

Cumming Recreation and Parks Department

Fall 2025-- Spring 2026
Program Guide



Providing Quality Recreational
Programming Since 1972
crpdonline.com

Just Clubs

The Director's Corner,

Another great summer season has come to an end, and with it, a new chapter begins. We had a fantastic summer full of camps and activities here at the Cumming Recreation and Parks Department, and I want to extend a heartfelt thank you to all the parents and children who participated in our programs. I also want to recognize our incredible staff—your care, energy, and dedication truly make a difference in the lives of the children we serve.

As we turn our attention to the upcoming fall and winter seasons, we're excited to share some big updates happening at Dobbs Creek Recreation Center. This facility is one of our busiest and most versatile, serving many functions for our community. That's why it was a tough—but necessary—decision to close its doors for a month to make room for some much-needed improvements.

During this time, we're beginning renovations in the lobby area to create a more open and welcoming space, as well as updating the restroom facilities. In addition, all six of Dobbs Creek's hardwood floors are being sanded down, resurfaced, and relined for basketball, volleyball, and pickleball play. To keep programs running smoothly during construction, we've temporarily relocated several activities. The Cumming Event Center on Pilgrim Mill Road has been transformed into a temporary gymnastics space, where instructors Janelle Tencza and Rae Barnes will continue to lead our gymnastics programs. Our self-defense classes with Frankie MacDonald have also moved to this location, along with our club gymnastics team, Incoming Gymnastics. Please note that Open Gym will be paused during this time and is scheduled to resume on September 2.

We understand this shift may be an inconvenience, but we are confident the results will be well worth the wait. Thank you, parents, students, and members of the community, for your patience and support during this process. We're proud to serve you with the quality programming and activities you've come to expect from us over the past 53 years.

We wish every family a great start to the new school year, and we look forward to seeing you in our fall and winter programs!

Thank you and see you soon,

Jeremy Howell, Director

Cumming Recreation and Parks Department



Registration

All athletics, programs, and special events are provided for all citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled by CRPD and a full refund will be issued. Registration is complete upon receipt of payment to the Recreation Department. Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office: CRPD charges a 8% non-refundable administrative fee for the withdrawal from any Recreation Program/Activity even if adequate notice is provided, effective 07/01/2023.

A refund for Programs is offered if the following are met,

5 working days prior to the first day of camps &

2 working days prior to the first day for all other programs. (Please allow a minimum of 3 weeks for refund processing of cash/checks.) All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin. For Dance, Gymnastics and Self Defense/Hapkido programs C.R.P.D. offers an early registration period for current participants (excluding summer programs.) Spots are not guaranteed once it opens to the public.

You must pre-register for all programs. No registration excepted by the instructors.

Please register at www.crpdonline.com or visit our office at

437 Pilgrim Mill Road, Cumming, GA 30040

Monday–Friday 8:30 am–4:30 pm Cash, Credit and Checks accepted

There is a fee for returned checks.

Cumming Recreation and Parks Department

437 Pilgrim Mill Road. Cumming, GA 30040

mail: PO Box 34, Cumming, GA 30028

770-781-2030

crpdinfo@cityofcumming.net

www.crpdonline.com

Office hours: 8:30 am-430 pm Monday-Friday

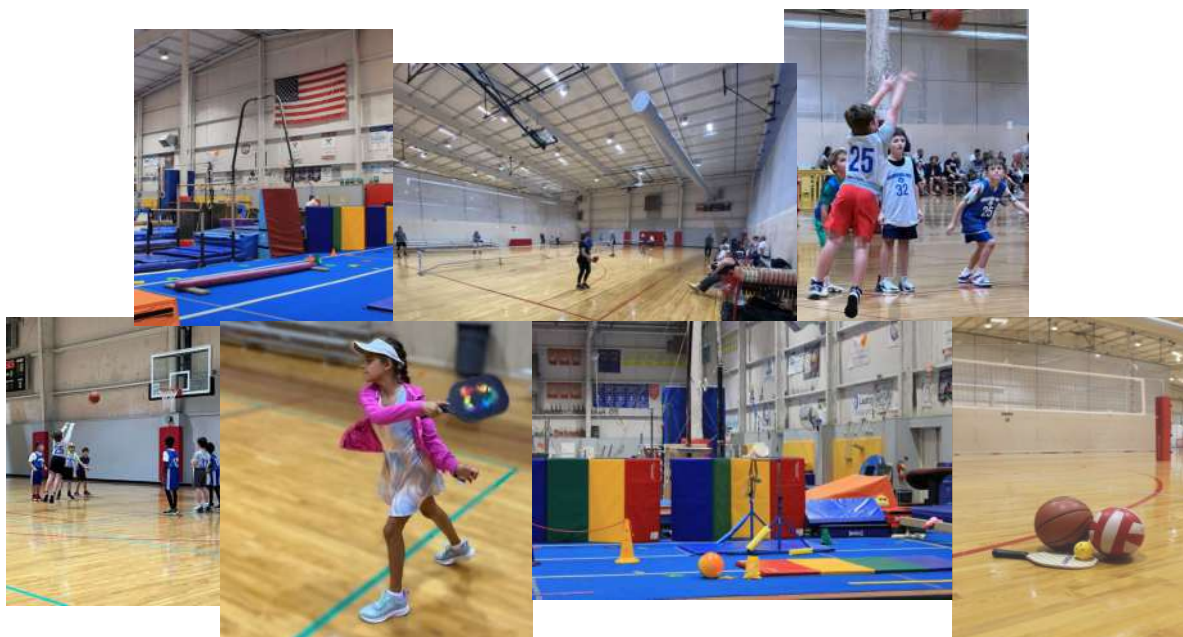


The CRPD Main Office is home of the Cumming Event Center and to several programs. We offer Dance classes for children and adults such as ballet, tap and jazz. Fitness classes for adults including Zumba and Yoga and Art classes for adults. We also host Day camps for youth in the summer.

