
here!*

Fall 2024-Spring 2025
Program Guide



**Providing Quality Recreational
Programming Since 1972**



The Director's Corner,

Back to school... going from one hectic season to another. I know the kids are not ready to go back so quickly, and maybe the parents have some mixed emotions about it, but with that being said, we turn the page to a new season. I know that we had a great summer full of fun and learning in all of our camps and classes and we will keep the fun rolling along with our Fall and Winter programs. We will still be offering great programs for the Fall and Winter such as recreational and competitive gymnastics, as well as dance, art, and adult fitness classes.

Cumming Recreation and Parks Department programs continue to grow and thrive due to the great instructors and teachers that lead our classes and programs. Many of our instructors have decades of experience which really elevates our programs to a next level. Our dance program is a step above due to the love and passion of Sandy Griffin and Andrea Mosher. Under their direction our dance program continues to excel and grow. Due to this growth, we are pleased to welcome Lilly Pittman and Virginia Harrington to our dance team, adding to our decades of dance experience. Lilly and Virginia are being brought on for instructing dance classes for children as well as adults of any skill level.

You may start to notice that some things will be different with our competitive and recreational gymnastics program as we have partnered with Incoming Gymnastics. Owners Rae and Tyler Barnes, who will now be leading our older youth recreational and Incoming Team gymnastics programs starting in August. Coach Rae has been with the Cumming Recreation and Parks Department many years and will be a great asset in helping your child grow in gymnastics. Coach Rae started in our gymnastics program at the age of 3 years old with her mother as an instructor and has taught gymnastics for the better part of 15 years. Coach Rae and Incoming Gymnastics will continue to offer City of Cumming and Forsyth County residents an unmatched gymnastics program. Speaking of unmatched gymnastics programs that foster the love of gymnastics, that instructor would be Janelle Tencza, leader of our youngest gymnast. Her classes are the starting block for our gymnastics program, and we have had many join at Mom, Pop & Tot classes and continue through to competing in national competitions. Janelle has been an integral part of our gymnastics program for well over 20 years and continues to plant the seed of gymnastics and cultivate this into extraordinary gymnasts.

One of our biggest and well-known athletic programs will be starting in the Late Fall as well... the CRPD Youth Basketball League. The CRPD Youth Basketball League is one of the longest running basketball programs in our area. This league is offered to both boys and girls ages 5-16 and all skills levels. This year we are adding to this program our first ever 5 and 6-year-old basketball league play. This age group will have practices as well as games just like our older age groups. We hope that this 5 and 6-year-old basketball league, just like our other age divisions, will be a stepping stone in helping foster the love of the game and give your child another opportunity to be active.

Cumming Recreation and Parks Department will again partner with ProLink Volleyball for its 2nd season in offering their very popular volleyball leagues and club play to those interested in growing their skill on the court. We will also be partnering with Paddle Pros Pickleball in offering lesson to beginners and advanced players to grow and foster a love for one of the fastest growing sports in the nation. We will also be having adult pickleball leagues for all skill levels for the player that is up for competition and for the camaraderie. For those that just want to drop in to play some pick-up basketball, pickleball, or volleyball, we have open gym times and memberships to satisfy your need for competition or just to stay active. Speaking of staying active, we have fitness classes that can really get you moving. Our fitness instructors are motivating teachers, in an environment that is more like being with your family. Our classes are definitely a workout, but also a social workout. Come join us and you will see what I mean.

The Cumming Recreation Department invites you to come take a look at what all we have to offer. We think that you will find quality and value in the many programs and classes that we offer. The same quality and value we have offered for over the past 50+ years.

