

Let us Dance

From Twinkle Tots to Company Ballet our Instructors teach children and adults to move with purpose, creating strength, balance and flexibility.

Instructor Sandy Griffin

Sandy has been a dance educator for over 40 years and is beginning her 22nd year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginning-professional levels at the Royal Ballet School in London, England and the United States.

Instructor Andrea Mosher

Andrea began dancing at the age of three with the CRPD dance program and has now been teaching for 7+ years. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production. Andrea holds an ACE Cert. in Personal Training, 3 CLI studio certificates (choreography, strength training and injury prevention) as well as Intro to preschool dance.

Instructor Virginia Harrington

Virginia began dancing with the CRPD dance program at the age of 3, where she quickly learned a love for the art of dance. Virginia has assisted miss Andrea with several classes over the years and is passionate about providing younger students a strong foundation of beginning ballet technique in a fun age-appropriate environment. Virginia will be adding Tuesday morning classes to our dance class schedule.

Instructor Lily Pittman

Lily discovered her passion for dance while dropping into a lyrical class in 2013. From there she was hooked. In 2018 she started her journey as a dance teacher at Sawnee Ballet Theatre. Lily was an inaugural member of the Sole Tappers performance group She also loves choreographing and performing in community theatre musicals such as "The Nutcracker," "White Christmas," "42nd Street," "Holiday Inn" and "She Loves Me." Lily will be adding Monday afternoon and Friday morning classes to our dance class schedule.





Dance Class Descriptions

FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and imagination.

BALLET—Includes beginning and classical ballet techniques & skills. Develops coordination and balance. Our classes are based on the Cecchetti techniques.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

BALLET / TAP / TUMBLE COMBO—Emphasis will be on primary Ballet technique and promoting musicality, grace, poise & posture. Tap helps develop rhythmic and locomotor skills. Basic tumbling exercises will help with core strength, flexibility & balance.

JAZZ & JAZZ/TAP—Includes using feet, arms, hand positions & isolations to popular music with emphasis on timing & shape. Jazz and Tap are cousins. Tap is a percussive dance form that involves striking the floor with metal taps on the shoes. Class involves learning jazz & tap techniques & learning dance combinations.

LYRICAL BALLET—Combines elements of ballet, jazz & modern dance inspiring emotional expression using lilting, controlled movements. Contemporary skills and movements included. **MODERN/CONTEMPORARY DANCE** — Provides an alternative to classical ballet. Classes will include classic modern technique mixed with contemporary movements.

COMPANY BALLET—These are more focused & accelerated ballet classes with a goal of emphasis on technique and enhance performance skills. Dancer must be evaluated by instructor to participate in Company Ballet.

COMPANY TECHNIQUE - This class will intensify concentration on strengthening technique, core, balance, extensions, turns, leaps, etc.

ADULT BEGINNING BALLET / LYRICAL COMBO - A class for adults! Basic ballet techniques with lyrical dance steps & combinations. This is a great way to stretch, improve posture, and feel good moving to current inspiring music. Come join the fun!

ADULT TAP A class for adults! Basic tap techniques with dance steps and combinations. This is a great way to stretch, improve posture and feel good moving to current inspiring music.

CRPD Dance Studio 437 Pilgrim Mill Rd. Cumming, GA





Dance Class Schedule

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Primary Classes

TWINKLE TOTS \$75

Age 3 Inst. Virginia Tuesday 9:30 --10:00 am Age 3 Inst. Sandy Tuesday 3:15 -3:45 pm Age 3 Inst. Andrea Wednesday 3:45-4:15 pm Age 3 Inst. Lily Friday 10:15--10:45 am



FAIRY PRINCESS BALLET \$85

Age 4-6 Inst. Virginia Tuesday 10:00-10:45 am Age 5-7 Inst. Lily Friday 10:45 -11:30 am Ages 4-7 Inst. Sandy Saturday 9:15-10:00 am



BALLET / TAP \$85

Age 3-4 Inst. Lily Monday 3:45-4:30 pm Age 5-6 Inst. Virginia Tuesday 11:00-11:45 am Ages 5-8 Inst. Andrea Wednesday 4:15-5:00 pm Ages 4-6 Inst. Andrea Thursday 3:45-4:30 pm Ages 4-5 Inst. Lily Friday 9:30-10:15 am