Dobbs Creek Recreation Center

1115 Dahlonega Highway, Cumming, GA 30040

The Dobbs Creek Recreation Center Gymnasium has 60,000 sq. ft. of climate-controlled space including 6 courts and a gymnastics area. We host the C.R.P. D. Youth Basketball League, Gymnastics Classes, Team Gymnastics, Self Defense/Hapkido, Pickleball Classes, Volleyball League, Summer Camps and Gymnasium Rentals. We offer Open Gym times throughout the week which includes basketball, pickleball and volleyball.



Cumming Event Center

437 Pilgrim Mill Road, Cumming, GA 30040

The Cumming Event Center offers 4,900 sq. ft. of meeting space perfect for your next business or social function. The facility is equipped with: banquet style round tables and rectangular tables; padded chairs; catering style kitchen equipped with full size refrigerator, sink, microwave and icemaker; as well as audio/visual equipment and wi-fi accessibility.



Meeting Rooms are available in 2-hour blocks for 1-room and 2-room reservations. 3-room and 4-room reservations are available in half-day (4 hours) and full-day (8 hours) blocks only. Rental Time includes setup and breakdown of the event. For rules and regulations visit our website www.crpdonline.com

For availability & booking contact the Cumming Event Center Event Coordinator Dee Gravitt at 770-781-2030 dgravitt@cityofcumming.net

City Park Playground

437 Pilgrim Mill Road, Cumming, GA 30040



Come enjoy the playground with covered pavilion. Restrooms and vending available. Pavilion tables are first come first serve. Groups using the pavilion and playground are asked to only use 2 tables.

Playground Hours
8:00 am until Dusk daily.



ART CLASSES WITH RICK

MEET THE INSTRUCTOR: RICK RENNICK

For the 33rd year, Rick Rennick will serve as the Adult Art Instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our classes. Portraits of animals and landscapes are his specialties, and his portrait of Secretariat was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as Search for Tomorrow and As the World Turns.

ADULT PAINTING Age 18+

This class offers study in oil, acrylics, and alkyds painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME TUESDAY 1:00—4:00 pm

COST: \$132 6-week session (There is a materials list.)

DAY / TIME WEDNESDAY 1:00—4:00 pm

COST: \$132 6-week session (There is a materials list.)



Adult Open Studio Age 18+

DAY/TIME: FRIDAYS 1:00--4:00 pm

COST: \$132 6-week session (There is a materials list)



***Drop In Fee \$25 for any class.**

CRPD Art Studio

437 Pilgrim Mill Rd. Cumming, GA 30040

6 Week Sessions

Tuesday Classes

Aug. 5-Sept. 9

Sept. 23-Oct. 28

Nov. 4-Dec. 16

(no class Nov. 25)

Jan. 6-Feb. 10

Feb. 24-Mar. 31

Wednesday Classes

Aug. 6-Sept 10

Sept. 24-Oct. 29

Nov. 5-Dec. 17

(no class Nov. 26)

Jan. 7-Feb. 11

Feb. 25-Apr. 1

Friday Classes

Aug. 8-Sept. 12

Sept. 26-Oct. 30

Nov. 7-Dec. 19

(no class Nov. 28)

Jan. 9-Feb. 13

Feb. 27-Apr. 3

Class dates/times subject to change.

ART CLASSES WITH JANET

MEET THE INSTRUCTOR: JANET CLUKIE

From a young age Janet has been inclined towards artistic endeavors. She has been creating art since she could hold a brush. She began giving lessons in her teenage years and now it is her profession. Her artwork reflects her profound admiration of nature, wildlife and the western lifestyle. Janet presents her artwork at award winning exhibitions, most recently the Southeastern Wildlife Expo where she was awarded for her wildlife and Nature Paintings.

Janet encourages each individual to discover their unique style and artistic voice.

ART FOR KIDS

All Art supplies will be included for Kids Art classes and workshops.

C.R.P. D. Art Studio
437 Pilgrim Mill Road
Cumming, GA 30040



Kids Arts & Crafts Workshop Age 6-12 \$145 (5 wks.)

Fall is a great time for painting, crafting and drawing at the Cumming Recreation and Park Art Studio. Instructor Janet will help cultivate creativity and fun.

Day: Thursdays, October 7-November 4, 2025 Time: 4:30 pm-6:00 pm

Kids Drawing Classes Age 7-13 \$115 (3 wks.)

Join us in the endless world of creativity, where the student will spend 3 weeks learning to draw. They will explore shading, experiment with charcoal, understand value and create 3-D pieces.

Day: Tuesdays, January 6-January 20, 2026 Time: 4:30 pm-6:00 pm

Kids Let's Make Art Age 7-12 \$135 (4 wks.)

A 4-week art class where students will explore their creativity with drawing, painting and sculpting.

Day: Tuesdays, March 3-March 31, 2026 (no class March 24) Time: 4:30 pm-6:00 pm

Kids Drawing & Painting Workshop Age 7-13 \$150 (5 wks.)

Join us as we learn more about drawing and incorporating it into our painting process. Students will discover new drawing techniques and learn to apply these skills to painting., mastering color mixing and bringing a scene to life!