Sincerely,

Jeremy Howell

Jeremy Howell, Director



Cumming Recreation and Parks Department

437 Pilgrim Mill Rd. Cumming, GA 30040

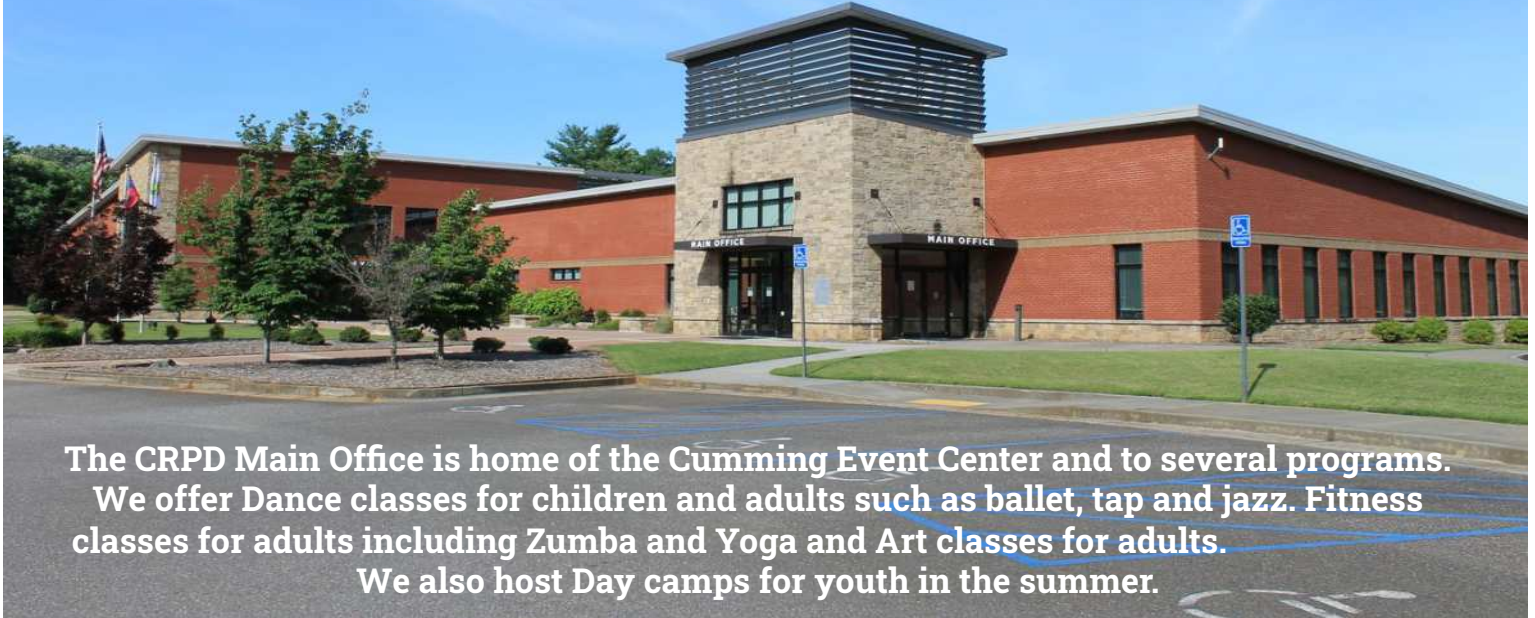
mail: PO Box 34, Cumming GA 30028

770-781-2030

crpdinfo@cityofcumming.net

www.crpdonline.com

Office hours: 8:30 am-4:30 pm Monday-Friday



The CRPD Main Office is home of the Cumming Event Center and to several programs. We offer Dance classes for children and adults such as ballet, tap and jazz. Fitness classes for adults including Zumba and Yoga and Art classes for adults. We also host Day camps for youth in the summer.



City Park Playground

Come enjoy the playground with covered pavilion. Restrooms and vending available. Pavilion tables are first come first serve. Groups using the pavilion and playground are asked to only use 2 tables.

Playground Hours
8:00 am until Dusk daily.



CUMMING EVENT CENTER

LOCATED AT 437 PILGRIM MILL RD. THE CUMMING EVENT CENTER OFFERS 4,900 SQ. FT. OF MEETING SPACE PERFECT FOR YOUR NEXT BUSINESS OR SOCIAL FUNCTION. THE FACILITY IS EQUIPPED WITH: BANQUET STYLE ROUND TABLES AND RECTANGULAR TABLES; PADDED CHAIRS; CATERING STYLE KITCHEN EQUIPPED WITH FULL SIZE REFRIGERATOR, SINK, MICROWAVE AND ICEMAKER; AS WELL AS AUDIO/VISUAL EQUIPMENT AND WI-FI ACCESSIBILITY.



MEETING ROOMS ARE AVAILABLE IN 2-HOUR BLOCKS FOR 1- AND 2-ROOM RESERVATIONS.

3- AND 4-ROOM RESERVATIONS ARE AVAILABLE IN HALF-DAY (4 HOURS) AND FULL-DAY (8 HOURS) BLOCKS ONLY. RENTAL TIME INCLUDES SETUP AND BREAKDOWN OF THE EVENT.

Event Center Rules, Regulation and Pricing

FOR AVAILABILITY & BOOKING CONTACT THE CUMMING EVENT CENTER EVENT COORDINATOR DEE GRAVITT AT 770-781-2030 DGRAVITT@CITYOFCUMMING.NET



ADULT ART CLASSES

MEET THE INSTRUCTOR: RICK RENNICK

For the 32nd year, Rick Rennick will serve as the Art Instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our classes. Portraits of animals and landscapes are his specialties, and his portrait of Secretariat was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as Search for Tomorrow and As the World Turns.

ADULT PAINTING

Ages-18 and older

This class offers study in oil, acrylics, and alkyds painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced.

New students should bring a photograph of a landscape or still life.

DAY / TIME TUESDAY 1:00–4:00 pm
COST: \$132 (There is a materials list.)
DAY / TIME WEDNESDAY 1:00–4:00 pm
COST: \$132 (There is a materials list.)



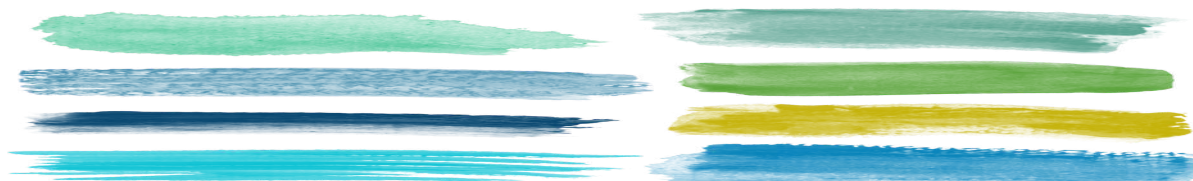
Adult Open Studio

DAY/TIME: FRIDAYS 1:00--4:00 pm
COST: \$132 (6-week sessions)
AGES: 18 yrs. and up
(There is a materials list)



*Drop In Fee \$25 for any class.

All Art classes are held at 437 Pilgrim Mill Rd. Cumming



6 Week Sessions

Tuesday Classes

Aug 20–Sept 24
Oct 1–Nov 5
Nov 19–Jan 14
(no class Nov 26,
Dec 24 & 31)
Jan 28–Mar 4
Mar 18–Apr 22
May 6–June 10

Wednesday Classes

Aug 21–Sept 25
Oct 2–Nov 6
Nov 20–Jan 15
(no class Nov 27,
Dec 25, & Jan 1)
Jan 29–Mar 5
Mar 19–Apr 23
May 7–June 11

Friday Classes

Aug 23–Sept 27
Oct 4–Nov 8
Nov 22–Jan 17
(no class Nov 29,
Dec 27 & Jan 3)
Jan 31–Mar 7
Mar 21–Apr 25
May 9–June 13

Class dates/times subject to change.