BALLET / TAP / TUMBLE COMBO \$85

Ages 4-6 Inst. Sandy Tuesday 3:45-4:30 pm Ages 5-8 Inst. Sandy Thursday 3:45 -4:30 pm Ages 7-9 Inst. Sandy Thursday 4:30-5:15 pm Ages 7-9 Inst. Sandy Saturday 10:00-10:45 am



Age 6-8 Inst. Lily Monday 4:30-5:15 pm Age 7-11 Inst. Sandy Tuesday 4:30-5:15 pm Age 8-12 Inst. Andrea Thursday 4:30-5:15 pm



BEG. LYRICAL / CONTEMPORARY

Ages 9-14 Inst. Sandy Thursday 6:15-7:00 pm



Adult Dance Classes

ADULT BALLET/LYRICAL \$95 Inst. Sandy Thursday 8:00-9:00 pm

ADULT TAP \$85

Inst. Lily Monday 5:30-6:15 pm

Sessions-6 Weeks

Sept 9-Oct 21 no class Sept 23 Nov 4-Dec 16 Jan 6-Feb 10 Feb 17-Mar 24 Apr 7-May 12

Sept 10-Oct 22 no class Sept 24 Oct 29-Dec 17 no class Nov 25 no class Nov 5, 26 no class Nov 27 Jan 7-Feb 11 Feb 18-Mar 25 Apr 8-May 13

Sept 11-Oct 23 no class Sept 25 Nov 6-Dec 18 Jan 8-Feb 12 Feb 19-Mar 26 Apr 9-May 14

Monday Classes Tuesday Classes Wednesday Classes Thursday Classes Sept 12-Oct 24 no class Sept 26 Nov 7-Dec 19 no lass Nov 28 Jan 9-Feb 13 Feb 20-Mar 27

Apr 10-May 15

Friday Classes Sept 13-Oct 25 no class Sept. 27 Nov 8-Dec 20 no class Nov 29 Jan 10-Feb 14

Sept 14-Oct 26 no class Sept 28 Feb 21-Mar 28 Apr 11-May 16

Saturday Classes

COMPANY BALLET

THESE ARE MORE FOCUSED ACCELERATED BALLET CLASSES WITH A GOAL OF EMPHASIS ON TECHNIQUE AND ENHANCED PERFORMANCE SKILLS. DANCER MUST BE EVALUATED BY THE INSTRUCTOR TO PARTICIPATE IN COMPANY BALLET.

AGES 7 & UP.

Apprentice	Inst. Andrea	Wednesday	5:00-6:00 pm	\$95
Company 5	Inst. Andrea	Wednesday	6:00-7:00 pm	\$95
Company 4	Inst. Sandy Inst. Andrea	Tuesday Thursday	5:156:15 pm 5:156:15 pm	\$95 1 day \$160 2 days
Company 3	Inst. Inst. Sandy	Tuesday Thursday	5:306:30 pm 7:008:00 pm	\$95 1 day \$160 2 days
Company 2	Inst Sandy Inst. Andrea	Tuesday Thursday	6:157:30 pm 6:157:30 pm	\$110 1 day \$180 2 days
Company 1	Inst. Sandy Inst. Andrea	Tuesday Thursday	7:309:00 pm 7:309:00 pm	\$120 1 day \$195 2 days
Advanced Company Contemporary				
	Inst. Andrea	Wednesday	7:008:00 pm	\$95
Advanced Company Lyrical/Contemporary				
	Inst. Sandy	Thursday	5:306:15 pm	\$95
Company T Teen Tap	echnique Inst. Sandy	Saturday	10:3012:00 pm	\$120
	Inst. Sandy	Saturday	12:151:00 pm	\$85

COMPANY SCHEDULE 6-WEEK SESSIONS

Tuesday Classes Thursday Classes Saturday Classes Wednesday Classes Sept 10-Oct 22 Sept 11-Oct 23 Sept 12-Oct 24 Sept 14-Oct 26 (no lass Sept 24) no class Sept 25 no class Sept 26 no class Sept 28 Oct 29-Dec 17 Nov 6-Dec 18 Nov 7-Dec 19 Nov 9-Dec 21 (no class Nov 5, 26) no lass Nov 28 no class Nov 27 no class Nov 30 Jan 7-Feb 11 Jan 8-Feb 12 Jan 9-Feb 13 Jan 11-Feb 15 Feb 18-Mar 25 Feb 19-Mar 26 Feb 20-Mar 27 Feb 21-Mar 29 Apr 10-May 15 Apr 12-May 17 Apr 9-May 14 Apr 8—May 13