Day: Tuesdays, April 14-May 12, 2025 Time: 4:00 pm-5:30 pm,



ART CLASSES WITH JANET

ART FOR ADULTS

Cumming Recreation & Parks Dept.
Art Studio
437 Pilgrim Mill Road
Cumming, GA 30040



For Adult Art classes and workshops, please bring your own supplies, a supply list will be printed on your registration receipt.

Adult Painting Workshop Age 18+ \$170 (5 wks)

A 5-week workshop to encompass brush work, color mixing, palette knife technique and how to navigate a strong composition in your painting. Designed for beginner and intermediate art enthusiasts with personalized instruction. Bring a photo of your choice for painting.

Day: Tuesdays, October 7-November 4, 2025 Time: 6:45 pm-9:00 pm

Adult Drawing Workshop Age 18+ \$120 (3 wks)

Immerse yourself in a world of creativity and explore various drawing techniques and styles. Bring pencils, an eraser and sketch pad.

Day: Tuesdays, January 6-January 20, 2026 Time: 6:30 pm-8:30 pm

Adult Drawing & Painting Workshop Age 18+ \$150 (4 wks)

This 4-week workshop will dive into drawing, value, color mixing, painting and a variety of other techniques. Great for beginner to intermediate learners needing individualized instruction tailored to their needs. Bring a photo to paint from.

Day: Tuesdays, March 3-March 31, 2026 (no class March 24) Time: 6:45 pm-9:00 pm

Adult Painting Water Age 18+ \$175 (5 wks)

In this 5-week class we will learn to paint water such creeks, waterfalls and the ocean. References will be provided but feel free to bring your own inspiration.

Day: Tuesdays, April 14-May 12, 2026 Time: 6:15 pm-8:45 pm

Adult Pet Portrait Workshop Age 18+ \$125 (3 wks)

A 3-week art class where students will create a portrait of their own pet, capturing their unique traits and personality. All mediums welcome. Bring a few photos of your pet.

Day: Thursdays, April 16-April 30, 2026 Time: 6:15 pm-8:45 pm)



CRPD ADULT FITNESS

The **CRPD FITNESS PROGRAM** offers a fun, relaxed atmosphere where everyone is welcomed with a smile and encouragement. Make new friends on your wellness journey that will last a lifetime. Pay by the class or buy a pass.

Classes are for Adults age 18+ and all fitness levels. See the Fitness Class Schedule at crpdonline.com

Fitness classes are held at 437 Pilgrim Mill Road, Cumming, GA 30040



All-In Pass

Includes All fitness classes at
Cumming Recreation Department
and open gym at
Dobbs Creek Recreation Center.

1 Month =\$65

3 Month =\$ 145

6 Months= \$235

1 Year =\$300

Fitness 1 Class Drop-in = \$8

Strength & Cardio Pump

Saturday 9:00 am

A total body workout to improve cardio stamina and build muscle. Break past your personal boundaries in a positive, supportive environment set to a music tempo to motivate. ***No class is ever the same!***



Barre

Monday 8:30 am

Start your week off strong with a Barre class.

This fun and effective class is a low impact, intense, full body strengthening and toning workout. A fusion of core and strength that improves coordination and flexibility in a fun, total body workout. All levels welcome!

Zumba

Monday 9:30 am

Friday 8:30 am

A combination of Latin rhythms and fun international dance steps. You will learn to love working out through dance with this upbeat class also known as a “workout in disguise!”



CRPD ADULT FITNESS

Step Sculpt

Wednesday 8:30 am

This class uses a fitness step to create a great cardio workout paired with weight training for a total body workout.

The Step makes a great workout for quads, hamstrings, calves and glutes.



H.I.I.T.

High Intensity Interval Training

Multiple variations of workouts that incorporate a mix of cardiovascular and strength training to maximize the ultimate calorie burn. This class offers a challenging, total body workout to help you build strength and endurance.

Offering 4 HIIT classes per week

Tuesday, 2 classes

5:00 am and 9:30 am

Thursday, 2 classes

5:00 am and 9:30 am



New
Class!

L.I.I.T.

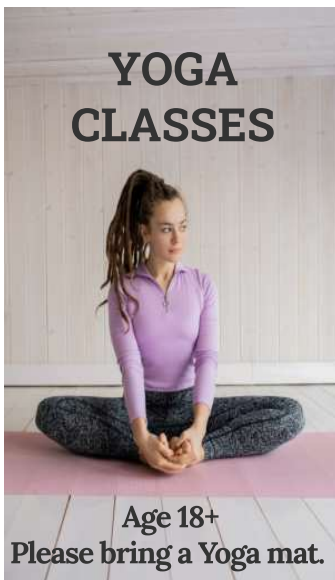
Low Intensity Interval Training

Tuesday 8:15 am

Combines moderate exercise burst with rest periods, enhancing cardiovascular health, strength and flexibility. This format offers an effective, low impact fitness routine.



YOGA CLASSES



Age 18+

Please bring a Yoga mat.

YOGA For Strength Monday 10 am

Focused strength building, flexibility and balance in both body and mind. Vinyasa based.

YOGA Mix it up and Flow Wednesday 9:45 am

Incorporates body weight and light aerobic exercises linked with yoga in a flowing series of poses that create strength, flexibility, endurance and balance. Suitable for all levels.

YOGA Friday 9:45 am

Slow it down by using slow steady breathing, holding postures and transitioning smoothly. Each class focuses on strength, balance and flexibility.