The **CRPD FITNESS PROGRAM** offers a fun, relaxed atmosphere where everyone is welcomed with a smile and encouragement. Make new friends on your wellness journey that will last a lifetime. Pay by the class or buy a pass. We are proud to offer Yoga (3 levels), Barre, Zumba, HIIT, Step Sculpt, 30/30 Strength and Flex, Total Body Workout and Strength & Cardio Pump. See the Fitness Class Schedule at crpdonline.com Fitness classes are held at 437 Pilgrim Mill Rd. Cumming.

All-In Pass

Includes All fitness classes at Cumming Recreation Department and open gym at Dobbs Creek Recreation Center.


1 Month = \$60

3 Month = \$ 140

6 Months = \$230

1 Year = \$295

Fitness 1 Class Drop = \$8

A woman with long dark hair, wearing a white tank top and black leggings, is performing a downward dog yoga pose on a bright pink mat. Her hands are flat on the mat, and her feet are also flat. Her head is tucked down, and her back is arched. The background is a light-colored wooden floor.

YOGA classes
Mon 10am/Wed 9:45am/Fri 9:45am



A combination of Latin rhythms and fun international dance steps. You will learn to love working out through dance with this upbeat class also known as a “workout in disguise!”

Monday 9:30 and Friday 8:30 am

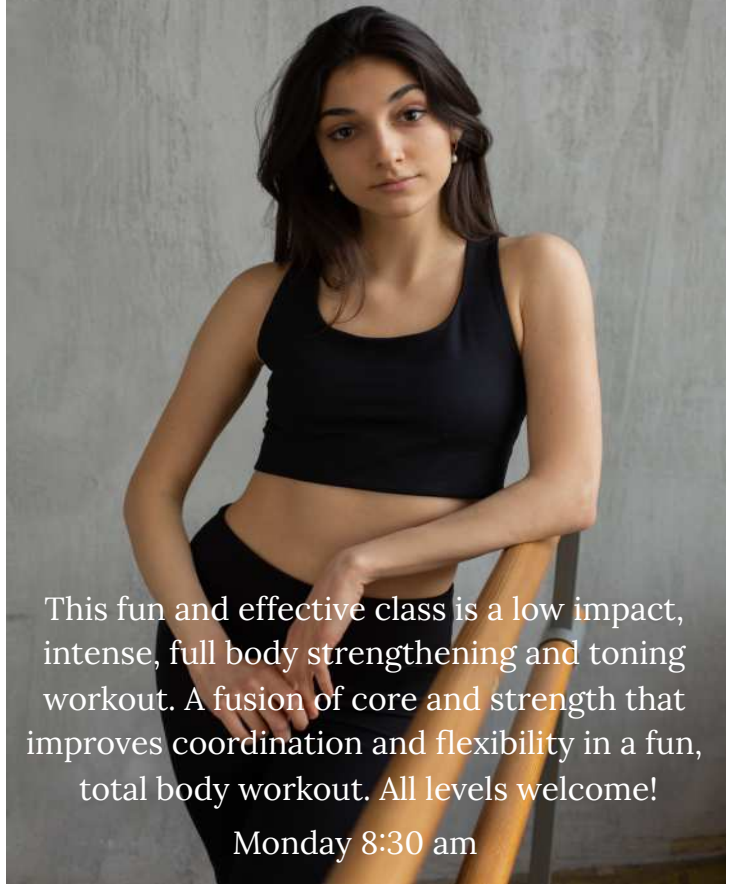
Step Sculpt

This class uses a fitness step to create a great cardio workout paired with weight training for a total body workout.

Wednesday 8:30 am



Barre



This fun and effective class is a low impact, intense, full body strengthening and toning workout. A fusion of core and strength that improves coordination and flexibility in a fun, total body workout. All levels welcome!

Monday 8:30 am



Total Body Workout

Burn fat and tone your body with this blend of low impact cardio and strength training using a variety of equipment like steps, resistance bands and lightweights. A great place to start! Thursday 5:30 pm



H.I.I.T.

High Intensity Interval Training

Multiple variations of workouts that incorporate a mix of cardiovascular and strength training to maximize the ultimate calorie burn. This class offers a challenging, total body workout to help you build strength and endurance.

H.I.I.T.

Tuesday & Thursday

2 Classes

5:00 am

and

9:30 am



Strength & Cardio Pump

A total body workout to improve cardio stamina and build muscle. Break past your personal boundaries in a positive, supportive environment set to a music tempo to motivate.

No class is ever the same!

Saturdays 9:00 am





YOGA For Strength

Runners, Athletes and Yoga Students alike will all benefit from this vinyasa-based practice. Our focus will be building strength, flexibility and balance in both body and mind.

Monday 10 am

YOGA Mix it up and Flow

Incorporates body weight and light aerobic exercises linked with yoga in a flowing series of poses that create strength, flexibility, endurance and balance. Suitable for all levels.

Wednesday 9:45 am



YOGA

This class gives you an opportunity to slow down by using slow steady breathing, holding postures and transitioning smoothly. Each class focuses on strength, balance and flexibility for a well-rounded class.

Friday 9:45 am



Let us Dance

From Twinkle Tots to Company Ballet our Instructors teach children and adults to move with purpose, creating strength, balance and flexibility.

Instructor Sandy Griffin

Sandy has been a dance educator for over 40 years and is beginning her 22nd year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginning-professional levels at the Royal Ballet School in London, England and the United States.

Instructor Andrea Mosher

Andrea began dancing at the age of three with the CRPD dance program and has now been teaching for 7+ years. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production. Andrea holds an ACE Cert. in Personal Training, 3 CLI studio certificates (choreography, strength training and injury prevention) as well as Intro to preschool dance.

Instructor Virginia Harrington

Virginia began dancing with the CRPD dance program at the age of 3, where she quickly learned a love for the art of dance. Virginia has assisted miss Andrea with several classes over the years and is passionate about providing younger students a strong foundation of beginning ballet technique in a fun age-appropriate environment. Virginia will be adding Tuesday morning classes to our dance class schedule.

Instructor Lily Pittman

Lily discovered her passion for dance while dropping into a lyrical class in 2013. From there she was hooked. In 2018 she started her journey as a dance teacher at Sawnee Ballet Theatre. Lily was an inaugural member of the Sole Tappers performance group She also loves choreographing and performing in community theatre musicals such as "The Nutcracker," "White Christmas," "42nd Street," "Holiday Inn" and "She Loves Me." Lily will be adding Monday afternoon and Friday morning classes to our dance class schedule.



Dance Class Descriptions

FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and imagination.

BALLET—Includes beginning and classical ballet techniques & skills. Develops coordination and balance. Our classes are based on the Cecchetti techniques.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

BALLET / TAP / TUMBLE COMBO—Emphasis will be on primary Ballet technique and promoting musicality, grace, poise & posture. Tap helps develop rhythmic and locomotor skills. Basic tumbling exercises will help with core strength, flexibility & balance.

JAZZ & JAZZ/TAP—Includes using feet, arms, hand positions & isolations to popular music with emphasis on timing & shape. Jazz and Tap are cousins. Tap is a percussive dance form that involves striking the floor with metal taps on the shoes. Class involves learning jazz & tap techniques & learning dance combinations.

LYRICAL BALLET—Combines elements of ballet, jazz & modern dance inspiring emotional expression using liting, controlled movements. Contemporary skills and movements included.

MODERN/CONTEMPORARY DANCE — Provides an alternative to classical ballet. Classes will include classic modern technique mixed with contemporary movements.

COMPANY BALLET—These are more focused & accelerated ballet classes with a goal of emphasis on technique and enhance performance skills. Dancer must be evaluated by instructor to participate in Company Ballet.

COMPANY TECHNIQUE - This class will intensify concentration on strengthening technique, core, balance, extensions, turns, leaps, etc.

ADULT BEGINNING BALLET / LYRICAL COMBO - A class for adults! Basic ballet techniques with lyrical dance steps & combinations. This is a great way to stretch, improve posture, and feel good moving to current inspiring music. Come join the fun!

ADULT TAP A class for adults! Basic tap techniques with dance steps and combinations. This is a great way to stretch, improve posture and feel good moving to current inspiring music.

CRPD Dance Studio 437 Pilgrim Mill Rd. Cumming, GA



Dance Class Schedule

CRPD Dance Studio 437 Pilgrim Mill Road Cumming, GA 30040

Primary Classes

TWINKLE TOTS \$75

Age 3 Inst. Virginia Tuesday 9:30 --10:00 am
 Age 3 Inst. Sandy Tuesday 3:15 -3:45 pm
 Age 3 Inst. Andrea Wednesday 3:45--4:15 pm
 Age 3 Inst. Lily Friday 10:15--10:45 am



FAIRY PRINCESS BALLET \$85

Age 4-6 Inst. Virginia Tuesday 10:00-10:45 am
 Age 5-7 Inst. Lily Friday 10:45 -11:30 am
 Ages 4-7 Inst. Sandy Saturday 9:15--10:00 am



BALLET / TAP \$85

Age 3-4 Inst. Lily Monday 3:45-4:30 pm
 Age 5-6 Inst. Virginia Tuesday 11:00-11:45 am
 Ages 5-8 Inst. Andrea Wednesday 4:15-5:00 pm
 Ages 4-6 Inst. Andrea Thursday 3:45-4:30 pm
 Ages 4-5 Inst. Lily Friday 9:30-10:15 am

BALLET / TAP / TUMBLE COMBO \$85

Ages 4-6 Inst. Sandy Tuesday 3:45-4:30 pm
 Ages 5-8 Inst. Sandy Thursday 3:45 -4:30 pm
 Ages 7-9 Inst. Sandy Thursday 4:30-5:15 pm
 Ages 7-9 Inst. Sandy Saturday 10:00-10:45 am

JAZZ \$85

Age 6-8 Inst. Lily Monday 4:30-5:15 pm
 Age 7-11 Inst. Sandy Tuesday 4:30-5:15 pm
 Age 8-12 Inst. Andrea Thursday 4:30-5:15 pm



BEG. LYRICAL / CONTEMPORARY \$85

Ages 9-14 Inst. Sandy Thursday 6:15-7:00 pm



Adult Dance Classes

ADULT BALLET/LYRICAL \$95

Inst. Sandy Thursday 8:00-9:00 pm

ADULT TAP \$85

Inst. Lily Monday 5:30-6:15 pm

Sessions-6 Weeks

Monday Classes	Tuesday Classes	Wednesday Classes	Thursday Classes	Friday Classes	Saturday Classes
Sept 9-Oct 21	Sept 10-Oct 22	Sept 11-Oct 23	Sept 12-Oct 24	Sept 13-Oct 25	Sept 14-Oct 26
no class Sept 23	no class Sept 24	no class Sept 25	no class Sept 26	no class Sept. 27	no class Sept 28
Nov 4-Dec 16	Oct 29-Dec 17	Nov 6-Dec 18	Nov 7-Dec 19	Nov 8-Dec 20	Nov 9-Dec 21
no class Nov 25	no class Nov 5, 26	no class Nov 27	no lass Nov 28	no class Nov 29	no class Nov 30
Jan 6--Feb 10	Jan 7--Feb 11	Jan 8--Feb 12	Jan 9-Feb 13	Jan 10--Feb 14	Jan 11-Feb 15
Feb 17--Mar 24	Feb 18--Mar 25	Feb 19--Mar 26	Feb 20--Mar 27	Feb 21--Mar 28	Feb 21--Mar 29
Apr 7--May 12	Apr 8--May 13	Apr 9-May 14	Apr 10--May 15	Apr 11--May 16	Apr 12--May 17

COMPANY BALLET

THESE ARE MORE FOCUSED ACCELERATED BALLET CLASSES WITH A GOAL OF EMPHASIS ON TECHNIQUE AND ENHANCED PERFORMANCE SKILLS. DANCER MUST BE EVALUATED BY THE INSTRUCTOR TO PARTICIPATE IN COMPANY BALLET.