Let us Dance

From Twinkle Tots to Company Ballet our Instructors teach children and adults to move with purpose, creating strength, balance and flexibility.

Instructor Sandy Griffin

Sandy has been a dance educator for over 40 years and is beginning her 23rd year at CRPD. She has had extensive training as a dancer with many renowned teachers and performers, has judged many dance competitions, professionally danced in ballet and musicals and has owned her own dance studio in Marietta. She has been educated in the RAD syllabus for teaching beginning-professional levels at the Royal Ballet School in London, England and the United States.

Instructor Andrea Mosher

Andrea began dancing at the age of three with the CRPD dance program and has now been teaching for 8+ years. She graduated with honors from Tyler College in TX, where she majored in dance with a focus in dance education. While at school she taught at a local pre-professional dance school, performed in several of the college's dance shows, choreographed a piece for their annual student-faculty recital, and worked as an assistant to the director of the school's annual Nutcracker production. Andrea holds an ACE Cert. in Personal Training, 3 CLI studio certificates (choreography, strength training and injury prevention) as well as Intro to preschool dance.

Instructor Virginia Harrington

Virginia began dancing with the CRPD dance program at the age of 3, where she quickly learned a love for the art of dance. Virginia has assisted miss Andrea with several classes over the years and is passionate about providing younger students a strong foundation of beginning ballet technique in a fun age-appropriate environment. Virginia will be adding Tuesday morning classes to our dance class schedule.

Instructor Lily Pittman

Lily discovered her passion for dance while dropping into a lyrical class in 2013. From there she was hooked. In 2018 she started her journey as a dance teacher at Sawnee Ballet Theatre. Lily was an inaugural member of the Sole Tappers performance group She also loves choreographing and performing in community theatre musicals such as "The Nutcracker," "White Christmas," "42nd Street," "Holiday Inn" and "She Loves Me." Lily will be adding Monday afternoon and Friday morning classes to our dance class schedule.



Dance Class Descriptions

FAIRY PRINCESS BALLET—Ballet basics with dress-up and props. Introduces students to ballet basics in a fun and imaginative environment.

TWINKLE TOTS—A fun introduction to dance! Designed to help your child explore movement and music, using simplified ballet steps and imagination.

BALLET/TAP—Gives students the beginning techniques of both ballet and tap! Classes will help develop coordination and balance.

BALLET / TAP / TUMBLE COMBO—Emphasis will be on primary Ballet technique and promoting musicality, grace, poise & posture. Tap helps develop rhythmic and locomotor skills. Basic tumbling exercises will help with core strength, flexibility & balance.

JAZZ & JAZZ/TAP—Includes using feet, arms, hand positions & isolations to popular music with emphasis on timing & shape. Jazz and Tap are cousins. Tap is a percussive dance form that involves striking the floor with metal taps on the shoes. Class involves learning jazz & tap techniques & learning dance combinations.

LYRICAL BALLET—Combines elements of ballet, jazz & modern dance inspiring emotional expression using lilting, controlled movements. Contemporary skills and movements included.

MODERN/CONTEMPORARY DANCE—Provides an alternative to classical ballet. Classes will include classic modern technique mixed with contemporary movements.

COMPANY BALLET—These are more focused & accelerated ballet classes with a goal of emphasis on technique and enhance performance skills. Dancer must be evaluated by instructor to participate in Company Ballet.

COMPANY TECHNIQUE-- This class will intensify concentration on strengthening technique, core, balance, extensions, turns, leaps, etc.

ADULT BEGINNING BALLET / LYRICAL --A class for adults! Basic ballet techniques with lyrical dance steps & combinations. This is a great way to stretch, improve posture, and feel-good moving to current inspiring music. Come join the fun! -

IRISH DANCE-- A traditional Irish dance form known for its intricate footwork and upright posture. Learn the basic Irish Hardshoe, a Jig, a Reel and a Ceili which is a traditional Irish group dance.

MUSICAL THEATRE--A class filled with Broadway style dancing, music and skills. Great for those involved in community theatre. Learn iconic dances one would see on the big stage. Learn how to read scripts and act.

ADULT TAP --A class for adults! Basic tap techniques with dance steps and combinations. This is a great way to stretch, improve posture and feel good moving to current inspiring music.

Cumming Recreation & Parks Department Dance Studio

437 Pilgrim Mill Road, Cumming, GA 30040

770-781-2030

www.crpdonline.com



Dance Class Schedule

CRPD Dance Studio 437 Pilgrim Mill Road, Cumming, GA 30040

TWINKLE TOTS \$60

Age 3	Inst. Lily	Monday	3:30-4:00 pm
Age 3	Inst. Virginia	Tuesday	9:30 -10:00 am
Age 3	Inst. Virginia	Thursday	3:00 -3:30 pm
Age 3	Inst. Sandy	Saturday	9:00 -9:30 am

FAIRY PRINCESS BALLET \$90

Age 4-6	Inst. Virginia	Tuesday	10:00-10:45 am
Age 4-6	Inst. Lily	Wednesday	3:15-4:00 pm
Age 4-7	Inst. Sandy	Saturday	10:15-11:00 am

BALLET / TAP \$90/45 min. class \$100/ hr. class

Age 4-6	Inst. Lily	Monday	4:00-4:45 pm
Age 5-6	Inst. Virginia	Tuesday	11:00-11:45 am
Age 4-6	Inst. Lily	Tuesday	4:00-4:45 pm
Age 4-6	Inst. Virginia	Thursday	3:45-4:30 pm
Age 8-10	Inst. Sandy	Thursday	4:30-5:30 pm
Age 7½-10	Inst. Sandy	Saturday	9:30-10:15 am

BALLET / TAP / TUMBLE COMBO \$90

Age 3-4	Inst. Sandy	Tuesday	3:45-4:30 pm
Age 4-6	Inst. Sandy	Tuesday	4:30-5:15 pm
Age 6-7	Inst. Sandy	Thursday	3:45-4:30 pm

JAZZ \$90/45 min.class \$100 hr. class

Age 7-10	Inst. Lily	Monday	5:45-6:30 pm (beg.)
Age 11-15	Inst. Lily	Tuesday	6:00-7:00 pm (interm.)