AGES 7 & UP.

Apprentice	Inst. Andrea	Wednesday	5:00–6:00 pm	\$95	
Company 5	Inst. Andrea	Wednesday	6:00–7:00 pm	\$95	
Company 4	Inst. Sandy	Tuesday	5:15--6:15 pm	\$95	1 day
	Inst. Andrea	Thursday	5:15--6:15 pm	\$160	2 days
Company 3	Inst.	Tuesday	5:30--6:30 pm	\$95	1 day
	Inst. Sandy	Thursday	7:00--8:00 pm	\$160	2 days
Company 2	Inst Sandy	Tuesday	6:15--7:30 pm	\$110	1 day
	Inst. Andrea	Thursday	6:15--7:30 pm	\$180	2 days
Company 1	Inst. Sandy	Tuesday	7:30--9:00 pm	\$120	1 day
	Inst. Andrea	Thursday	7:30--9:00 pm	\$195	2 days
Advanced Company Contemporary					
	Inst. Andrea	Wednesday	7:00--8:00 pm	\$95	
Advanced Company Lyrical/Contemporary					
	Inst. Sandy	Thursday	5:30--6:15 pm	\$95	
Company Technique					
	Inst. Sandy	Saturday	10:45--12:15 pm	\$120	
Teen Tap					
	Inst. Sandy	Saturday	12:15--1:00 pm	\$85	

COMPANY SCHEDULE

6-WEEK SESSIONS

Tuesday Classes

Sept 10-Oct 22
(no lass Sept 24)
Oct 29-Dec 17
(no class Nov 5, 26)
Jan 7–Feb 11
Feb 18–Mar 25
Apr 8–May 13

Wednesday Classes

Sept 11-Oct 23
no class Sept 25
Nov 6-Dec 18
no class Nov 27
Jan 8–Feb 12
Feb 19–Mar 26
Apr 9-May 14

Thursday Classes

Sept 12-Oct 24
no class Sept 26
Nov 7-Dec 19
no lass Nov 28
Jan 9-Feb 13
Feb 20–Mar 27
Apr 10–May 15

Saturday Classes

Sept 14-Oct 26
no class Sept 28
Nov 9-Dec 21
no class Nov 30
Jan 11-Feb 15
Feb 21–Mar 29
Apr 12–May 17



DOBBS CREEK RECREATION CENTER

11115 DAHLONEGA HWY
CUMMING GA 30040

Programs

Youth Basketball League
Gymnastics Classes
Team Gymnastics
Self Defense/Hapkido
Pickleball Classes
Volleyball League

Open Gym

VOLLEYBALL
BASKETBALL
PICKLEBALL
WALKING

Drop in fee \$4

Open Gym Membership Passes

1 month pass \$20	3 month pass \$50
6 month pass \$75	1 year pass \$100

See our Open Gym Schedule at

www.crpdonline.com

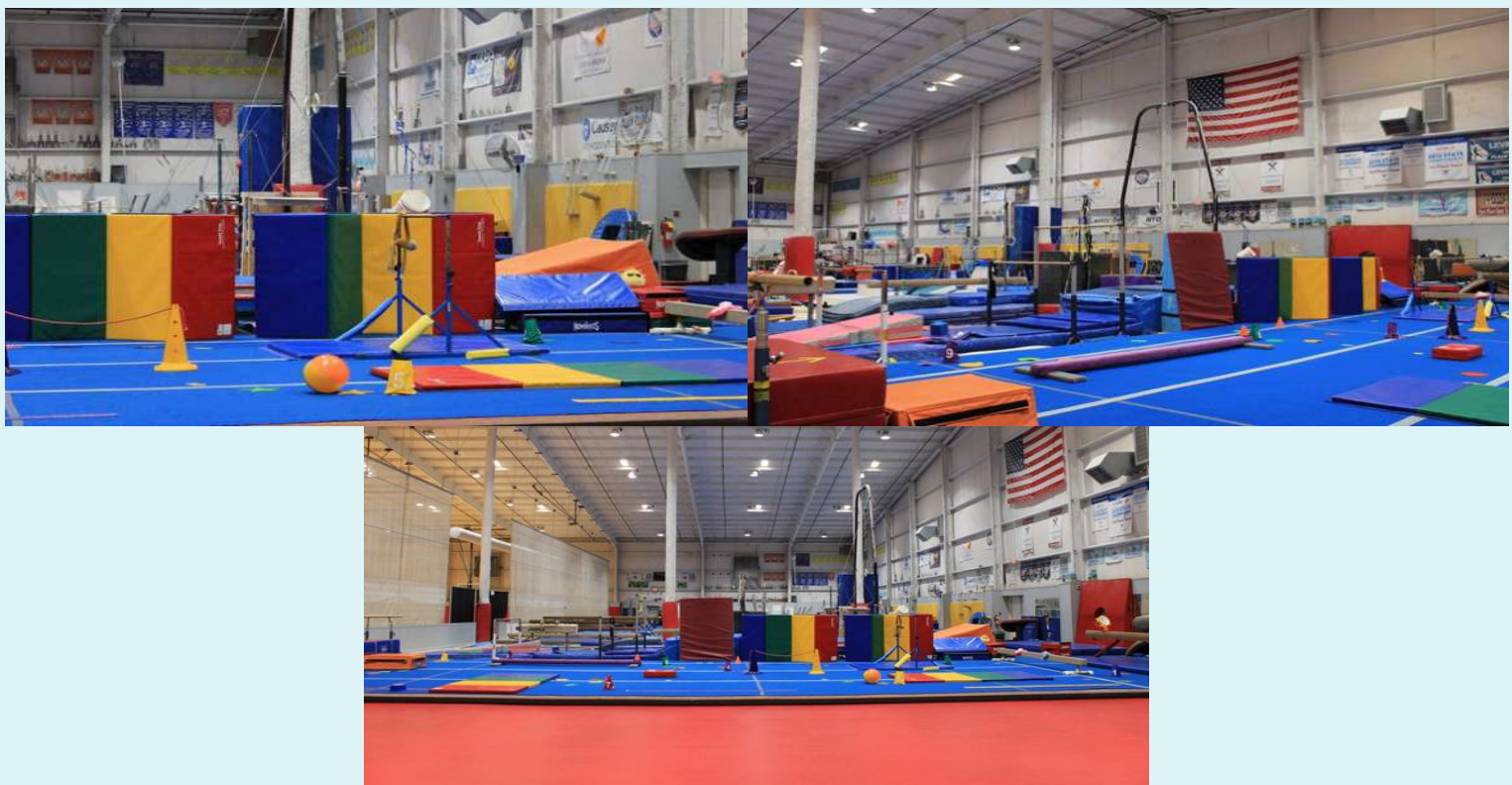
Gymnastics

Dobbs Creek Recreation Center 1115 Dahlonega Hwy. Cumming

Lead Instructors

Janelle Tencza is the lead instructor of our early childhood gymnastics program. She grew up in Milton, GA and has been involved in the sport of gymnastics for over 40 years as a gymnast and coach. She has taught classes for Miss Trish for over 16 years here at the Cumming Recreation and Parks Department. She graduated from Brigham Young University with a degree in Athletic Training & Sports Medicine and is currently a member of USA Gymnastics and AAU Gymnastics.

Rae Barnes has been dedicated to gymnastics since age 3. She participated in CRPD classes and progressing to Level 6 at GymSations. At age 14, she began assisting and coaching. Rae is now the proud owner and driving force behind Incoming Gymnastics. Her commitment to the gym and its athletes is unwavering, as she dedicates herself to inspiring and nurturing young gymnasts daily. Rae and her coaches are members of USA Gymnastics and AAU Gymnastics.



Gymnastics for Young Children

AGE 15 MOS. TO 7 YEARS

WITH COACH JANELLE

MOM/POP AND TOT—A fun time for parents to interact with their toddler as they're introduced to gymnastics & motor skills on their level. All apparatus used are kid friendly for age and size. Ages 15 mos—2 1/2 years.

MINI TOTS—This class is just for toddlers, helping them develop gymnastics and motor skills on their level. This class would also help children enhance their listening and social skills in a structured and fun atmosphere. All apparatus used are kid friendly for age and size. Ages 2 1/2—3 1/2 years.

TT1/TT2/TT3—Gymnastic classes that use all gymnastics equipment and introduces basic skills and progressions appropriate for the ages and abilities. TT1 Ages 3 1/2—4 1/2 years; TT2 Ages 4 1/2—5 1/2 years; TT3 Ages 5 1/2—7 years. (When your child reaches the maximum age for Tumble Tigers, consult with instructor before signing up for next level of Tumble Tigers.)

MINI TEAM—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 4—5 1/2 years. Must be evaluated.

TUMBLE TIGERS 4—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 5—7 years. Must be evaluated.

Gymnastics for Older Youth

AGE 6 YEARS AND UP

WITH COACH RAE

GIRLS GYMNASTICS 1–3 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnast begin with Girls Gym 1 and must complete an evaluation to progress to the next level. Ages 6 & up.

BOYS GYMNASTICS 1–2 (Progressive) - A set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Gymnast begin with Boys Gym 1 and must complete an evaluation to progress to the next level. Ages 6 & up.

TUMBLING 1-3 (Progressive) - Students will learn strength and flexibility to accomplish the basic tumbling skills. Age 6 & up.

TEAM BOYS/GIRLS (Groups/Levels) - These classes are for the Competitive Teams, which travel to local gyms to compete against other teams. Gymnasts must be evaluated by the instructor to participate on team. Age 6 & up.

For TEAM Gymnastics evaluation and registration see www.incominggymnastics.com



Gymnastics participant families must stay in the designated gymnastics viewing area.



Gymnastics

Age 15 mos. -7 yr. with Coach Janelle

MOM, POP & TOTS Ages 15 Months–2 1/2 Years \$75

Tuesday 9:30-10:00 am
 Wednesday 10:50-11:20 am
 Wednesday 5:30-6:00 pm
 Friday 9:30-10:00 am

Sessions (6wks)

Tuesdays

Sept 10-Oct 22
 (no class Sept 24)
 Nov 5-Dec 17
 (no class Nov 26)
 Jan 7-Feb 11
 Feb 18-Mar 25
 Apr 8-May 13

MINI TOTS Ages 2 1/2–3 1/2 \$75

Tuesday 10:10-10:40 am
 Tuesday 4:30-5:00 pm
 Wednesday 10:10-10:40 am
 Thursday 5:10 -5:40 pm
 Friday 10:10-10:40 am



Wednesdays

Sept 11-Oct 23
 (no class Sept 25)
 Nov 6-Dec 18
 (no class Nov 27)
 Jan 8-Feb 12
 Feb 19-Mar 26
 Apr 9-May 14

TUMBLE TIGERS 1 Ages 3 1/2--4 1/2 \$85

Tuesday 10:50-11:30 am
 Tuesday 1:30-2:10 pm
 Wednesday 11:30 am-12:10 pm
 Wednesday 3:30-4:10 pm
 Thursday 4:20-5:00 pm
 Friday 10:50-11:30 am

Thursdays

Sept 12-Oct 24
 (no class Sept 26)
 Nov 7- Dec 19
 (no class Nov 28)
 Jan 9-Feb 13
 Feb 20-Mar 27
 Apr 10-May 15

TUMBLE TIGERS 2 Ages 4 1/2-5 1/2 \$85

Tuesday 11:40 am-12:20 pm
 Tuesday 5:10-5:50 pm
 Thursday 3:30-4:10 pm
 Friday 11:40 am-12:20 pm

TUMBLE TIGERS 3 Ages 5 1/2-7 \$90

Tuesday 3:30-4:20 pm
 Wednesday 6:10-7:00 pm

TUMBLE TIGERS 4 Ages 5-7 \$100

Must be evaluated for this class.