BALLET/JAZZ \$90

Age 4-6	Inst. Lily	Wednesday	4:00-4:45 pm
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TAP \$90

Age 12-18	Inst. Lily	Wednesday	5:00-5:45 pm (interm.-adv.)
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TEEN TAP \$90

Age 12-18	Inst. Sandy	Saturday	12:30-1:15 pm (interm.-adv.)
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LYRICAL / CONTEMPORARY \$90

Age 7-10	Inst. Lily	Monday	5:00-5:45 pm
Age 9-14	Inst. Sandy	Thursday	6:15-7:00 pm (beg.-interm.)

IRISH DANCE \$90

Age 7-12	Inst. Lily	Tuesday	5:00-5:45 pm
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MUSICAL THEATRE \$90

Age 9-15	Inst. Lily	Wednesday	5:45-6:30 pm
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ADULT LYRICAL \$90

Age 18+	Inst. Lily	Monday	6:30-7:15 pm
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ADULT TAP \$90

Age 18+	Inst. Lily	Wednesday	6:30-7:15 pm
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ADULT TAP STRETCH / CONDITIONING COMBO \$100

Age 16+	Inst. Sandy	Tuesday	8:00-9:00 pm
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6 Week Sessions

Monday Classes

Sept 8-Oct 20
no class Sept 22
Nov 3-Dec 15
no class Nov 24
Jan 5-Feb 9
Feb 23-Mar 30
Apr 13-May 18

Tuesday Classes

Sept 9-Oct 21
no class Sept 23
Nov 4-Dec 16
no class Nov 25
Jan 6-Feb 10
Feb 24-Mar 31
Apr 14-May 19

Wednesday Classes

Sept 10-Oct 22
no class Sept 24
Nov 5-Dec 17
no class Nov 26
Jan 7-Feb 11
Feb 25-Apr 1
Apr 15-May 20

Thursday Classes

Sept 11-Oct 23
no class Sept 25
Nov 6-Dec 18
no class Nov 27
Jan 8-Feb 12
Feb 26-Apr 2
Apr 16-May 21

Saturday Classes

Sept 13-Oct 25
no class Sept 25
Nov 8-Dec 20
no class Nov 29
Jan 10-Feb 14
Feb 27-Apr 4
Apr 18-May 23



ADVANCED DANCE CLASSES

437 PILGRIM MILL ROAD
CUMMING, GA 30040



Advanced classes are for those who are no longer a beginner dancer and who have a working knowledge of ballet
Ages 7 & Up.

Advanced Contemporary Inst. Andrea Wednesday 7:15--8:15 pm \$100

Advanced Lyrical/Contemporary Inst. Sandy Thursday 5:30--6:15 pm \$90

Technique (Ballet) Inst. Sandy Saturday 11:00--12:30 pm \$125



COMPANY BALLET CUMMING BALLET THEATRE

Company focused accelerated ballet classes with a goal of emphasis on technique and enhanced performance skills. Our instructors are fully devoted to providing an encouraging environment for improvement and growth.

Dancer must be evaluated by the instructor to participate in Company Ballet.
Ages 7 & Up.

<u>Apprentice</u>	Inst. Andrea	Wednesday	5:15-6:15 pm	\$100	
<u>Company 5</u>	Inst. Andrea	Wednesday	6:15-7:15 pm	\$100	
<u>Company 4</u>	Inst. Sandy	Tuesday	5:15-6:15 pm	\$100	1 day
	Inst. Andrea	Thursday	5:15-6:15 pm	\$165	2 day
<u>Company 3</u>	Inst. Lily	Tuesday	7:00-8:15 pm	\$100	1 day
	Inst. Sandy	Thursday	7:00-8:15 pm	\$165	2 day
<u>Company 1 & 2</u>	Inst. Sandy	Tuesday	6:30-8:00 pm	\$125	1 day
	Inst. Andrea	Thursday	6:30-8:00 pm	\$200	2 day

COMPANY SCHEDULE 6-WEEK SESSIONS

Tuesday Classes

Sept 9-Oct 21
no class Sept 23
Nov 4-Dec 16
no class Nov 25
Jan 6-Feb 10
Feb 24-Mar 31
Apr 14-May 19

Wednesday Classes

Sept 10-Oct 22
no class Sept 24
Nov 5-Dec 17
no class Nov 26
Jan 7-Feb 11
Feb 25-Apr 1
Apr 15-May 20

Thursday Classes

Sept 11-Oct 23
no class Sept 25
Nov 6-Dec 18
no class Nov 27
Jan 8-Feb 12
Feb 26-Apr 2
Apr 16-May 21

Saturday Classes

Sept 13-Oct 25
no class Sept 25
Nov 8-Dec 20
no class Nov 29
Jan 10-Feb 14
Feb 27-Apr 4
Apr 18-May 23

NEW DANCE CLASSES

CRPD DANCE STUDIO 437 PILGRIM MILL RD. CUMMING, GA 30040

Country Line Dance Class

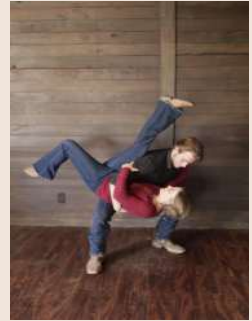
Beginner and Advanced classes

6-Week Session \$130.00

Fridays, 6:00-7:00 pm

Instructors: IrisAnne Nee and Tony DeRosa

Ages 16 and up



The Beginner class will include instruction in easy line dances such as the Cotton Eye Joe and Copperhead Road. The Advanced classes will cover line dance etiquette and instruction in harder line dances such as Watermelon Crawl, Achy Breaky Heart and others. IrisAnne and Tony are here to help you join in on the fun and fulfill your country line dancing dreams. Dress casually, such as jeans and comfortable shoes.



Ballroom Dance Class

6-Week Session \$130.00

Fridays, 7:00-8:00 pm

Instructors: IrisAnne Nee and Tony DeRosa

Ages 16 and up

Come learn the basics of ballroom dancing at the Cumming Recreation and Parks Dept. Learn proper form for dances such as the Waltz and East Coast Swing. We will also introduce some dips and spins to spice up your dance skills. Build your confidence to step out on the dance floor and have fun at your next wedding or night on the town. Dress casually, such as jeans and comfortable shoes.

6 Week Sessions

Nov. 7-Dec. 19 (No Class Nov. 28)

Jan. 9-Feb. 13

Feb. 27-Apr. 3

Apr. 17-May 22

Register at www.crpdonline.com

**Or stop by the CRPD office 8:30 am to 4:30 pm Monday-Friday
437 Pilgrim Mill Rd. Cumming, GA 30040**

For more information contact: gacountrydancers@gmail.com

Gymnastics

Dobbs Creek Recreation Center
1115 Dahlonga Hwy. Cumming, GA

Meet our Lead Instructors

Janelle Tencza is the lead instructor of our early childhood gymnastics program. She grew up in Milton, GA and has been involved in the sport of gymnastics for over 40 years as a gymnast and coach. She graduated from Brigham Young University with a degree in Athletic Training & Sports Medicine and is currently a member of USA Gymnastics and AAU Gymnastics. Janelle has a special talent for developing the love of gymnastics in our younger gymnasts.

Rae Barnes has been dedicated to gymnastics since age 3. She participated in the CRPD classes and progressing to Level 6 Gymnast. Rae is now the proud owner and driving force behind Incoming Gymnastics. Her commitment to the gym and its athletes is unwavering, as she dedicates herself to inspiring and nurturing young gymnasts daily. Rae and her coaches are members of USA Gymnastics and AAU Gymnastics.



MOM/POP AND TOT—A fun time for parents to interact with their toddler as they're introduced to gymnastics & motor skills on their level. All apparatus used are kid friendly for age and size. Ages 15 mos–2 ½ years.

MINI TOTS—This class is just for toddlers, helping them develop gymnastics and motor skills on their level. This class would also help children enhance their listening and social skills in a structured and fun atmosphere. All apparatus used are kid friendly for age and size. Ages 2 ½–3 ½ years.

TUMBLE TIGERS 1, 2 & 3—Gymnastic classes that use all gymnastics equipment and introduces basic skills and progressions appropriate for the ages and abilities.

TT1 Ages 3 ½–4 ½ years; TT2 Ages 4 ½–5 ½ years; TT3 Ages 5 ½–7 years. (When your child reaches the maximum age for Tumble Tigers, consult with instructor before signing up for next level of Tumble Tigers.)

MINI TEAM—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 4–5 ½ years. Must be evaluated to register for this class.

TUMBLE TIGERS 4—For the young gymnast that is ready to progress to the next level of skills. The class will concentrate on developing strength, flexibility, proper form and skills in a fun and safe environment. Ages 5–7 years. Must be evaluated to register for this class.

Gymnastics

Age 15 mos. -7 yr. with Coach Janelle

MOM, POP & TOTS Age 15 Mos.--2 ½ \$80

Tuesday 9:30-10:00 am
Wednesday 10:10-10:40 am
Wednesday 5:30-6:00 pm
Friday 9:30-10:00 am

MINI TOTS Age 2 ½-3 ½ \$80

Tuesday 10:10-10:40 am
Tuesday 4:30-5:00 pm
Wednesday 9:30-10:00 am
Wednesday 11:40-12:10 pm
Thursday 5:10 -5:40 pm
Friday 10:10-10:40 am



TUMBLE TIGERS 1 Age 3 ½--4 ½ \$90

Tuesday 10:50-11:30 am
Tuesday 1:30-2:10 pm
Wednesday 10:50 am-11:30 am
Wednesday 3:30-4:10 pm
Thursday 4:20-5:00 pm
Friday 10:50-11:30 am



TUMBLE TIGERS 2 Age 4 ½--5 ½ \$90

Tuesday 11:40 am-12:20 pm
Tuesday 5:10-5:50 pm
Thursday 3:30-4:10 pm
Friday 11:40 am-12:20 pm

TUMBLE TIGERS 3 Age 5 ½-7 \$95

Tuesday 3:30-4:20 pm
Wednesday 6:10-7:00 pm

TUMBLE TIGERS 4 Age 5-7 \$105

Must be evaluated for this class.