Tuesday 6:00 -7:00 pm
 Wednesday 4:20 -5:20 pm

MINI TEAM Ages 4-5 1/2 \$100

Must be evaluated for this class.

Wednesday 1:15-2:15 pm
 Thursday 5:50-6:50 pm



Fridays

Sept 13-Oct 25
 (no class Sept 27)
 Nov 8-Dec 20
 (no class Nov 29)
 Jan 10-Feb 14
 Feb 21-Mar 28
 Apr 11-May 16



Gymnastics

Age 6+ with Coach Rae

GIRLS GYM 1 \$90

MONDAY 4:00-4:50 PM
 MONDAY 6:10-7:00 PM
 TUESDAY 5:10-6:00 PM
 WEDNESDAY 5:20-6:10 PM
 THURSDAY 4:10-5:00 PM
 THURSDAY 5:10-6:00 PM

GIRLS GYM 2 \$100

MONDAY 5:00-6:00 PM
 MONDAY 7:10-8:10 PM
 TUESDAY 4:00-5:00 PM
 TUESDAY 7:00-8:00 PM
 WEDNESDAY 6:20-7:20 PM
 THURSDAY 7:20-8:20 PM

GIRLS GYM 3 (Must be evaluated) \$100

WEDNESDAY 7:30-8:30 PM
 THURSDAY 6:10-7:10 PM

BOYS GYM 1 \$90

MONDAY 3:40-4:30 PM
 WEDNESDAY 4:50-5:40 PM
 FRIDAY 4:30-5:20 PM

BOYS GYM 2 \$100

WEDNESDAY 3:40-4:40 PM

TUMBLING BASICS \$90

FRIDAY 5:10-6:00 PM

TUMBLING 1 \$90

MONDAY 4:10-5:00 PM

TUMBLING 2 \$100

MONDAY 5:10-6:10 PM

TUMBLING 3 (Must be evaluated) \$100

FRIDAY 4:00-5:00 PM

Gymnastics participant families must stay in the designated gymnastics viewing area.

6 WEEK SESSIONS

MONDAYS

Sept 9–Oct 21
 (No class Sept 23)
 Nov 4–Dec 16
 (no class Nov 25)
 Jan 6–Feb 10
 Feb 17–Mar 24
 Apr 7–May 12

TUESDAYS

Sept 10- Oct 22
 (no class Sept 24)
 Nov 5–Dec 17
 (No class Nov 26)
 Jan 7–Feb 11
 Feb 18–Mar 25
 Apr 8–May 13

WEDNESDAYS

Sept 11-Oct 23
 (no class Sept 25)
 Nov 6–Dec 18
 (No class Nov 27)
 Jan 8–Feb 12
 Feb 19–Mar 26
 Apr 9–May 14

THURSDAYS

Sept 12-Oct 24
 (no class Sept 26)
 Nov 7-Dec 19
 (No class Nov 28)
 Jan 9–Feb 13
 Feb 20–Mar 27
 Apr 10–May 15

FRIDAYS

Sept 13-Oct 25
 (No class Sept 27)
 Nov 8-Dec 20
 (no class Nov 29)
 Jan 10–Feb 14
 Feb 21–Mar 28
 Apr 11–May 16

Cumming Recreation and Parks Department YOUTH BASKETBALL LEAGUES

DOBBS CREEK RECREATION CENTER 1115 DAHLONEGA HWY. CUMMING, GA

**Ages 5-16
Boys
& Girls**

WINTER

REGISTRATION DATES
SEPT. 16 - OCT. 11, 2024

www.crpdonline.com



Age 5 & 6 teams are coed

Cost \$100

Age 7-16 Boys and Girls teams

Cost \$160

The Cumming Recreation and Parks Department's Youth Basketball League will offer competitive play for boys and girls ages 5 to 16. Practices will begin in early November, with games beginning in December. Practice will be held once weekly Monday-Friday, with games played on Saturdays. Weeknight games will be added the last 2 weeks of the season. Registration for the CRPD Basketball League will be limited due to facility availability and program demand. Registration will be accepted on a first-come, first-served basis until program maximums are met.



PROOF OF AGE WILL BE REQUIRED

Birth Certificate, Passport, or Gov't or State issued ID are accepted forms.

Refund request will only be accepted until October 18, 2024 at 5 pm. All refunds will incur an 8% Admin Fee.

Volunteer Coaches

are an integral part of the Basketball League. Anyone interested in coaching should contact the Athletic Coordinator Josh Smith jsmith@cityofcumming.net or call (770) 781-2030.



Attention Parents

**NEW!
5/6 YEAR OLD
TEAMS**

After many requests, we are registering age 5 and 6 for Coed Basketball this season. Please help us get the word out so that we will have enough participation for this new age group. We will also need parent coaching for this age group. Thank you for your help!

SPRING BASKETBALL

**Coming Soon
Stay Tuned!**

See our website for Spring ball details, with registration in late February, 2025.



CLUB VOLLEYBALL



Prolink Volleyball

Prolink Volleyball Club is offering youth and adult volleyball in coordination with CRPD at the Dobbs Creek Recreation Center.