Tuesday 6:00 -7:00 pm
Wednesday 4:20 -5:20 pm

MINI TEAM Age 4-5 ½ \$105

Must be evaluated for this class.

Wednesday 1:30-2:30 pm
Thursday 5:50-6:50 pm

Sessions (6wks)

Tuesday Classes

Sept 9-Oct 21
no class Sept 23
Nov 4-Dec 16
no class Nov 25
Jan 6-Feb 10
Feb 24-Mar 31
Apr 14-May 19

Wednesday Classes

Sept 10-Oct 22
no class Sept 24
Nov 5-Dec 17
no class Nov 26
Jan 7-Feb 11
Feb 25-Apr 1
Apr 15-May 20

Thursday Classes

Sept 11-Oct 23
no class Sept 25
Nov 6-Dec 18
no class Nov 27
Jan 8-Feb 12
Feb 26-Apr 2
Apr 16-May 21

Friday Classes

Sept 12-Oct 24
no class Sept. 26
Nov 7-Dec 19
no class Nov 28
Jan 9-Feb 13
Feb 26-Apr 3
Apr 17-May 22

Gymnastics participant families must stay in the designated gymnastics viewing area.

Gymnastics

Age 6+ with Coach Rae

GIRLS GYMNASTICS 1–3 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnasts begin with Girls Gym 1 and must complete an evaluation to progress to the next level. Ages 6 & up.

BOYS GYMNASTICS 1 - A set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Ages 6 & up.

TEAM GIRLS (Groups/Levels) - These classes are for the Competitive Teams, which travel to local gyms to compete against other teams. Gymnasts must be evaluated by the instructor to participate on team. Age 6 & up. For TEAM Gymnastics evaluation and registration see www.incominggymnastics.com

GIRLS GYM 1 \$95

Tuesday 3:30-4:20 pm

Wednesday 4:00-4:50 pm

Thursday 5:00-5:50 pm

GIRLS GYM 2 \$105

Tuesday 4:30-5:30 pm

Wednesday 6:00-7:00 pm

Thursday 4:00-5:00 pm

GIRLS GYM 3 \$105 (Must be evaluated)

Wednesday 5:00-6:00 pm

BOYS GYM 1 \$95

Tuesday 3:30-4:20 pm

Thursday 4:30-5:30 pm

For Team Gymnastics

Contact: info@incominggymnastics.com

Gymnastics participant families must stay in the designated gymnastics viewing area.



Sessions (6wks)

Tuesday Classes

Sept 9-Oct 21
no class Sept 23
Nov 4-Dec 16
no class Nov 25
Jan 6-Feb 10
Feb 24-Mar 31
Apr 14-May 19

Wednesday Classes

Sept 10-Oct 22
no class Sept 24
Nov 5-Dec 17
no class Nov 26
Jan 7-Feb 11
Feb 25-Apr 1
Apr 15-May 20

Thursday Classes

Sept 11-Oct 23
no class Sept 25
Nov 6-Dec 18
no class Nov 27
Jan 8-Feb 12
Feb 26-Apr 2
Apr 16-May 21

The CRPD Gymnastics Program offers current participants an early registration period. (Excludes summer program participants.)

DOBBS CREEK RECREATION CENTER

**11115 DAHLONEGA HWY
CUMMING, GA 30040**

Programs

**Youth Basketball League
Gymnastics Classes
Team Gymnastics
Self Defense/Hapkido
Pickleball Classes
Volleyball League**

***We are excited to announce the Dobbs Creek Recreation Center court re-surfacing and restroom renovations are in progress, and it is scheduled to reopen Tuesday, September 2, 2025.**

Open Gym

**VOLLEYBALL
BASKETBALL
PICKLEBALL
WALKING**

Drop in fee \$4

Open Gym Membership Passes

1 month pass \$20 3 month pass \$50

6 month pass \$75 1 year pass \$100

See our Open Gym Schedule at

www.crpdonline.com

ATHLETICS

DOBBS CREEK RECREATION CENTER

1115 DAHLONEGA HIGHWAY, CUMMING, GA 30040

YOUTH BASKETBALL WINTER LEAGUE



REGISTRATION DATES

SEPT. 15 - OCT. 3, 2025

www.crpdonline.com

Age 5 & 6 teams are coed

Cost \$110

Age 7-16 Boys and Girls teams

Cost \$176



PROOF OF AGE WILL BE REQUIRED

Birth Certificate, Passport, or Gov't or State issued ID are accepted forms.

Refund request will only be accepted until Wednesday, October 8th, 2025 at 5 pm. All refunds will incur an 8% Admin Fee.

The Cumming Recreation and Parks Department's Youth Basketball League will offer competitive play for boys and girls ages 5 to 16. Practices will begin in early November, with games beginning in December. Practice will be held once weekly Monday-Friday, with games played on Saturdays. Weeknight games will be added the last 2 weeks of the season. All practices and games are held at Dobbs Creek Recreation Center.

Registration for the CRPD Basketball League will be limited due to facility availability and program demand. Registration will be accepted on a first-come, first-served basis until program maximums are met.

Volunteer Coaches are an integral part of the Basketball League. Anyone interested in coaching should contact the Athletic Coordinator Josh Smith jsmith@cityofcumming.net or call (770) 781-2030.



VOLLEYBALL & PICKLEBALL REGISTRATION INFORMATION

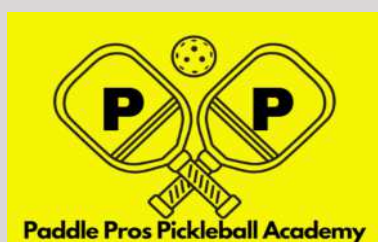
CLUB VOLLEYBALL



Prolink Volleyball Club is offering youth and adult volleyball in coordination with CRPD at the Dobbs Creek Recreation Center.

For inquiries, tryouts and registration contact Prolink directly at 404-884-8115
prolinkvbc.com info@prolinkvbc.com

PICKLEBALL



Pickleball instruction available for all ages and skill levels. For information on group lessons, please contact Coach Chris Harris directly at 404-259-6624
paddlepros.net chris@paddlepros.net

Self Defense / Hapkido

Instructor: Frankie MacDonald, 5th Degree Master
Asst. Patrick Thurman, 3rd Degree Black Belt

Hapkido is a Korean Martial Arts. It incorporates Judo, Jujitsu, and Tae Kwon Do into its self-defense structure of attack and defense techniques. Hapkido does not just stop at training physical techniques; it also develops mental and emotional discipline in a structured class environment. Hapkido is the most effective defense against the most common and uncommon assaults. Some techniques practiced are punching, kicking, blocking, and various combinations. Not only will they learn self-defense, but they will also learn self-respect, self-control, self-discipline, and the respect of others. Hapkido instructor Frankie MacDonald has studied Hapkido, the Korean Martial Art of Self Defense since 1997 and is a 5th degree black belt. The Cumming Recreation and Parks Department is excited to have Frankie working with our youth and adult Hapkido Self Defense programs.

Classes are held at Dobbs Creek Recreation Center.



Youth Classes \$72

Age 7+ Beginner Tuesday 5:30-6:30 pm
Intermediate Tuesday 6:30-7:30 pm
Advanced Monday 4:30-5:30 pm

Adult Classes \$85

Age 12+ Monday 6:30-8:00 pm

***UNIFORMS AND BELT TEST FEES
ARE SEPARATE. PLEASE SEE INSTRUCTOR
WITH QUESTIONS.**

Monday Clsss Sessions 6/wks

Aug 18-Sept 29
(no class Sept. 1)
Oct 13-Nov 17
Dec 1-Jan 19
(no class Dec 22 or 29)
Feb 2-Mar 9
Mar 23-Apr 27



Tuesday Class Sessions 6/wk

Aug 19-Sept 30
(no class Sept 2)
Oct 14-Nov 18
Dec 2-Jan 20
(no class Dec 23 or 30)
Feb 3-Mar 10
Mar 24-Apr 28



Horseback Riding Classes

9533 Old Preserve Trail, Ball Ground, GA 30107

Instructor Marcy Blue has been teaching & showing for over 30 years. She has a farm in Forsyth County, where she hosts the Forsyth Central Equestrian Team. She has taught lessons through Kennesaw College and features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you.

Beginner Riding Classes

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In four weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering. Beginners & Advanced riders are welcome. The barn is large enough for indoor classes, so classes will be held rain or shine!

Youth Beginner Class (Age 6-16)

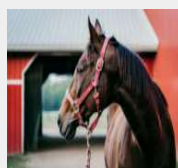
Mondays 6:00-7:30 pm \$227
Oct 6-Oct 27 4-week sessions
Tuesdays 3:30-5:00 pm \$227
Oct 7-Oct 28

Mom's Morning Out Class (Adult)

Wednesdays 10-11:30 am \$227
Oct 8-Oct 29 4-week session

Fall Break Camp (Age 6-16)

Monday-Friday Sept. 22-26
9 am-3 pm
\$425 week



Birthday Parties

Princess Dance Birthday Party



We will provide the Enchanted Castle, costumes and props galore.

1 and 1/2 hrs.

\$225 for 8 children (\$15 for additional child)

Call 770-781-2030 to book a party.



The Dance Instructor will lead the birthday guest in a fun filled time of dance and imagination. What a great way to celebrate that special day. You supply table decorations, light refreshments and supplies. Our Dance Instructor will call you to discuss the details of this fun and memorable event.

Gymnastics Birthday Party

We will provide the gymnastics instructor and equipment for a great time tumbling with friends.

1 and 1/2 hrs.

\$225 for 13 children, (\$15 for additional child.)

call 770-781-2030 to book a party.

The Gymnastics Instructor will lead the birthday guest in a fun filled time of tumbling and imagination. What a great way to celebrate that special day. You supply table decorations, light refreshments and supplies. Our Gymnastics Instructor will call you to discuss the details of this fun and memorable event.



WE ARE HERE TO HELP!

RECREATION DEPARTMENT STAFF

Jeremy Howell, Director
Angie Maupin, Administrative Assistant
Michelle Honea, Program Coordinator
Dee Gravitt, Event & Fitness Coordinator
Jack Search, Maintenance Coordinator
Josh Smith, Athletic Coordinator
Michael Bagwell, Maintenance Assistant
Clay Cannon, Dobbs Creek Supervisor

[Register now](#)

COME
VISIT US

MAYOR
OF CUMMING
Troy Brumbalow
CITY
ADMINISTRATOR
Phil Higgins



CITY COUNCIL
Joey Cochran
Chad Crane
Jason Evans
Christopher Light
Susie Charles-Carr

Cumming Recreation & Parks Department Office
will be closed on the following holidays:

Labor Day, Sept. 1st
Thanksgiving, Nov. 27th & 28th
Christmas, Dec. 24th & 25th
New Years Day, Jan 1st
Martin Luther King Jr. Day, Jan. 19th
Memorial Day, May 25th
Independence Day, July 4th