For inquiries, tryouts and registration contact Prolink directly at 404-884-8115

<https://prolinkvbc.com> info@prolinkvbc.com

Pickleball

Pickleball instruction available for all ages and skill levels. For information on private or group lessons, please contact Coach Chris Harris

chris@paddlepros.net

<https://paddlepros.net> 404-259-6624



Dobbs Creek Recreation Center 1115 Dahlonega Hwy, Cumming GA 30040



Self Defense / Hapkido

Instructor: Frankie MacDonald, 5th Degree Master
Asst. Patrick Thurman, 3rd Degree Black Belt

Hapkido is a Korean Martial Arts. It incorporates Judo, Jujitsu, and Tae Kwon Do into its self-defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment. Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking, and various combinations. Not only will they learn self-defense, but they will also learn self-respect, self-control, self discipline, and the respect of others. Hapkido instructor Frankie MacDonald has studied Hapkido, the Korean Martial Art of Self Defense since 1997 and is a 5th degree black belt. The Cumming Recreation and Parks Department is excited to have Frankie working with our youth and adult Hapkido Self Defense programs. Classes are held at Dobbs Creek Recreation Center 1115 Dahlonega Hwy.



Youth Classes \$62

Age 7+ Beginner Tuesday 5:30-6:30 pm
Intermediate Tuesday 6:30-7:30 pm
Advanced Monday 4:30-5:30 pm

Adult Classes \$68

Age 12+ Monday 6:30-8:00 pm

**UNIFORMS AND BELT TEST FEES
ARE SEPARATE. PLEASE SEE INSTRUCTOR
WITH QUESTIONS.**

Monday Class Sessions 6/wks

Aug 19-Sept 30
(no class Sept. 2)
Oct 14-Nov 18
Dec 2-Jan 20
(no class Dec 23 or 30)
Feb 3-Mar 10
Mar 24-Apr 28



Tuesday Class Sessions 6/wk

Aug 20-Oct 1
(no class Sept 3)
Oct 15-Nov 19
Dec 3-Jan 21
(no class Dec 24 or 31)
Feb 4-Mar 11
Mar 25-Apr 29



Horseback Riding Classes

Instructor Marcy Blue has been teaching & showing for over 30 years. She has a farm in Forsyth County, where she hosts the Forsyth Central Equestrian Team. She has taught lessons through Kennesaw College and features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com. 9533 Old Preserve Trail, Ball Ground.

Beginner Riding Classes

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In four weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering. Beginners & Advanced riders are welcome. The barn is large enough for indoor classes, so classes will be held rain or shine!

Youth Beginner Class (Age 6-16)

Mondays 6:00-7:30 pm \$227
Oct 7-Oct 28
Tuesdays 3:30-5:00 pm \$227
Oct 8-Oct 29

Mom's Morning Out Class (Adult)

Wednesdays 10-11:30 am \$227
Oct 9-Oct 30



Birthday Parties

Princess Dance Birthday Party

We will provide the Enchanted Castle, costumes and props galore.

1 and 1/2 hrs.

\$215 for 8 children (\$10 for additional child)

Call 770-781-2030 to book a party.



The Dance Instructor will lead the birthday guest in a fun filled time of dance and imagination. What a great way to celebrate that special day. You supply table decorations, light refreshments and supplies. Our Dance Instructor will call you to discuss the details of this fun and memorable event.

Gymnastics Party

We will provide the gymnastics instructor and equipment for a great time tumbling with friends.

1 and 1/2 hrs.

\$200 for 13 children, (\$10 for additional child.)

call 770-781-2030 to book a party.

HAPPY
BIRTHDAY

The Gymnastics Instructor will lead the birthday guest in a fun filled time of tumbling and imagination. What a great way to celebrate that special day. You supply table decorations, light refreshments and supplies. Our Gymnastics Instructor will call you to discuss the details of this fun and memorable event.



Registration

All athletics, programs, and special events are provided for all citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled by CRPD and a full refund will be issued. Registration is complete upon receipt of payment to the Recreation Department. Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office: CRPD charges a 8% non-refundable administrative fee for the withdrawal from any Recreation Program/Activity even if adequate notice is provided, effective 07/01/2023.

A refund for Programs is offered if the following are met.

5 working days prior to the first day of camps

2 working days prior to the first day for all other programs

(Please allow a minimum of 3 weeks for refund processing of cash/checks.)

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin.

**YOU MUST PRE-REGISTER FOR ALL PROGRAMS.
NO REGISTRATION ACCEPTED BY INSTRUCTORS**

Register now

Ways to Register

Online Registration is available by going to our website

www.crpdonline.com

Walk in registration at the CRPD Office

437 Pilgrim Mill Rd. Cumming GA 30040
770-781-2030 crpdinfo@cityofcumming.net
Monday–Friday 8:30 am–4:30 pm
Cash, check and credit card accepted.
There is a fee for returned checks.

COME
VISIT US

Cumming Recreation & Parks Department Office
will be closed on the following holidays:

Labor Day, Sept. 2nd
Thanksgiving, Nov. 28th & 29th
Christmas, Dec. 24th & 25th
New Years Day, Jan 1st
Martin Luther King Jr. Day, Jan. 15th
Memorial Day, May 27th
Independence Day, July 4th



WE ARE HERE TO HELP!



RECREATION DEPARTMENT STAFF
Jeremy Howell, Director
Angie Maupin, Administrative Assistant
Michelle Honea, Program Coordinator
Dee Gravitt, Event & Fitness Coordinator
Jack Search, Maintenance Coordinator
Josh Smith, Athletic Coordinator
Mark Campfield, Maintenance Assistant
Clay Cannon, Dobbs Creek Supervisor

MAYOR
OF CUMMING
Troy Brumbalow
CITY
ADMINISTRATOR
Phil Higgins



CITY COUNCIL
Joey Cochran
Chad Crane
Jason Evans
Christopher Light
Susie Charles-Carr

